



Department of Parks & Recreation
Recreation Division
101 Field Point Road - Greenwich, CT 06836-2540
Phone: 203-618-7649 Email: recreation@greenwichct.org



2023 Summer Swim Group Lessons

ACTIVITY NUMBER: 207011, 207012, 207013

ACTIVITY- 207011	SECTION NUMBER	CLASS LEVEL	TIMES
Mondays- Thursdays	1A	Goldfish	9:15 - 9:45 a.m.
July 10- July 20	1B	Goldfish	9:50 - 10:20 a.m.
	1C	Goldfish	10:25 - 10:55 a.m.
Make-up dates	1D	Level I	9:50 - 10:20 a.m.
7/14, 7/21	1E	Level I	9:15 - 9:45 a.m.
	1F	Level II	10:25 - 10:55 a.m.
	1G	Level II	11 - 11:30 a.m.
	1H	Level III	11 - 11:30 a.m.

ACTIVITY- 207012	SECTION NUMBER	CLASS LEVEL	TIMES
Mondays -Thursdays	2A	Goldfish	9:15 - 9:45 a.m.
July 24- August 3	2B	Goldfish	9:50 - 10:20 a.m.
	2C	Goldfish	10:25 - 10:55 a.m.
Make-up dates	2D	Level I	10:25 - 10:55 a.m.
7/28, 8/4	2E	Level I	9:15 – 9:45 a.m.
	2F	Level II	9:50 - 10:20 a.m.
	2G	Level II	11 – 11:30 a.m.
	2H	Level III	11 – 11:30 a.m.

ACTIVITY- 207013	SECTION NUMBER	CLASS LEVEL	TIMES
Mondays -Thursdays	3A	Goldfish	9:50 - 10:20 a.m.
August 7-August 17	3B	Goldfish	9:15 - 9:45 a.m.
	3C	Level I	9:50 - 10:20 a.m.
Make-up dates	3D	Level I	9:15 - 9:45 a.m.
8/11, 8/18	3E	Level II	10:25 - 10:55 a.m.
	3F	Level III	10:25 - 10:55 a.m.
	3G	Level III	11 - 11:30 a.m.
	3H	Level IV	11 - 11:30 a.m.

DESCRIPTION: Youth swim lessons of eight, one-half hour lessons. Classes will be held Mondays through Thursdays, with a rain date of Friday the same week. Class schedule may be changed or cancelled according to enrollment and demand. See Goals and Guidelines for Swimming Lesson class Levels on page 3.

ELIGIBILITY: Lessons for youth ages 4 and up; must be toilet trained. See Goals and Guidelines for Group Swimming Lessons on page 3. Must provide copy of birth certificate or passport if not submitted for past program(s).

SCHEDULE: Mondays through Thursdays (rain dates on Fridays), July 10 through August 17. Group lessons run for three, two-week sessions. See page 1 for specific dates and times. Weather and activity updates will be available on our Recreation Sports website at: www.teamsideline.com/greenwichct. In addition, you can call the weather hotline at 203-861-6100.

Lessons may be held during light rain but cannot be held during thunder or lightning. In the event of thunder or lightning, the pool must be closed for thirty-minute intervals for each occurrence.

LOCATION: Greenwich Pool in Byram Park, 4 Ritch Avenue

FEE: \$130 per child payable to "Town of Greenwich"

We accept all major credit cards for resident online registration. There are no refunds and we do not pro-rate fees. Requests for credit will only be considered if received in writing prior to the start of the program. There is a \$15 administrative fee for credits and a \$25 fee for any returned checks.

REGISTRATION: Open to Greenwich residents with a valid 2023 Park Pass. **Participants age 4 years must also obtain a 2023 Park Pass, although for no charge.** Children under 12 years of age must always be accompanied by a responsible adult, 18 years or older, with a resident Park Pass. Space is limited, and registration is first come, first served.

Group Lesson Registration begins:

- Online: Opens **Saturday, April 1** - online registration is only available to Greenwich residents. To register online go to: www.greenwichct.org/webtrac and SIGN IN to your account. **2023** residency must be verified before applying for this activity. Visit www.greenwichct.gov/residency.
- Mail-in for residents: Begins **Saturday, April 15** - Application should not be post-marked earlier than April 15. Mail completed form with full payment to:

Make check payable to: "Town of Greenwich" and mail to:

Summer Swim
Department of Parks and Recreation
P.O. Box 2540
Greenwich, CT 06836-2540

YOUTH SCHOLARSHIPS: The parks and Recreation Department has established a Youth Scholarship Program which provides financial assistance to qualifying residents. Visit our website for more information or to register: www.greenwichct.gov/youthscholarships.

PHOTOS: The Parks and Recreation Department reserves the right to use program or event photographs including participants in official Town of Greenwich media only (Website, newsletter, flyers and advertisements, Facebook, and/or Instagram). Please contact the Recreation Office if you object to the use of photographs of you or your child(ren) in Town media.

GOALS and GUIDELINES for SWIMMING LESSON CLASS LEVELS

PRE SCHOOL "GOLDFISH"	AGES 4-5 Water entrance/exit, buoyancy, bubble blowing, submerge head, bobbing, finning, kicking, floating-back/front, roll front to back and back to front, jump into the pool, open eyes under water.
LEVEL I	AGES 6 AND UP INTRODUCTION Water entrance/exit, buoyancy, bubble blowing, submerge head, bobbing, finning, kicking, floating-back/front, roll front to back and back to front, jump into the pool, open eyes under water. Treading, rhythmic bobbing, gliding, position changing, arm/leg action.
LEVEL II	AGES 6 AND UP FUNDAMENTALS Child should have passed Level I All of the above plus: Introduction to rhythmic breathing, rotary breathing, longer gliding/floating, alternating arm/leg actions, combined arm/leg actions.
LEVEL III	AGES 6 AND UP STROKE DEVELOPMENT Child should have passed Level II All of the above plus: Deep water jump and recovery, seated head first entry, survival floating, position changing in deep water, introduction to all strokes EXCEPT butterfly.
LEVEL IV	AGES 6 AND UP STROKE IMPROVEMENT Child should have passed Level III All of the above plus: Butterfly stroke.

GENERAL INFORMATION FOR ALL LESSONS

THE POOL IS NOT OPEN TO THE PUBLIC UNTIL 11 a.m. ALL POOL FACILITY RULES MUST BE FOLLOWED BY THOSE ENROLLED IN SWIM LESSONS, including but not limited to the following:

- All persons wishing to enter the pool area, whether they plan to swim or not, must present a park pass.
- Children under 12 years of age must always be accompanied by a responsible adult, 18 years or older at a ratio of 1 adult to no more than 6 children.
- In the case of thunder or lightning, all patrons must clear the pool water and deck and must return to their cars for protection. The pool will not reopen until 30 minutes after the last rumble of thunder or sight of lightning, as determined by lifeguards.
- Blankets and towels may be taken to open areas around the pool outside the perimeter line only. A clear path must always be maintained around the perimeter of the pools. No outside chairs are allowed in facility; benches and wall seating are available.
- No umbrellas, no sun shelters, and no pop-up tents are permitted at the pool complex.
- Coolers are not permitted in the pool area. No food or beverage is permitted in the pool area, except beverage in plastic water bottles. Food from the concession area may not be brought into the fenced in pool complex. NO GLASS container of any type is permitted in the pool complex.
- The use of the pool for swim instruction, whether group or individual, is permitted only by Parks and Recreation Department staff and according to Department policy.
- The Parks and Recreation Department reserves the right to change existing rules; regulate the hours of use; enact new rules to meet the changing conditions at the pool; clear the pool area during any threat of hazardous conditions; or close a portion of the pool for special events, programs, or staffing needs.

The Pool Staff has the final decision regarding all pool rules.



2023 Activity Program Registration

Email: recreation@greenwichct.org



H/H #

Program Name:		Activity #:		Section #:	
Participant's Name:			Gender:		
Birth date:	Age:	School:		Grade:	
Parent/Guardian:					
Address:		Town:	State:	Zip Code:	
Cell Phone:		Email:			
Addition information:					
In Case of Emergency:					
Name:		Phone:		Relationship:	
List any physical restriction:					
Allergies:					

INDEMNIFICATION AND RELEASE

THIS IS A LEGALLY BINDING DOCUMENT. DO NOT SIGN IT UNTIL YOU HAVE READ THE CONTENTS HEREOF AND UNDERSTAND THE SAME. IF YOU ARE IN DOUBT, CONSULT AN ATTORNEY PRIOR TO SIGNING THIS DOCUMENT.

The Undersigned (hereinafter referring to myself, my minor children or charges, my heirs and assigns) hereby agree(s) to assume all risk and bear all responsibility and to indemnify and hold the TOWN OF GREENWICH, its agents, representatives, servants, officers, and employees, harmless from and against any and all claims, demands, suits, proceedings, liabilities, judgments, awards, losses, damages arising out of injuries to any persons or property, including any and all costs and expenses incurred in the defense of such claims, demands, suits and proceedings including court costs and attorneys' fees resulting from, arising out of, or in any way related to or connected with my/our participation in the _____ program sponsored by the Town of Greenwich/use of Town of Greenwich property/facilities/apparatus or equipment thereof.

The Undersigned, does forever discharge the Town of Greenwich, its agents, representatives, servants, officers and employees from any and all claims including claims of negligence or carelessness, alleging damages and any and all causes of action which the Undersigned may have or may hereafter have, arising out of, related to, or in any manner connected with injuries or damages the Undersigned may sustain by reason of my participation in the above-described program or use of the Town of Greenwich property, facilities, apparatus or equipment.

The Undersigned, the participant or parent/guardian of the above-named person, who participates in programs organized by the Town of Greenwich Department of Parks and Recreation, assumes all risks and hazards incidental to the conduct of the activity and transportation to and from the activity. I am aware that participating in any recreational program can be a dangerous activity involving many risks of injury. I further understand there is inherent risk associated with the(se) activity(ies) and authorize emergency medical treatment and transportation in my absence.

Dated at Greenwich, Connecticut, this _____ day of _____, 202__.

Signature of Participant: _____
(or Parent or Guardian for participants under 18 years of age)

Date:	Check#	Receipt#	Proof _	Initials
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The Town complies with all applicable federal and state laws regarding non-discrimination, equal opportunity, affirmative action, and providing reasonable accommodations for persons with disabilities. If you require an accommodation to participate, please contact the Commissioner of Human Services at 203-622-3800 or Demetria.nelson@greenwichct.org as soon as possible.