

Inland Empire Health Plan

Overview of IEHP and the Master Plan for Aging



Dr. Takashi Wada, MD, MPH, Interim Chief Medical Officer



Inland Empire Health Plan

Who We Are



Riverside and San Bernardino County created Inland Empire Health Plan in 1996 as a Public Entity to serve as a **not-for-profit Medi-Cal health plan for the Inland Empire.**

IEHP Governing Board is comprised of 4 County Board of Supervisors and 3 appointed members of the public.

June 2021 Membership: = 1,409,079 Members



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Mission Vision and Values



MISSION: We heal and inspire the human spirit.

VISION: We will not rest until our communities enjoy optimal care and vibrant health.

VALUES STATEMENT: We do the right thing by:

- Placing our Members at the center of our universe.
- Unleashing our creativity and courage to improve health & well-being.
- Bringing focus and accountability to our work.
- Never wavering in our commitment to our Members, Providers, Partners, and each other

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Health Plan Benefits and Services

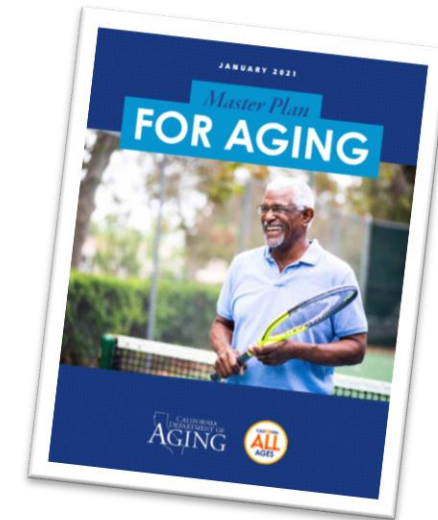


- Care Management
- Behavioral Health
- Wellness Programs/Health Education
- Community Resource Centers
- Transportation Services
- Independent Living and Diversity Services
- Support Services
 - Long-Term Services and Supports
 - Housing Program



Inland Empire Health Plan MPA & the MPA Local Play Book

MPA is a comprehensive blueprint for public and private entities to address system issues and transform services.



MPA Local Playbook includes local model programs.

- IEHP was featured in “Health Reimagined” section.

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Goal 2: Health Reimagined

Goal: “We will have access to the care and services we need to optimize our health and quality of life and to continue to live where we choose.”

Target: Close the Equity Gap and Increase Life Expectancy

1. Bridging Health Care with Home
2. Health Care as We Age
3. Lifelong Healthy Aging
4. Geriatric Care Expansion
5. Dementia in Focus
6. Nursing Home Innovation



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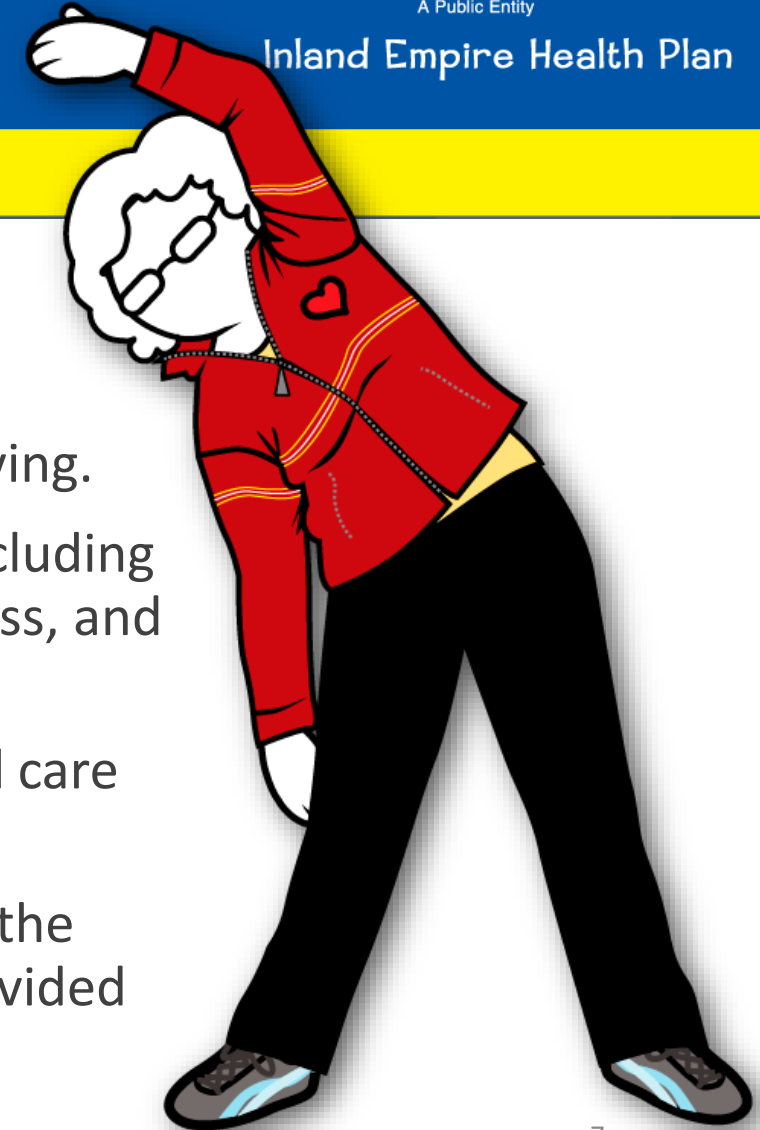
Health Reimagined, Local Model: IEHP



A Public Entity

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- Multidisciplinary Team of Social Workers, Nurses, and Care Coordinators ensure that older adults have access to member-centered, long-term support system that promotes independent living.
- Community Resource Centers offer free courses for older adults including Yoga, Line Dancing, Meditation, Health Cooking classes, Chair Fitness, and Caregiver Toolbox.
- Older Adults are screened for Alzheimer's/Dementia and individual care plans include what matters to the Member.
- Caregivers are identified, included in care planning if requested by the Member, included in the Care Team, assessed for burnout, and provided with community resources.



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Health Reimagined, Local Model: IEHP



- LTSS assessment is included in the Health Risk Assessments of older adults.
- LTSS Providers are included in weekly Interdisciplinary Care Team meetings.
- Support Services team provides wraparound services including housing to ensure older adults can age in place and transition out of skilled nursing facilities.
- Robust Stakeholder Committee with older adults, advocates, caregivers, and LTSS providers provide input to ensure seamless access and coordination across the full continuum of care.



CalAIM: California Advancing and Innovating Medi-Cal is a multi-year initiative led by the State Department of Health Care Services to improve the quality of life and outcomes of Medi-Cal beneficiaries by implementing delivery system and payment reforms across the program. There are two key components of CalAIM: **Enhanced Care Management (ECM)** and **In Lieu of Services (ILOS)**

- ECM is a new Medi-Cal benefit that provides a whole-person, interdisciplinary approach to comprehensive care management that addresses the clinical and non-clinical needs of high-cost, high-need individuals through systematic coordination of services that is community-based, high-touch, and person-centered.
- ILOS are services a health plan can choose to offer as a substitute for or “in lieu of” traditional services. ILOS creates considerable flexibility for health plans to offer services that address social determinants of health.

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Cal AIM and ILOS



- **Enhanced Care Management**

- Populations of Focus

- Homeless, high utilizers, severe mental illness/ SUD, incarcerated, complex children
 - At risk of institutionalization and eligible for Long Term Care
 - Nursing facility residents transitioning to the community

- **In Lieu of Services**

- Housing, Recuperative care, medically tailored meals, home modifications, asthma remediation, sobering centers
 - Nursing facility transition/diversion to assisted living facilities
 - Community Transition Services/nursing facility transition to home

Inland Empire Health Plan Questions or Comments



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