Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-907-7880 or at <a href="https://www.bcbstx.com/coa">www.bcbstx.com/coa</a> For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call 1-855-756-4448 to request a copy.

| Important Questions  | Answers   | Why This Matters:  |
|--|---|--|
| What is the overall deductible?                                      | \$0   | See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.   |
| Are there services covered before you meet your deductible?          | Yes. All services are covered before you meet your <u>deductible</u> .  | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .  |
| Are there other <u>deductibles</u> for specific services?            | Yes. \$50 prescriptions drugs preferred (Tier 2) and non-preferred (Tier 3). There are no other specific deductibles.   | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.   |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$4,750 Individual / \$9,500 Family   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.  |
| What is not included in the out-of-pocket limit?                     | Premiums, balance-billing charges, and health care this plan doesn't cover.   | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .  |
| Will you pay less if you use a <u>network provider</u> ?             | Yes. See <a href="https://www.bcbstx.com/coa">www.bcbstx.com/coa</a> or call 1-888-907-7880 for a list of <a href="https://example.com/network.providers">network providers</a> . | You pay the least if you use a <u>provider</u> in Tier 1. You pay more if you use a Tier 2 <u>provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?           | Yes. All specialist visits require a written PCP referral unless it's for an OB/GYN or for emergency care.  | This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .   |

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common<br>Medical Event                                | Services You May<br>Need                         | Tier 1 <u>In-Network Provider</u><br>(you will pay the least) | Tier 2 <u>In-Network Provider</u> | Out-of-Network Provider (you will pay the most) | Limitations, Exceptions, & Other Important Information  |
|--|--|---|-----------------------------------|---|---|
|  | Primary care visit to treat an injury or illness | \$15 <u>copay</u> /visit                                      | \$30 <u>copay</u> /visit          | Not Covered                                     | Virtual visits are available, please refer to your plan policy for more details.  |
| If you vioit o   | Specialist visit                                 | \$40 <u>copay</u> /visit                                      | \$60 copay/visit                  | Not Covered                                     | None  |
| If you visit a health care provider's office or clinic | Preventive<br>care/screening/<br>immunization    | No Charge   | No Charge                         | Not Covered                                     | You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. |
| If you have a test                                     | <u>Diagnostic test</u> (x-ray, blood work)       | No Charge   | No Charge                         | Not Covered                                     | None  |
|  | Imaging (CT/PET scans, MRIs)                     | \$150 <u>copay</u>  | \$150 <u>copay</u>                | Not Covered                                     | Preauthorization required.  |

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.bcbstx.com/coa}}$ .

| Common<br>Medical Event  | Services You May<br>Need                       | Tier 1 <u>In-Network Provider</u><br>(you will pay the least)  | Tier 2 <u>In-Network Provider</u>  | Out-of-Network Provider (you will pay the most) | Limitations, Exceptions, & Other Important Information  |
|--|--|--|--|---|---|
| If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.bcbstx.com/coa | Generic drugs (Tier 1)                         | retail: \$10 <u>copay</u><br>mail: \$30 <u>copay</u> /prescription;<br><u>deductible</u> does not apply            | retail: \$10 <u>copay</u><br>mail: \$30 <u>copay</u> /prescription;<br><u>deductible</u> does not apply            | Not Covered                                     | Prescription drug deductible (doesn't apply to generic drugs): \$50 Individual Retail covers a 31-day supply. Mail order covers a 90-day supply. ACA \$0 Preventive Drug List medications are covered at no cost. |
|  | Preferred brand drugs<br>(Tier 2)              | retail: 20% coinsurance<br>min \$45 / max \$80<br>mail: 20% coinsurance<br>min \$135 / max \$240<br>/prescription  | retail: 20% coinsurance<br>min \$45 / max \$80<br>mail: 20% coinsurance<br>min \$135 / max \$240<br>/prescription  | Not Covered                                     |   |
|  | Non-preferred brand drugs (Tier 3)             | retail: 20% coinsurance<br>min \$65 / max \$120<br>mail: 20% coinsurance<br>min \$195 / max \$360<br>/prescription | retail: 20% coinsurance<br>min \$65 / max \$120<br>mail: 20% coinsurance<br>min \$195 / max \$360<br>/prescription | Not Covered                                     |   |
|  | Specialty drugs                                | \$10/20%/20% coinsurance,<br>min/max per prescription as<br>listed above   | \$10/20%/20% coinsurance,<br>min/max per prescription as<br>listed above   | Not Covered                                     | Specialty drugs must be obtained from In-Network specialty pharmacy provider. Specialty retail limited to a 30-day supply. Mail order is not covered.   |
| If you have outpatient   | Facility fee (e.g., ambulatory surgery center) | \$750 <u>copay</u> /admission  | \$1,000 <u>copay</u> /admission  | Not Covered                                     | None  |
| surgery  | Physician/surgeon fees                         | No Charge  | No Charge  | Not Covered                                     | None  |
|  | Emergency room care                            | \$350 <u>copay</u> /visit  | \$350 <u>copay</u> /visit  | \$350 <u>copay</u> /visit                       | Only <u>emergency services</u> are covered <u>Out-of-Network</u> .  |
| If you need immediate medical attention  | Emergency medical transportation               | \$300 <u>copay</u> /service  | \$300 <u>copay</u> /service  | \$300 <u>copay</u> /service                     | Emergency room copay waived if admitted.  |
|  | <u>Urgent care</u>                             | \$50 <u>copay</u> /visit   | \$50 <u>copay</u> /visit   | Not Covered                                     | None  |
| If you have a<br>hospital stay   | Facility fee (e.g., hospital room)             | \$1,750 copay/admission  | \$3,000 copay/admission  | Not Covered                                     | Preauthorization required.  |
|  | Physician/surgeon fees                         | No Charge  | No Charge  | Not Covered                                     | None  |

 $<sup>^* \</sup> For \ more \ information \ about \ limitations \ and \ exceptions, \ see \ the \ \underline{plan} \ or \ policy \ document \ at \ \underline{www.bcbstx.com/coa}.$ 

| Common<br>Medical Event                                 | Services You May<br>Need                  | Tier 1 <u>In-Network Provider</u><br>(you will pay the least) | Tier 2 <u>In-Network Provider</u> | Out-of-Network Provider (you will pay the most) | Limitations, Exceptions, & Other Important Information   |
|---|---|---|-----------------------------------|---|--|
| If you need mental health,                              | Outpatient services                       | \$15 <u>copay</u> /office visit                               | \$15 <u>copay</u> /office visit   | Not Covered                                     | None   |
| behavioral<br>health, or<br>substance abuse<br>services | Inpatientservices                         | \$1,750 <u>copay</u> /admission                               | \$1,750 <u>copay</u> /admission   | Not Covered                                     | Preauthorization required.   |
| If you are<br>pregnant                                  | Office visits                             | \$15 PCP / \$40 SPC copay/visit                               | \$30 PCP / \$60 SPC copay/visit   | Not Covered                                     | Copay applies to first prenatal visit (per pregnancy). Cost sharing does not apply for preventive services. Depending  |
|   | Childbirth/delivery professional services | No Charge   | No Charge                         | Not Covered                                     | on the type of services, a copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
|   | Childbirth/delivery facility services     | \$1,750 copay/admission                                       | \$3,000 copay/admission           | Not Covered                                     | Preauthorization required.   |

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.bcbstx.com/coa}}$ .

|  |                                  |   | What You Will Pay   |   |  |
|--|----------------------------------|---|---|---|--|
| Common<br>Medical Event                      | Services You May Need            | Tier 1 <u>In-Network</u> <u>Provider</u> (you will pay the least) | Tier 2 <u>In-Network</u><br><u>Provider</u>               | Out-of-Network Provider (you will pay the most) | Limitations, Exceptions, & Other Important Information   |
|  | Home health care                 | \$30 <u>copay</u> /visit  | \$30 <u>copay</u> /visit                                  | Not Covered                                     | Limited to 120 visits per calendar year. <u>Preauthorization</u> required.   |
| If you need belo                             | Rehabilitation services          | \$50 <u>copay</u> /visit  | \$50 <u>copay</u> /visit                                  | Not Covered                                     | Preauthorization required. In-home speech therapy Tier 1 & Tier 2  |
| If you need help recovering or               | <u>Habilitation services</u>     | \$50 <u>copay</u> /visit  | \$50 <u>copay</u> /visit                                  | Not Covered                                     | \$50 <u>copay</u> .  |
| have other<br>special health<br>needs        | Skilled nursing care             | \$25 <u>copay</u> /visit  | \$25 <u>copay</u> /visit                                  | Not Covered                                     | Limited to 60 days per calendar year outpatient only – inpatient services are unlimited.  Preauthorization required. |
|  | <u>Durable medical equipment</u> | No Charge   | No Charge   | Not Covered                                     | None   |
|  | Hospice services                 | No Charge   | No Charge   | Not Covered                                     | None   |
| If your child<br>needs dental or<br>eye care | Children's eye exam              | \$25 Optometrist /<br>\$45 Ophthalmologist<br>copay/visit         | \$25 Optometrist /<br>\$45 Ophthalmologist<br>copay/visit | Not Covered                                     | None   |
|  | Children's glasses               | Not Covered   | Not Covered   | Not Covered                                     | None   |
|  | Children's dental check-up       | Not Covered   | Not Covered   | Not Covered                                     | None   |

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Dental care (Adult and children)
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine foot care (except with diagnosis of diabetes)
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (only at St. David's Medical Center; limit 1 per lifetime)
- Chiropractic care (limited to 20 visits)
- Cosmetic surgery (limited coverage)
- Hearing aids (1 pair per 48-month period)
- Infertility treatment (diagnosis of infertility covered; invitro not covered.)
- Routine eye care (Adult)

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbstx.com/coa</u>.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the plan, Blue Cross and Blue Shield of Texas at 1-888-907-7880 or visit <a href="www.bcbstx.com">www.bcbstx.com</a>. For group health coverage subject to ERISA, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. For non-federal governmental group health <a href="plans">plans</a>, contact Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Church <a href="plans">plans</a> are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: For group health coverage subject to ERISA: Blue Cross and Blue Shield of Texas at 1-888-907-7880 or visit www.bcbstx.com, the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, and the Texas Department of Insurance, Consumer Protection at 1-800-252-3439 or www.tdi.texas.gov. For non-federal governmental group health plans and church plans that are group health plans, Blue Cross and Blue Shield of Texas at 1-888-907-7880 or www.bcbstx.com or contact the Texas Department of Insurance, Consumer Protection at 1-800-252-3439 or www.tdi.texas.gov. Additionally, a consumer assistance program can help you file your appeal. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/tx.html.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-907-7880.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-907-7880.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-907-7880.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-907-7880.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of <u>in-network</u> pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0     |
|---|---------|
| ■ Specialist copayment                        | \$40    |
| ■ Hospital (facility) <u>copayment</u>        | \$1,750 |
| Other <u>coinsurance</u>                      | 0%      |

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|--------------------|----------|
|                    |          |

#### In this example. Peg would pay:

| <u>Cost sharing</u>        |         |  |  |
|----------------------------|---------|--|--|
| <u>Deductibles</u>         | \$0     |  |  |
| Copayments                 | \$2,100 |  |  |
| Coinsurance                | \$0     |  |  |
| What isn't covered         |         |  |  |
| Limits or exclusions \$60  |         |  |  |
| The total Peg would pay is | \$2,160 |  |  |
|                            |         |  |  |

# Managing Joe's type 2 Diabetes

(a year of routine <u>in-network</u> care of a wellcontrolled condition)

| ■ The plan's overall deductible        | \$0     |
|--|---------|
| ■ Specialist copayment                 | \$40    |
| ■ Hospital (facility) <u>copayment</u> | \$1,750 |
| Other <u>coinsurance</u>               | 0%      |

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost | \$5,600 |
|--------------------|---------|
|                    |         |

### In this example, Joe would pay:

| <u>Cost sharing</u>        |       |
|----------------------------|-------|
| <u>Deductibles</u> *       | \$50  |
| <u>Copayments</u>          | \$300 |
| Coinsurance                | \$600 |
| What isn't covered         |       |
| Limits or exclusions       | \$20  |
| The total Joe would pay is | \$970 |
|                            |       |

## **Mia's Simple Fracture**

(<u>in-network</u> emergency room visit and follow up care)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0     |
|---|---------|
| ■ Specialist copayment                        | \$40    |
| ■ Hospital (facility) copayment               | \$1,750 |
| Other coinsurance                             | 0%      |

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|
|--------------------|---------|

### In this example, Mia would pay:

| Cost sharing               |         |
|----------------------------|---------|
| <u>Deductibles</u>         | \$0     |
| Copayments                 | \$1,300 |
| Coinsurance                | \$0     |
| What isn't covered         |         |
| Limits or exclusions       | \$0     |
| The total Mia would pay is | \$1,300 |

<sup>\*</sup>Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.



### Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator Phone: 855-664-7270 (voicemail)

300 E. Randolph St. TTY/TDD: 855-661-6965 35th Floor Fax: 855-661-6960

Chicago, Illinois 60601

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services Phone: 800-368-1019 200 Independence Avenue SW TTY/TDD: 800-537-7697

Room 509F, HHH Building 1019 Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Washington, DC 20201 Complaint Forms: http://www.hhs.gov/ocr/office/file/index.html

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

| Español<br>Spanish        | Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.                                     |
|---------------------------|--|
| العربية<br>Arabic         | إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون<br>اية تكلفة. للتحدث مع مترجم فوري، اتصل على الرقم 6984-710-855.   |
| 繁體中文<br>Chinese           | 如果您, 或您正在協助的對象, 對此有疑問, 您有權利免費以您的母語獲得幫助和訊息。<br>洽詢一位翻譯員, 請撥電話 號碼 855-710-6984。   |
| Français<br>French        | Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984.                 |
| Deutsch<br>German         | Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.         |
| ગુજરાતી<br>Gujarati       | જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયેક્રમ<br>બાબતે પ્રશ્નો હોય, તો તમને વિના ખર્ચે, તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો હક્ક છે.<br>દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો. |
| हिंदी<br>Hindi            | र्यादे आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न है, तो आपको अपनी भाषा में निःशुल्क<br>सहायता और जानकारी प्राप्त करने का अधिकार है। किसी अनुवादक से बात करने के लिए 855-710-6984<br>पर कॉल करें।.                             |
| Italiano<br>Italian       | Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984.                               |
| 한국어<br>Korean             | 만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를<br>귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로<br>전화하십시오.  |
| Diné<br>Navajo            | T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee nił h odoonih. Ata'dahalne'ígíí bich'į' hodíílnih kwe'é 855-710-6984.                        |
| فار س <i>ي</i><br>Persian | اگر شما، یا کسی که شما به او کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان<br>کمک و اطلاعات دریافت نمایید. جهت گفتگو با یک مترجم شفاهی، با شماره 6984-710-855 تماس حاصل نمایید.                      |
| Polski<br>Polish          | Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania<br>bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod<br>numer 855-710-6984.                       |
| Русский<br>Russian        | Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.            |
| Tagalog<br>Tagalog        | Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.        |
| ار دو<br>Urdu             | اگر آپ کو، یا کسی ایسے فرد کو جس کی آپ مدد کر رہے ہیں، کوئی سوال درپیش ہے تو، آپ کو اپنی زبان میں مفت<br>مدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لیے، 6984-710-859 پر کال کریں۔                                     |
| Tiềng Việt<br>Vietnamese  | Nêu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyên được giúp đỡ và nhận thông tin<br>bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.                                |