On-Campus Health Care Facility Armed Assailant Planning Considerations

Health care planners can use this checklist to help prepare their facilities to mitigate, respond to, and recover from an active shooter or armed assailant situation on campus. In an actual emergency, follow facility protocol for armed assailant/active shooter codes. Inform 911 and use your internal approach for alerting security and other health care facility personnel of the incident. **Notes:** this checklist was designed with hospitals in mind but is scalable for other facilities. It does not include considerations related to being trapped with an assailant or other hostage/victim scenarios. URLs are only provided for resources that are available at no cost. Additional resources from the International Association for Healthcare Security and Safety (IAHSS) and other organizations are available to members. Though principally designed around hospital needs, this document may be valuable to other types of health care facilities. The checklist is broken into four phases (<u>mitigation</u>, <u>preparedness</u>, <u>response</u>, and <u>recovery</u>). Plan components/promising practices and resources are provided for select issues by phase.

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	Violence Prevention	
	Components/Promising Practices	Resources
MITIGATION	☐ Facility violence prevention plan should include education, reporting, exercising, categorizing certain events and actions or patients as "high risk."	ASPR: Incorporating Active Shooter Incident Planning into Health Care Facility Emergency Operations Plans Cybersecurity & Infrastructure Security Agency: De-Escalation Series
	 □ Consider holding monthly staff lunches or regular town halls with staff and community stakeholders on facility security and public safety. □ The multidisciplinary workplace violence committee should meet regularly to review data and make recommendations for changes. □ Provide rapid reporting process for staff with concerns (e.g., "red phone" 	 Federal Bureau of Investigation (FBI): Active Shooter Planning and Response in a Healthcare Setting IAHSS Guidelines - Workplace Violence Bundle IAHSS Guideline on Incident Categories and Data Analysis IAHSS 01.09 Violence in Healthcare Guidelines IAHSS 01.04 Hazard Vulnerability Assessment Guidelines
	by emergency department [ED] nurse station, internal 911, wearable or digital duress/panic buttons, 911 PSAP, "blue light" cameras on campus). ☐ Create a tracking system for all violent threats and incidents.	 IAHSS 04.01 – 04.10 Systems Guidelines The Joint Commission: Workplace Violence Prevention Resources OSHA: Worker Safety in Hospitals: Caring for our Caregivers
	□ Develop security, human resources, department, and staff policies for high-risk/high-profile inpatients (e.g., VIP, gang-related violence, gunshot wounds, aggressive patients) including checking for hidden weapons, using metal detectors, limiting or restricting visitors during high-risktimes, and discharge processes.	ASPR TRACIE Resources Strategies for Healthcare Workplace Violence Prevention: Risk Assessment and De-Escalation (Webinar) Trends, Policies, and Protocols Related to Healthcare Workplace Violence Workplace Violence Topic Collection
	□ Provide de-escalation training to all staff based on their assessed risk for exposure to workplace violence (e.g., as determined by a Workplace Behavioral Risk Assessment).	Education and Training Healthcare Settings Plans, Tools, and Templates
	☐ Hazard Vulnerability Analysis (HVA) should consider armed assailants and/or a specific risk assessment for armed assailants.	 Information Sharing Topic Collection Evaluation of Hazard Vulnerability Assessment Tools





Facility Design Features Components/Promising Practices Resources Center for Safe Schools. Model Door Numbering System Consider implementing crime prevention through environmental design features: IAHSS Security Design Guidelines for Healthcare Facilities-3rd Edition Bulletproof barriers/glass in at-risk areas (floor to ceiling) IAHSS 04.01 - 04.10 Systems Guidelines Sequential controlled areas/controllable areas One-way windows/glass ASPR TRACIE Resources Code compliant just-in-time lockable doors or easy to apply hardware Violence in the Emergency Department: Strategies for Prevention to lock/block unlockable doors and Response Safe rooms (ensure these are documented in your armed assailant Information Sharing Topic Collection procedure and staff are aware of locations via training and reminders) Hospital Active Shooter and Door Control Resources for Active Violence to possibly be constructed of ballistically rated (level III minimally) Incidents (TA Response, 2019) sheet rock and include: Hospital Lockdown Procedures (TA Response, 2020) Peep sights (for occupants to confirm LEO presence prior to exiting) Melton, M. Tool for Identification of Shelter-in-Place (or "Safer") Room for Use to Hide during a Violent Attack Intercom or networked hardline phones No exterior ground floor windows U.S. Department of Homeland Security. Stop the Bleed An internal dead bolt to override card reader entrance Camera monitoring inside the safe room Prominent signage/marking indicating secure area(s)

Facility Design Features Components/Promising Practices Resources Signage that prohibits staff from propping doors open Improved sight lines ☐ Label all entrance/exit doors with large fluorescent number inside and outside to reference when calling for help. Provide local first responders with map/key. ☐ Ensure signage in all stairwells/landings communicates ability to exit to outside and directional information (e.g., south tower, SE stairwell) to improve location precision for responders/facility staff. Include relevant emergency phone numbers. ☐ Per local and state ordinances and statutes, provide ability to lock department and/or fire doors by floor/unit from secure location(s). ☐ Provide ability to lock stairwell doors to allow exit while preventing entrance. Avoid "dead end" units/workrooms that are not lockable/controlled. ☐ Ensure access to controlled units – particularly for high-risk and high dependency patient areas (ED, ICU, nursery, pediatrics, psych). ☐ Communications throughout facility Overhead paging Computer-based alerting Phone/paging alerts Public Safety and Security radio (no "dead zones") Emergency call boxes in remote locations of the facility (e.g., parking garages) Emergency signage ☐ Place hemorrhage control kits w/AEDs and fire extinguishers in select areas; periodically remind staff and provide training. Consider developing in-house, campus-wide, self-sustaining program (e.g., Stop the Bleed).



Video Monitoring Components/Promising Practices Resources ☐ Monitor all entrances/exits, elevator lobbies, hallways, loading docks, and **ASPR TRACIE Resources** Trends, Policies, and Protocols Related to Healthcare Workplace Violence other key areas. ☐ Link local cameras to mobile devices (e.g., tablets) to ensure remote Violence in the Emergency Department: Strategies for Prevention access for health care staff, facility security, and local first responders. and Response ☐ Label cameras to ensure SOC dispatcher can read off the camera name and provide critical real-time information as to the location of a suspector IAHSS 04.04 Video Surveillance Guidelines their last known direction of travel. • If the camera is covering an exterior access point, include the street name onto which the doors open. ☐ Larger facilities may benefit from having designated camera layouts/ templates that allow a team to select a specific area of department or floor to view. ☐ Ensure ability to record data and bring up images/search on outside computers (redundant system). □ Place monitors/recorders on emergency power.



	Public Entrance Control	
	Components/Promising Practices	Resources
MITIGATION	 □ Limit visitor/patient entrances. □ Develop protocols for the screening of individuals that may enter the building (e.g., visitors, vendors) before, during, and after an incident. □ Develop and implement screening protocols of employees (particularly when there is a threat or concern). □ Conduct visitor and vendor intake/badging at predetermined entrance(s). □ Strongly consider a metal/weapons screening program for patients and visitors (including ambulance arrivals and wanding after initial assessment). □ Enforce policies on limiting visitors during high-risk periods/for high-risk patients. □ Develop access control plan that includes considerations for full, partial, and zoned lockdown. 	ASPR TRACIE Resources Violence in the Emergency Department: Strategies for Prevention and Response Hospital Lockdown Resources (TA response, 2022) IAHSS 04.03.03 Facility Restricted Access (Emergency Lockdown) Guidelines



	Public Entrance Control	
NO	Components/Promising Practices	Resources
	☐ Consider installing overhead coiling gates at all points of entry at high-risk locations. These gates can be locally or remotely activated in the event of civil unrest or a near-by active shooter incident.	
	Facility Security Staff	
MITIGATION	Components/Promising Practices	Resources
HW	 Provide security presence at entrance(s). Restrict staff entrance(s) to only those that can be reasonably monitored by available staff. Provide training/policies for weapons situations. Station armed security/law enforcement (LE) on-site. Augment facility security staff (via pre-determined surge staffing plans and/or memoranda of understanding with local contractors and LE). Add signage indicating no weapons permitted on campus at main entrance points and in parking areas. 	ASPR TRACIE Resources Violence in the Emergency Department: Strategies for Prevention and Response Healthcare Preparation for and Response to Local Civil Unrest IAHSS 02.01 Security Staffing and Deployment



Support for Responding LE **Components/Promising Practices** Resources ☐ Provide periodic facility walk throughs for LE command, SWAT, and patrol FBI: Active Shooter Planning and Response in a Healthcare Setting officers to promote facility and staff familiarization. ASPR TRACIE. Healthcare Preparation for and Response to Local Determine if any radio "dead spots" exist for public safety radio Civil Unrest transmission within the facility and address with repeaters or IAHSS 08.09 Active Shooter/Hostile Event Response Plan Guidelines other strategies. IAHSS 08.01 Emergency Management General Guidelines ☐ Establish the ability to create geofencing perimeter to better targe messaging and response. ☐ Create go-kits for responding LE with thumb drives that store facility maps and other relevant information, access cards/keys for all areas of facility, identification for law enforcement who show up in plain clothes, maps, internal radios as required. Consider an emergency key box system like that provided for the fire department. Place go-kits/equipment at facility/campus entrances/reception desks. Equipment such as radios (ensure chargers are on emergency power), and hemorrhage control kits may also be included. Provide remote opening capability if possible. Train facility security to hand radios (that have been preset to an independent channel) to LE to facilitate communications and continuity of operations.



	Support for Responding LE	
	Components/Promising Practices	Resources
C . C	 □ Review procedures for patient relocation and full facility evacuation, with a focus on maintaining patients within the facility to the extent possible. □ Exercise LE-hospital interactions and consider LE liaison role. Discuss these protocols prior to finalizing plans. • Include crime scene issues in discussion with LE (e.g., need to rapidly re-open patient care areas after an event – particularly in the ED, ICU, etc. and how both LE and hospital needs are balanced). • Provide staff in high-risk areas with basic training for evidence collection. □ Have hospital leadership team meet/train with local LE command and Fire/EMS command to be clear on roles and responsibilities and rehearse establishing unified command. □ Instruct hospital staff on specific LE information reporting needs during an active shooter event. □ Develop and regularly update a document that provides guidance to LE as to which floors/departments would be ideally swept/cleared first. Consider prioritizing ICU, surgical services, ED, and blood banks. If these areas can be cleared and held, lifesaving operations can continue/resume ASAP. 	Resources
	 Meet with LE public information officer to review messaging approaches and strategies for social media, press releases and press conferences. Work with PIO to tailor messages to various audiences (e.g., leaders, staff, and patients). 	
	☐ Ensure that the hospital has a pre-determined liaison officer working with the LE incident commander to prevent putting themselves or patients at risk during their response.	



Identifying Refuge/Escape Options Components/Promising Practices Resources ☐ Provide clear exit/stair markings. Inaba, K., Eastman, A., Jacobs, L., and Mattox, K. Active-Shooter ☐ Hold unit/office-based "Run/Hide/Secure-Fight" training to identify exits/ Response at a Health Care Facility refuge rooms, potential escape routes, weapons/barricades. Ensure staff actually practices run-hide-fight during training. ☐ Ideal room characteristics include size (to hold multiple personnel spread out), a solid door that opens in and can be locked from inside, items to block the door, phone to call for help, and items to use for personal defense if needed. ☐ Stock with hemorrhage control kits. **Staff Policies and Training Components/Promising Practices** Resources Ensure clear policies during active violence event, for example: ASPR TRACIE Resources Shelter on unit actions unless imminent threat on the unit **Exercise Program Topic Collection** Specific patient protection actions by unit and location of violence Discussion-Based Exercise Templates: Active Shooter Run-hide-fight or similar assailant response philosophy if staff Operations-Based Exercise Templates: Active Shooter member is in direct danger (assailant on unit) Active Shooter Drill and Evaluation Resources (TA Response, 2018) ☐ Ensure that temporary staff (e.g., travel nurses) are informed about facility Active Violence Exercise Templates for Healthcare Facilities (TA policies including alert/emergency codes. Use plain language instead of Response, 2019) acronyms or codes where possible. ☐ Develop pre-messages (with details added, repeated, and updated) for California Emergency Medical Services Authority. Hospital Incident paging and computer-based notification systems. Command System: Active Shooter Incident Planning Guide. ☐ Collaborate with first responders on evacuation plans so they understand FEMA: IS-907: Active Shooter: What You Can Do: IS-904: Active Shooter facility- specific considerations (e.g., patients that are not able Prevention: You Can Make a Difference; IS-905: Responding to an Active Shooter: You Can Make a Difference; and IS-906: Workplace Security to evacuate). ☐ Identify a "monitor" for every floor or unit for each shift that can assist with Awareness basic emergency procedures for the given area (e.g., evacuation). IAHSS 08.09 Active Shooter/Hostile Event Response Plan Guidelines ☐ Provide training (initial and refresher) and regular exercises that include IAHSS 01.09 Violence in Healthcare Guidelines active violence scenarios with and without first responders to understand IAHSS. Workplace Violence Training and Prevention in Hospital-Based Healthcare: Implications for Nursing and the Interdisciplinary policies and practice/memorize procedures. Repeat messaging to staff about not allowing "piggybacking" or Team in the Hospital "tailgating" (allowing an unknown person to trail in behind them through an IAHSS. Mitigating Workplace Violence via De-Escalation Training



opened door).

Security Policies Components/Promising Practices Resources ☐ Create policy for response and degree of engagement of assailant (based ASPR TRACIE Resources on capabilities of security team). Active Shooter and Explosives Topic Collection ☐ Develop policies for alerting/notification/callbacks internal and external. Guidance Documents ☐ Create and share a plan for integrating with responding LE (e.g., providing LE a spot in the command post/center). Address management of on-coming staff arriving during or following an incident (e.g., where to enter, park, show identification). **Medical Response Policies Components/Promising Practices** Resources Security/LE clearing of the area must precede medical response. ASPR TRACIE Resources Determine role of local EMS on-campus for victim care and movement. DASH Tool: Trauma Supply Module Fire/EMS patient care and movement may be preferred to in-house Active Shooter and Explosives Topic Collection medical teams. Plans, Tools, and Templates Moving patients directly to ambulances may be preferred at facilities Workplace Violence Topic Collection that do not usually manage penetrating trauma – however, an on-site Plans, Tools, and Templates triage/assessment by facility staff is optimal prior to transfer. **EMTALA** and Disasters Augment "code team" and supplies/carts as required. ☐ Acquire hemorrhage control kits to support medical response. Pennardt, A. and Schwartz, R. Hot, Warm, and Cold Zones: Applying ☐ Ensure personnel who respond to these situations have trauma Existing National Incident Management System Terminology to Enhance care experience. Tactical Emergency Medical Support Interoperability ☐ Discuss with regulatory staff any Emergency Medical Treatment and Active Labor Act (EMTALA) issues related to victims being removed by EMS without being assessed by hospital staff if transporting to another hospital (e.g., trauma center). Determine whether victims will receive a medical screening exam and emergency stabilizing treatment on-site if the facility is not a trauma center and if so, how this will be documented. If the facility is a trauma center, ensure process for rapid patient movement to the emergency department resuscitation area.



Medical Response Policies		
	Components/Promising Practices	Resources
PREPAREDNESS	 Determine how to provide medication or other needed assistance to patients in warm (area where a potential threat exists, but there is no direct or immediate threat) or hot zones (area where a direct and immediate threat exists) who can't be evacuated. Provide employees working in dietary, supply chain, lab, radiology, respiratory therapy, or pharmacy who may be in an affected area with appropriate training and ensure they understand expectations regarding communications and accountability processes during and after an incident. Perform related unit tabletop exercises regularly and functional exercises on a yearly basis. 	



Activation and Notification Components/Promising Practices Resources ☐ Ensure facility security and clinical and support staff are aware of who ASPR TRACIE Resources to notify externally and what information to share when reporting active Active Shooter Resources and Secure-Preserve-Fight Model (TA shooter/active violence such as: Response, 2019) Location of the incident (hospital, building, floor/area, and room) **Incident Management Topic Collection** The number of armed person(s) and their behavior Information Sharing Topic Collection Type of weapon(s) involved (e.g., handgun, long gun, knife, bomb) Physical description of armed person(s) if any (may wish to promptfor FBI: Active Shooter Planning and Response in a Healthcare Setting footwear description as unlikely to change) Hospital Incident Command System - Incident Response Guides The number of hostages, if applicable IAHSS 08.01 Emergency Management General Guidelines Closest entry point for LE IAHSS 08.02 Security Role in the Emergency Operations Vehicle make and model, license plate, and direction of travel (if the Center Guidelines perpetrator flees the scene in a vehicle) IAHSS 08.09 Active Shooter/ Hostile Event Response Plan Guidelines ☐ Ensure messaging is specific to the facility involved (i.e., not disseminated throughout an entire health care system). ☐ When using overhead paging use plain language and share last known suspect location (e.g., "Security Alert - Gunshots reported medical ICU 1, 4th floor"). Update as situation evolves. Consider messaging in other languages, depending on community/patient demographics. Pre-scripted messages should be visible on staff dashboards, computers, and/or the facility intranet.



Activation and Notification		
Components/Promising Practices	Resources	
☐ Ensure in-hospital notifications are prioritized; also ensure all staff are notified when a threat is ongoing to prevent off-duty staff from reporting to work unnecessarily.		
☐ Ensure incident command group notification systems are in place for inperson or virtual command center activation. Notify partners such as external labs, children's hospital, buildings connected by		
skyway/tunnel, or other partners who may have operations affected.		
□ Notify ambulance services of the situation if it is affecting the emergency department (i.e., diversion).		
☐ Implement facility access control procedures and prohibit walk-in traffic.		
☐ Designate by policy initial incident commander (IC) until LE arrives (e.g., security supervisor) then liaison with LE IC until threat controlled.		
☐ Consider activation of full hospital incident command system when safe to		
do so (this enables entire team to handle internal and external messaging, for example).		
☐ Monitor and share situation information/size up based on calls, on-scene		
officers, and related details.		
☐ Unified command with LE should be in forward command post or hospital		
command center.		
□ Liaison with responding fire/EMS agencies.□ Support threat containment actions.		
 ☐ Support threat containment actions. ☐ Determine scope of ongoing facility operations during the active incident. 		
☐ Once the threat is neutralized, continue hospital command center		
operations for further actions centered on restoration and recovery.		
☐ Consider creating a geofenced perimeter of the incident to		
provide live updates to responders and those within the		
perimeter.		



Integrated First Responders and Facility Response Components/Promising Practices Resources Plan for facility security staff to accompany/ trail initial LE for navigation. ASPR TRACIE Resources ☐ Share facility infrastructure plans for the area of the incident (e.g., medical Active Shooter and Explosives Topic Collection gas lines in the walls) to facilitate damage assessment. Plans, Tools, and Templates ☐ Integrate LE into security office early to monitor CCTV/video and establish unified command. Ideally "right seat" them with security supervisor IAHSS 08.02 Security Role in the Emergency Operations operating the cameras and provide phones, internet access and electrical Center Guidelines outlets for their use. ☐ Provide virtual access to camera views, if possible, to LE (e.g., on tablet or via link sent to command center). ☐ Assess the operational status of all units and buildings on campus including any damage to the facility, equipment, or supplies. ☐ From LE IC confirm: What areas are crime scenes and off limits? ☐ Is there any ongoing threat?

Co	Containment/Neutralization	
Co	mponents/Promising Practices	Resources
	Ensure/create joint prioritization/policy of first responders and security to localize and contain/neutralize any threat.	ASPR TRACIE Resources Active Shooter and Explosives Topic Collection
	Evacuate around contained threat – perimeter determined by circumstances.	» <u>Plans, Tools, and Templates</u>
	Access controls planning –lockout elevators, close fire doors, etc. as needed/possible to contain threat.	
	 Plan for different event durations. Is event over "quickly" or has it become a longer-term incident with a barricade or hostage situation? 	
	Ensure that someone from the health care organization continues to monitor patients located in the containment area(s). Patient movement and care strategies might have to be developed in real time with LE to save lives.	
	If it is a longer-term incident, plan with LE how patient care operations can continue safely in affected and unaffected areas	



resume patient care.



incident.

Mental health support for patients, visitors, and staff

Service Restoration



Components/Promising Practices Resources ☐ Isolate crime scenes and support evidence gathering activities (e.g., ASPR TRACIE. Fatality Management and Mass Gatherings: Looking Back at the Route 91 Harvest Festival Shooting video footage). National Fallen Firefighters Foundation. Planning Considerations for a ☐ Identify involved staff and liaison with LE if interviews needed; coordinate private interview location(s). Line-of-Duty Death ☐ Support decedent management/death notifications in cooperation with LE/ medical examiner/coroner as required. ☐ Activate Line of Duty Death LODD plan as appropriate. Hospitals may wish to develop their own plan or reference key tasks from fire department standard operating procedures. **Components/Promising Practices** Resources Provide immediate Psychological First Aid support to employees. **ASPR TRACIE Resources** Ensure that someone from senior leadership is visible and communicates Responder Safety and Health Topic Collection with affected staff as soon as safely possible. Behavioral Health and Resilience: Resources for Responders ☐ Call back additional staff as required to relieve immediately affected staff Behavioral Health and Resilience: Resources for Supervisors of duties. Determine whether staff can stay in their role after the Education and Training incident, whether they can remain on campus in a different role, or if Disaster Behavioral Health Resources Page they should be sent home. ☐ Consider implementing peer programs (e.g., Peer Critical Incident ASPR and NACCHO. Psychological First Aid (free registration required) Management [CISM] teams) or a buddy system after an incident. Minnesota Emergency Medical Services Regulatory Board. Critical Incident

Stress Management CISM.



determined intervals based on exposure.

areas or leave practice (clinical and support staff).

☐ Prepare for multiple staff from affected areas to transfer to other work

	 □ Conduct psychological and physical training to prepare staff for handling these types of incidents prior to an occurrence. □ Support staff and prevent attrition by providing access to counselors, social workers, and other forms of mental health support. □ Consider holding town halls in the months after the incident as a forum for staff to express concerns or communicate with leadership. 	
	After Action	
	Components/Promising Practices	Resources
RECOVERY	 □ Conduct initial incident debrief (hotwash) with directly involved security and clinical staff; establish common understanding of the events and any initial feedback about systems successes and areas for improvement. □ Activate formal after-action analysis process including improvement plan (integrate first responders into after action process). □ Identify any facility legal issues in conjunction with LE/legal counsel and determine handling of materials, reports, and communications. □ Institute action plan to address identified areas for improvement. □ Consider the potential need to remodel an affected area to improve safety and reduce negative associations with the event. □ Consider updating policies and procedures and comprehensive emergency management plan with findings and improvements following the incident. 	ASPR TRACIE. After Action Reports - Real-Life Events from the Hospital/ Health System Perspective. (TA Response, 2019)

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