

HealthySteps June 2023 Expansion

Request for Applications

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HealthySteps RFA

SECTION 1

A. Introduction and Background

The New York State (NYS) Office of Mental Health (OMH) announces the availability of funds to support the expanded implementation of <u>HealthySteps</u> (HS).ⁱ It is anticipated that OMH will make up to 70¹ awards across the state, contingent upon availability of funding. This funding is specifically designated for new sites, with the goal to expand the capacity of pediatric and family medicine practices to implement <u>HealthySteps</u>, prioritizing practices in counties with the highest percentage of children in poverty. The combined total of these awards will be up to \$33,529,930 distributed over 5 years. (See Section F Operating Funds)

In 2016, OMH awarded funding to an initial cohort of seventeen (17) pediatric primary care practices across New York State to implement Healthy Steps. These medical practices engaged new parents to enroll their infants into the HealthySteps program by four (4) months of age. The HealthySteps sites participated in 30,000 well child-visits including comprehensive services to over 9,000 children and their families, completed thousands of referrals and linkages to needed supports and services, conducted over 15,000 maternal depression screenings, and distributed more than 18,000 books through the Reach Out & Readⁱⁱ program.

This first cohort of OMH-funded HealthySteps sites continues to positively impact the lives of thousands of children and their families. This Request for Applications (RFA) will provide the opportunity to expand this reach to thousands more children and their families throughout NYS as we continue to work towards enhancing protective factors to foster childhood resiliency, promoting a trauma-informed approach to care, screening for maternal depression, and addressing social determinants of mental health in children and families.

This RFA, part of New York State's historic investment to strengthen the mental health system and drastically reduce the number of individuals with unmet mental health needs throughout the state, clearly demonstrates OMH's ongoing commitment to the health and well-being of the youngest New Yorkers. The goal is to ultimately promote an intentional focus on prevention activities by identifying and implementing evidence-based programs and data-informed strategies.

HealthySteps is an evidence-based program that delivers dyadic services to both young children (0-3 years) and their families in a pediatric healthcare setting, which is non-stigmatizing and offers universal access. Pediatricians often serve as the initial point of contact for new caregivers. Typically, an infant has seven (7) well-child visits within the first year of life, often occurring before families have contact with any other system. This early access affords opportunities to integrate both mental health and physical well-being for the youngest children at a critical time in brain development. It also provides the HealthySteps Specialist with the ability to support the healthcare team in promoting the child's developmental, social-emotional, and behavioral health. A HealthySteps Specialist uses a two-generation approach to promote well-being and to address concerns about challenging behaviors, developmental delays, caregiver mental health, and family needs such as food and housing instability. The HealthySteps model offers the ability to instill

¹ Qualified sites that partner to share 1 FTE HealthySteps Specialist (see Sections 1 D and 1 E) will count as one of the 70 awards, although each of those sites will receive one award of an adjusted amount as described in Section 1 F.

preventative efforts through anticipatory guidance, which may enhance positive outcomes and prevent future mental health challenges.

The HealthySteps Specialist is a professional with expertise in child development who partners with families during well-child visits as part of the primary care team. The HealthySteps Specialist fulfills a variety of roles: Serving as a liaison between the child and family and the healthcare team, offering screenings and support that the physician may lack time to address, including feeding, behavior, sleep, attachment, depression, social determinants of health, and adjusting to the complexities of a newborn child. The HealthySteps Specialist also provides families with parenting/caregiver guidance, support between pediatric visits, referrals, and care coordination, all while ensuring that the child and family's needs are met.

Evidence-Based

National Evaluation of HealthySteps ⁱⁱⁱ clearly demonstrates that this evidence-based program has shown significant positive outcomes for the child, the family, and the practice/provider. The original findings are supported by subsequent conclusions, as outlined in the HealthySteps Evidence Summary 2021 Final. These findings continue to support both the immediate and longitudinal benefits of this model.

Child

- "Children were up to 2.4x more likely to receive timely well visits and to attend all
 of the first 10 recommended well-child visits."
- "Children were up to 1.6x more likely to receive timely vaccinations and 1.4x more likely to be up to date on vaccinations by age 2."
- "Continuity of care was significantly better for both total and well-child visits and families were nearly 2x as likely to remain with the practice through 20 months."
- "Children were 8x more likely to receive a developmental assessment and had significantly higher rates of developmental and other nonmedical referrals."
- "Children were 23% less likely to visit the emergency room for injuries in a 1-year period."

Family

- "Families were 24% less likely to place newborns on their stomachs to sleep, reducing SIDS risk."
- "Families were significantly less likely to report harsh punishments (yelling, spanking with hand) and severe discipline (face slap, spanking with objects)."
- "Families were significantly more likely to share picture books and play with their infants daily."
- "Families were significantly more likely to notice behavioral cues and provide age-appropriate nurturing."
- "Families demonstrated a significantly better understanding of infant development."

Practice/Provider

- "Families were significantly more likely to report practice staff went out of the way for them and that they relied on practice staff for advice (rather than a friend or relative)."
- "Families rated their provider as more competent and caring and were significantly more likely to believe that the health plan cared about them."

 "Physicians reported significantly higher satisfaction with HealthySteps and that they felt emotionally supported by the HealthySteps Specialist."

Trauma-Informed Care

For many children and families, toxic stress, adverse childhood experiences (ACEs – defined below)*, and trauma are all too common. More than **two-thirds of children** reported at least one (1) traumatic event by age 16.^v

Pediatric and family medicine practices are on the front lines of caring for children and supporting families. They serve a critical role in early identification, education, and response to childhood trauma.

According to the <u>National Child Traumatic Stress Network</u>, vi "the following elements are important to consider when creating trauma-informed integrated healthcare systems:

Essential Elements of a Trauma-Informed Integrated Healthcare System

- Creating a trauma-informed office.
- Involving and engaging family in program development, implementation, and evaluation.
- Promoting child and family resilience, enhancing protective factors, and addressing parent/caregiver trauma.
- Enhancing staff resilience and addressing secondary traumatic stress.
- Assessing trauma-related somatic and mental health issues.
- Providing coordinated, integrated care across child- and familyservice systems."

HealthySteps sites are encouraged to implement trauma-informed principles within their practice. The Office of Mental Health's <u>ProjectTEACH</u>^{vii} is a resource for training and additional information on this topic.

*Adverse Childhood Experiences (ACEs) are potentially stressful or traumatic events that occur during childhood (ages 0-17). ACEs are often reflective of abuse, neglect, and household instability and/or dysfunction. Research supports that when a child experiences a traumatic event, their capacity to cope may be overwhelmed by strong negative emotions and physical reactions. Without intervention, exposure to frequent traumatic adversities can lead to prolonged activation of the stress-response system, also known as toxic stress. Toxic stress from ACEs has been linked to organic changes in brain development, consequently impacting attention, behavior, decision-making, and how the body responds to future stressors. Xi Xii Xiii

"While not required, HealthySteps also recommend a parent ACE screening at the newborn visit, if staff are trained in a trauma-informed approach."xiv

For caregivers, their answers to the ACEs questionnaire will provide information to the HealthySteps Specialist on any trauma history and encourage opportunities to help build family resiliency through targeted support and education and linkages to supports and services. The HealthySteps National Office provides <u>resources</u>^{xv} to support sites in implementing ACEs screening into practice.

B. Target Population/Eligibility Criteria

In support of OMH's commitment to equity and the reduction of disparities in access, quality and treatment outcomes for marginalized and underserved populations, practices in counties with the highest percent of children in poverty will be prioritized for awards.

The target population is children ages 0-3 years and their families seen in pediatric and/or family medical practices. HealthySteps sites are required to serve ages 0-3 years; up to age 5 is optional.

C. Key Events/Timeline

Activity	Date
Release RFA	06/29/23
Practices submit questions	08/03/23
Post Q&A	08/31/23
Application Submission Deadline – 1:00 PM EST	10/03/23
Anticipated Notification of Awards	10/31/23
Anticipated earliest contract start date	1/01/2024

D. Eligible Applicants

Eligible applicants are pediatric, or family medical practices located in New York State whose population includes children ages 0-3 years and deliver or have the potential to deliver well-child visits in the pediatric or family medicine setting. (This includes but is not limited to: Federally Qualified Health Centers, American Indian Health Programs in New York State, Rural Health Centers, Community Health Centers).

Each applicant must be applying to become a **new** HealthySteps site. Sites that are listed on the <u>HealthySteps Practice Directory</u> at the time of application, or were awarded the OMH HealthySteps RFA released in June of 2022 and/or November 2022, are not considered a new site, but **are** eligible to apply to establish a new site/s at different and/or additional locations under this RFA.

Each applicant must have a minimum panel size (i.e., caseload) of 100 children ages 0-3 years.

Each practice location must submit a separate and complete application.

Considerations for small practices.

Small practices have the option to apply in partnership with another practice as described in <u>Strategies for Implementing HealthySteps in Rural Areas/Small Practices^{xvii}</u>. For small practices that plan to partner, the minimum *combined* panel size of children ages 0-3 years is 100 and the maximum allowable combined panel size is 2,000.

If a small practice applies to partner with another practice, they will share one (1) FTE HealthySteps Specialist who will split their time between the two (2) sites. Each site will be required to submit its own unique application, and if awarded, the funding as outlined in Section G will be divided evenly between both sites. Each practice must individually meet the eligibility requirements and attest to providing each of the program requirements. Partnering practices cannot be from separate independent practices and must be part of the same healthcare system. Partnering practices must both submit their unique applications concurrently.

E. Program Requirements

As noted in the introduction, the purpose of these funds is to support the expanded implementation of the HealthySteps program. As part of this funding, each applicant will be required to attest to complying with each of the following fourteen (14) program requirements. The Attestation process will be facilitated/completed in Grants Gateway in the Program Specific Questions section. If you are unable to attest to any component of the program requirements, please note that your application will be automatically disqualified.

1. HealthySteps Specialist (HSS): Sites will be required to hire and maintain a HealthySteps Specialist position throughout the duration of this funding. At minimum, the HealthySteps Specialist must hold a bachelor's degree (although a master's degree is preferred). HS Specialists are frequently social workers with mental health training, psychologists, early childhood educators, and/or nurses with experience in early childhood development. We highly recommend that a practice hire a candidate with a mental health background (ideally infant and early childhood mental health or infant and early childhood development). Mental health professionals are well-suited for the position due to their clinical training, skills related to reflective practice, and the ability to provide consultation and care coordination. It is preferred that the HealthySteps Specialist have a master's or doctoral level degree and is a licensed behavioral health professional. Please note that the degree and credentials of HealthySteps Specialist will have implications for future reimbursement and sustainability beyond the term of this grant. See Resources for Hiring and Orientation.*

Within six (6) months of the award, each site will be required to identify and/or hire a qualified individual as the HealthySteps Specialist. This position is required to be a full-time staff member of the designated site and cannot be subcontracted to another agency.

The HealthySteps Specialist is a required member of the clinic team. Therefore, this position must be maintained for the duration of this award. In the event of a HealthySteps Specialist vacancy, the site is solely responsible for the recruitment, orientation, and training of a qualified candidate to fulfill the HealthySteps Specialist role. All staff vacancies and fills must be reported to the OMH within thirty (30) days of status change.

Considerations for small practices that plan to partner:

In order to address the unique needs of small practices, the full-time HealthySteps Specialist can be shared between two (2) sites within the same health system. The HealthySteps program has flexibility and innovative solutions that can assist smaller practices. As stated previously, for small practices that plan to partner, the minimum *combined* panel size of

children ages 0-3 years is 100 and the maximum allowable combined panel size is 2,000.

As described in <u>Strategies for Implementing HealthySteps in Rural Areas/Small Practices</u>*Vii "Flexible scheduling requires the participating sites to attempt to schedule well-child visits for children birth to three on certain days of the week (or potentially less difficult, only scheduling visits for families needing Tier 3 services on certain days of the week) and the ability for HealthySteps Specialist to split time between sites that are in geographic proximity. This will also require office administrative staff to understand the HealthySteps Specialist's schedule and how to book visits."

In addition, the use of telehealth solutions may facilitate access to HealthySteps Specialists across shared sites. If this option is utilized, the practice must provide telehealth equipment and space, as well as staff training on using equipment.

For applications received who choose to use this option, if awarded, the funding will be split equally between the two (2) partnering sites. However, each practice must independently meet the eligibility criteria and attest to providing and maintaining all of the program requirements.

2. Supervision: Sites must incorporate the HealthySteps Specialist into the office routine, including providing both clinical reflective and logistical (administrative) supervision on at least a monthly basis.

For this RFA, reflective supervision is defined as an active, open conversation in which the HealthySteps Specialist reflects genuinely about successes, challenges, and potential areas for growth. Reflective supervision is an opportunity to obtain support and brainstorm with a supervisor or other colleagues who are part of the HealthySteps team.

- 3. A Physician Champion in the practice who actively supports the program's implementation and growth: A key element of successful implementation is having a physician be the 'champion' of the program and integrating the HealthySteps program into the medical practice. The Healthy Steps lead physician "champion" will guide and nurture the program throughout its implementation and development, as well as plan for sustainability within the medical practice. This person should have the authority to implement change and modify procedures within the practice. A nurse practitioner may be acceptable in this role but should be discussed with the HealthySteps National Office and OMH.
- **4. Office Space and Proximity:** The practice must commit to providing the HealthySteps Specialist with suitable space that is seamlessly integrated into the practice. This office must be within the medical office suite and be adequate to accommodate family meetings comfortably.
- 5. Implementation Team: The practice must establish a team with the required members, as specified in the HealthySteps Exploration Guide. xix This includes at minimum three (3) team members and includes the HealthySteps Specialist (E1), Physician Champion (E3), and typically the practice manager, and any other team members who can support the implementation process.

The Implementation Team will create a plan to participate in the <u>Virtual HealthySteps Institute</u> (<u>VHSI</u>)^{xx} sessions (including which staff will participate in each session), and participate in at least six (6) one-hour technical assistance calls in the first year following training.

6. Training and Technical Assistance: Each applicant must agree to full participation at the Virtual HealthySteps Institute (VHSI) and in other technical assistance and learning collaboratives activities over the course of this award.

To support the implementation of HealthySteps into pediatric and family medicine practices, participation in the national Virtual HealthySteps Institute is required.

"The VHSI is a blend of eLearning modules and live Zoom sessions designed to introduce practices to the HealthySteps program. It is divided into three units, each geared to different audiences. The first unit is geared towards the entire pediatric practice, the second to the site-specific implementation team, and the third towards HS Specialists and behavioral health providers."xxi

Following the Virtual HealthySteps Institute, six (6) Technical Assistance calls are provided to further assist the clinic team in implementing the program. The technical assistance will be tailored to the practice needs on specific components of the program.

Each successful applicant's Year 1 funding will include the full cost of the Virtual HealthySteps Institute and six (6) technical assistance calls. The successful applicant will pay the HealthySteps National Office directly prior to attending the Virtual HealthySteps Institute.

- **7. Affiliation**: The awardee must sign and execute affiliate and trademark license agreements with the HealthySteps National Office to implement HealthySteps. During the duration of the grant, the applicant must maintain their affiliation status.
- **8. Fidelity**: The awardee shall commit to meeting program fidelity requirements within three (3) years from Implementation, as outlined in the HealthySteps Fidelity Requirements Overview. ****
 Once the Network Affiliate Agreement is signed, sites will receive the full set of fidelity metrics.
- 9. Eight Core Components: Applicants must commit to the provision of the components of the HealthySteps program. HealthySteps is a risk-stratified population health model that includes eight (8) core components organized into three (3) tiers of service that are responsive to each family's needs. Families with higher needs receive more intensive services. For details, visit https://www.healthysteps.org/the-model.

All children ages 0-3 years (optional to age 5) in the practice will receive Tier 1 universal services. Sites use a risk-stratified approach to offer Tier 2 and Tier 3 services, as determined by need.

Smaller practices may choose to provide Tier 3 services to all families. Sites should identify and enroll children for Tier 3 services as early as possible, preferably by the 4-month wellness checkup, but no later than 18 months. Sites may choose to offer HealthySteps to children until the age of 5. Sites also have the option to include home visiting and parent groups as part of the model.

<u>Tiers and Core Components</u> are outlined based on the HealthySteps tiered risk-stratified approach:^{xxiii}

Tier 1. Universal Services

- 1. Child Developmental, Social-Emotional & Behavioral Screening
- 2. Screening for Family Needs (i.e., maternal depression, other risk factors, social determinants of health)
- 3. Child Development Support Line (e.g., phone, text, email, online portal)

Tier 2. Short-Term Supports (mild concerns)

- 4. Child Development & Behavior Consults
- 5. Care Coordination & Systems Navigation

- 6. Positive Parenting Guidance & Information
- 7. Early Learning Resources

Tier 3. Comprehensive Services (families most at risk)

8. Ongoing, Preventive Team-Based Well-Child Visits (WCV)

Additionally, as a part of Early Learning Resources, OMH-funded sites will be required to enroll in Reach Out & Read.

"Reach Out and Read is a national nonprofit that champions the positive effects of reading daily and engaging in other language-rich activities with young children. Reading together promotes healthy brain development, furthers language acquisition, and helps families build meaningful bonds." xxiv

- **10. Distribute Materials:** The HealthySteps Specialist will distribute written materials for parents that emphasize prevention and health promotion within the context of their relationships with family, pediatric, and community resources. The HealthySteps National Office offers many resources on its website for practices to share with their families.
- **11. Directory of referral sources and services:** The practice will support the HealthySteps Specialist's effort to create and maintain a directory of services and providers to which families are commonly referred. The office will assist with tracking referrals, ensuring linkages, and providing information to the families.
- 12. Health Equity and Culturally and Linguistic considerations for Appropriate Services in Health and HealthCare**: Practices must:
 - Ensure that policies and practices support health equity and foster disparity reduction.
 - Confirm that staff recruitment strategies consider the diversity (race/ethnicity, languages) of the populations being served.
 - Offer ongoing training opportunities that promote diversity and inclusion, which enhance treatment outcomes and promote health equity for all populations being served.
- **13. Learning Collaborative:** The HealthySteps Specialist, along with other staff (as required by OMH), will participate in a learning collaborative. The learning collaborative will be led by implementation experts during virtual platforms and/or individual site visit support. The learning collaborative will focus on implementation, billing strategies, sustainability planning, and processes. Participants will benefit from the learning community through networking, experiential learning, and information sharing of best practices.

There may be specific data collection as part of the learning collaborative. Sites may be asked to participate in additional surveys, questionnaires, or data collection that will help inform sustainability efforts, identify challenges, and serve as a collaborative opportunity to share lessons learned with the network of New York HealthySteps sites.

14. Reporting and Data Collection: Each HealthySteps site is required to track and report data and participate in program evaluation. \$25,000 will be available in Year 1 to help support sites in aligning their data systems with required site reporting, fidelity metrics, and quality improvement.

Tracking and process data will be reported quarterly to OMH. Failure to report timely information could result in funding delay and/or discontinuation of the contract.

The HealthySteps site will participate in the evaluation of the program implementation, which may include questionnaires, surveys, site visits, and interviews by OMH and the HealthySteps National Office.

In addition to providing data to OMH, sites must participate in National Office Annual Site Reporting and have the ability to track and report required metrics through their electronic medical record (EMR) or other data system.

Sites must provide OMH with copies of their HealthySteps National Office Annual Site Report Summary, fidelity status, and the date by which fidelity must be met upon receipt from the National Office. This information must be submitted to OMH on an annual basis.

Practices awarded OMH HealthySteps funding must have a quality, supervisory, and operational infrastructure to support submitting aggregate quarterly data to OMH. OMH will provide a secure survey format for quarterly aggregate data submission.

Data elements may include the number of children and caregivers served, screenings completed, and referrals made for all children 0-3 years in the practice (Tier 1); the numbers of services provided through HealthySteps for short-term needs (Tier 2); and the number of ongoing high need children (Tier 3). Screening data may include: number of screens, number of individuals screened, and number with an identified concerns in the following areas: child developmental, social/emotional/behavioral and autism; maternal depression; caregiver adverse childhood experiences; and family needs, such as: housing, food insecurity and interpersonal safety. Referral data may include referrals to Early Intervention, early care and education, and mental health (including caregiver/child dyadic treatment; and referrals for maternal depression and other family needs).

Practices will also be expected to work with OMH to submit individual level child and caregiver data from Electronic Medical Records (EMR) There are several purposes for individual level data submission including:

- Burden reduction on HealthySteps sites through OMH facilitation of HealthySteps National Office reporting requirements
- Provide data for enhanced outcome analyses including comparison groups to provide evidence for HealthySteps effectiveness necessary for ongoing program support and sustainable funding opportunities.

OMH will work with HealthySteps sites, including administrative, information technology and EMR personnel, to facilitate collection of the necessary data elements and secure EMR extraction methods. OMH will work with each site individually to create a plan for extraction.

F. Operating Funding

Up to 70 awards will be distributed through the 5 regions as described in Section I, with total funding of up to \$33,529,930 over five years. Funding for year 1 up to \$10,943,310, year 2 up to \$7,793,310, year 3 up to \$7,793,310, and years 4 and 5 up to \$3,500,000 each.

Each successful applicant will receive either \$111,333 or \$55,666 in year 1 for one (1) FTE HealthySteps Specialist Salary & Fringe, if partnering as a small site, \$55,666 for each partnering site. (See Table 1)

Subsequent funding per successful applicant is \$111,333 each in year 2 and year 3 to support the HealthySteps Specialist salary and \$50,000 each in years 4 and 5. This funding will be split evenly between partnering sites sharing one (1) FTE HealthySteps Specialist.

Additionally, each successful applicant will receive a Program Development Grant in a separate contract to cover the costs of the HealthySteps Virtual Training (a.) and Data System (b.) which is to be used within the first 15 months of the program. (See Table 2)

Table 1. Distribution of Award Funds per Site

Total	Total per site for all 5 Years	\$433,000	\$216,998
5	Total Year 5	\$50,000	\$25,000
Year	Year 5 Funding	\$50,000	\$25,000
4	Total Year 4	\$50,000	\$25,000
Year	Year 4 Funding	\$50,000	\$25,000
	Total Year 3	\$111,333	\$55,666
Year 3	1 FTE HealthySteps Specialist salary & fringe	\$111,333	\$55,666
	Total Year 2	\$111,333	\$55,666
Year 2	1 FTE HealthySteps Specialist salary & fringe	\$111,333	\$55,666
1	Total Year 1 (not including PDG Table 2)	\$111,333	\$55,666
Year	1 FTE HealthySteps Specialist salary & fringe	\$111,333	\$55,666
		Award per Individual Site	Award to each Partnered Site (c.)

Table 2. Program Development Grants per site

First 15	Virtual HealthySteps Institute	\$5,000, \$20,000, or \$12,500 (a.)
Months	Data System	\$25,000 or \$12,500 (b.)

a. Virtual HealthySteps Institute:

OMH funding includes the one-time cost of the mandatory training and technical assistance offered by the <u>Virtual HealthySteps Institute</u>. This training is designed to provide information that will prepare staff to implement the HealthySteps evidence-based program, followed by six (6) technical assistance (TA) calls.

The cost of the Virtual HealthySteps Institute is \$20,000 for the first site within a health system. Up to two (2) additional sites within the same health system cost \$5,000 each. If there are more than three (3) sites in the same healthcare system, the 4th site is \$20,000 and the 5th and 6th site are \$5,000 each. This continues similarly in groups of three (3) for sites within the same healthcare system. For partnering sites that apply to share one (1) FTE HealthySteps Specialist, training costs are \$12,500 per site. Sites will receive the amount needed to cover the full cost for the Virtual HealthySteps Institute. This determination will be made upon awarding of funds. Sites will be required to pay the HealthySteps National Office directly prior to attending the training.

b. Data System

Data System funding is \$25,000 per site and is to be used toward aligning data systems with the required site reporting, fidelity metrics, and quality improvement as required by the HealthySteps National Office. Partnering sites will split this funding at \$12,500 each. This funding is to be used within the first year.

c. Partnering Sites

Two (2) partnering sites' combined funding allocation will be split evenly between the two (2) sites. This funding in year 1 will include: the cost of one (1) shared FTE HealthySteps Specialist \$111,333 (\$55,666 for each partnered site). Training costs for two (2) sites totaling \$25,000 (\$12,500 for each partnered site), and Data System totaling \$25,000 (\$12,500 for each partnered site).

In Years 2 and 3, each partnering site will receive \$55,666 for one (1) shared FTE HealthySteps Specialist salary. In years 4 and 5, each site will receive \$25,000 to support the HealthySteps Specialist salary.

d. Administrative Costs

Up to 10% of the HealthySteps Specialist salary may be used towards Administrative Costs. The Program Development Grant funds for the Virtual HealthySteps Institute and the Data System are fixed costs and cannot be used toward Administrative Costs.

Funding beyond Year 1 and each subsequent year is contingent upon: the availability of funds, the site's meeting the established programmatic requirements, and the timely submission of quarterly reports, which include, but are not limited to the Program Requirements in Section E.

G. Method for Evaluating Applications

Designated OMH staff will review each application for completeness and verify that all eligibility criteria are met. The attestation process must be completed through the Program Specific Section of the Grants Gateway. If an application is not complete or does not meet the basic eligibility and participation standards as outlined in Sections 1 D and 1 E, it will be disqualified. Each Applicant must complete HealthySteps applicant information which is included in the Grants Gateway. All fields must be completed entirely. Failure to do so will result in disqualification.

H. Disqualification Factors

Designated staff will review each application for completeness and verify that all eligibility criteria are met. If an application is not complete or does not meet the basic eligibility standards, it will be eliminated from further review.

Additionally, during the application evaluation process, evaluators will also be reviewing eligibility criteria and confirming that they have been met. During the course of either of these review processes, applications that do not meet basic participation standards will be disqualified, specifically:

- Applications that do not meet the eligible applicant criteria as outlined in Section D.
- Applications that do not provide a completed HealthySteps Applicant Information Form
- Applications from eligible not-for-profit applicants who have not completed Vendor Prequalification, as described in Section 2 D below, by the application due date of 1:00 PM EST on 10/03/2023.

I. Process for Awarding Contracts

Initial Awards and Allocations

OMH will make up to 70 awards; the award distribution is intended to cover the five OMH regions. Completed applications, meeting all the required eligibility components as described in Section H, will be awarded (described below) and distributed as follows:

Each region, as described in Table 3 below, will begin with the designated number of available awards.

Table 3. Distribution of Awards per Region

Region and Counties	Number of Awards ²	Population (Under 5 years) ³
1. New York City (5 counties)	31 (44%)	533,128 (44%)
Bronx, Kings, New York, Queens, and Richmond		
2. Hudson River (16 counties)	12 (17%)	195,993 (17%)
Albany, Columbia, Dutchess, Greene, Orange,		
Putnam, Rensselaer, Rockland, Saratoga,		
Schenectady, Schoharie, Sullivan, Ulster, Warren,		
Washington, and Westchester		
3. Long Island (2 counties)	9 (13%)	159,362 (13%)
Nassau and Suffolk		
4. Western (19 counties)	9 (13%	157,713 (13%)
Allegany, Cattaraugus, Chautauqua, Chemung, Erie,		
Genesee, Livingston, Monroe, Niagara, Ontario,		
Orleans, Schuyler, Seneca, Steuben, Tioga,		
Tompkins, Wayne, Wyoming, and Yates		
5. Central (20 counties)	9 (13%)	149,795 (13%)
Broome, Cayuga, Chenango, Clinton, Cortland,		
Delaware, Essex, Fulton, Franklin, Hamilton,		
Herkimer, Jefferson, Madison, Montgomery, Lewis,		
Oneida, Onondaga, Oswego, Otsego, and St.		
Lawrence		
TOTAL (62 counties)	70 (100%)	1,185,992 (100%)

² Qualified sites that partner to share 1 FTE HealthySteps Specialist (see Sections 1 D and 1 E) will count as one of the 70 awards, although each of those sites will receive one award of an adjusted amount as described in Section 1 F:

³ Based on population distribution in each region of the percent of persons under 5 years. https://www.census.gov/quickfacts/US,

Successful applications within each region will be awarded based on the following prioritizations:

1. Poverty

a. Awards will be made to the following top 35 NYS counties with the highest percent of "Children ages 0-17 in poverty (2020)" Source: https://data.ers.usda.gov/reports.aspx?ID=17826. (See Table 4) One award will be made to an applicant in each county in the order listed in Table 4.

This will be repeated until 35 awards are made. This award will not exceed the distribution of awards per region as outlined in Table 3.

- b. If multiple applications are received from one county, the award will be made to the applicant whose site is physically located in the ZIP code with the highest Percent of Births: Medicaid or Self-pay*. Data Source: New York State County/ZIP Code Perinatal Data Profile 2018-2020⁴⁵
 - * Medicaid or Self-pay is defined as births to mothers whose primary financial coverage was Medicaid, PCAP, MOMS, Child Health Plus A, Medicaid Managed Care, or Family Health Plus OR births to mothers without health insurance.
- c. If multiple applications are received from the SAME ZIP code, the award will be made to the applicant with the largest panel size of children ages 0-3 years.

Table 4. NYS counties and percent of "Children ages 0-17 in poverty (2020)"

County	% 0-17 in poverty	County	% 0-17 in poverty
1. Bronx	30.6	19. Seneca	19.1
2. Franklin	25.0	20. Delaware	18.7
3. Rockland	25.0	21. St. Lawrence	18.4
4. Broome	23.8	22. Steuben	18.4
5, Kings	23.5	23. Erie	17.8
6. Yates	22.2	24. Jefferson	17.8
7. Cattaraugus	22.0	25. Oneida	17.7
8. Sullivan	21.3	26. Otsego	16.8
9. Allegany	21.0	27. Schuyler	16.8
10. Monroe	20.4	28. Lewis	16.7
11. Fulton	20.2	29. Herkimer	16.2
12. Montgomery	20.2	30. Greene	16.1
13. Chemung	20.1	31. Washington	16.1
14. Orleans	20.1	32. Columbia	16.0
15. Onondaga	19.6	33. Chenango	15.7
16. Chautauqua	19.4	34. Cortland	15.7
17. New York	19.3	35. Orange	15.7
18. Oswego	19.2		

⁴ Sites that do not have a ZIP code listed in the <u>New York State County/ZIP Code Perinatal Data Profile - 2018-2020.</u> will be assigned the Total Percent of Births: Medicaid or Self-Pay for the county where they are located.

⁵ For partnering sites located in different ZIP codes, the awards will be assigned to the site with the highest Percent of Births: Medicaid or Self-Pay as identified in <u>New York State County/ZIP Code Perinatal Data Profile - 2018-2020.</u>

2. NYS Counties with No HealthySteps sites:

- a. One award will be made to any remaining NYS counties that:
 - do not have an existing HealthySteps site or an anticipated HealthySteps site awarded from the OMH June 2022 HealthySteps RFA and/or the OMH Round Two 2022 (November 2022) RFA (See red font, Table 5):
 - AND were not awarded a site based on the poverty criteria above.
- b. If multiple applications are received from one county, the award will be made to the applicant whose site is physically located in the ZIP code with the highest Percent of Births: Medicaid or Self-pay*. Data Source: New York State County/ZIP Code Perinatal Data Profile 2018-2020⁶⁷
 - * Medicaid or Self-pay is defined as births to mothers whose primary financial coverage was Medicaid, PCAP, MOMS, Child Health Plus A, Medicaid Managed Care, or Family Health Plus OR births to mothers without health insurance.
- c. If multiple applications are received from the SAME ZIP code, the award will be made to the applicant with the largest panel size of children ages 0-3 years.

This award will not exceed the total distribution of awards per region as outlined in Table 3.

⁶ Sites that do not have a ZIP code listed in the <u>New York State County/ZIP Code Perinatal Data Profile - 2018-2020.</u> will be assigned the Total Percent of Births: Medicaid or Self-Pay for the county where they are located.

⁷ For partnering sites located in different ZIP codes, the awards will be assigned to the site with the highest Percent of Births: Medicaid or Self-Pay as identified in <u>New York State County/ZIP Code Perinatal Data Profile - 2018-2020.</u>

Table 5. County-based Distribution of Existing (E) NYS HealthySteps sites as of May 2023⁸ plus Anticipated (A) HealthySteps sites awarded from the OMH June 2022 HealthySteps RFA and HealthySteps Round Two 2022 (November 2022) RFA

	Region 1	(NYC)	
Bronx	7(E) / 7(A)	Queens	4 (E) / 5(A)
Kings	8(E) / 6(A)	Richmond	0
New York	9(E) / 5 (A)		
	Region 2 (Hud	dson River)	
Albany	1 (A)	Saratoga	0
Columbia	0	Schenectady	1(E)
Dutchess	0	Schoharie	0
Greene	0	Sullivan	0
Orange	0	Ulster	0
Putnam	0	Warren	0
Rensselaer	1(A)	Washington	0
Rockland	0	Westchester	2 E)
	Region 3 (Lo	ong Island)	
Nassau	5 (E)	Suffolk	1(A)
	Region 4 (Western)	
Allegany	0	Orleans	0
Cattaraugus	0	Schuyler	0
Chautauqua	2(E)	Seneca	0
Chemung	0	Steuben	0
Erie	6 (E) / 4(A)	Tioga	0
Genesee	0	Tompkins	0
Livingston	0	Wayne	1(A)
Monroe	2(E) / 1(A)	Wyoming	0
Niagara	0	Yates	0
Ontario	1(A)		
	Region 5 (·	
Broome	0	Herkimer	0
Cayuga	2(A)	Jefferson	1(A)
Chenango	0	Lewis	0
Clinton	2(E)	Madison	0
Cortland	0	Montgomery	0
Delaware	0	Oneida	1(A)
Essex	0	Onondaga	2(E) / 1(A)
Fulton	0	Oswego	0
Franklin	0	Otsego	0
Hamilton	0	St. Lawrence	0

 $^{^{8}\ \}underline{\text{https://www.healthysteps.org/who-we-are/the-healthysteps-network/healthysteps-practice-directory/}$

- 3. Region Saturation: Following county poverty and "no site" prioritization as outlined above, any remaining sites will be awarded on a first come first serve basis, until the award distribution per region is fulfilled (Table 3).
- 4. Region Redistribution: If the number of allocated awards (see Table 3) is not reached in a region by the RFA closing date of 10/03/2023, the remaining awards for that/those regions will be re-distributed across the other OMH regions. One award per region (in order of Region 1, Region 2, Region 3, Region 4, Region 5) selecting the applicant on a first come first serve basis. This will be repeated in the same order of one per region until all of the remaining 70 awards are distributed.
- 5. If more than one application has the same criterion as outlined above, the award will be determined on a first-come, first-serve basis. (For partnering sites, the first application received will determine the first-come, first-serve basis).

Applications must be submitted by 1:00 PM EST on 10/03/2023 and time stamped. Distribution of awards will continue as described until all available funds are utilized or by the RFA closing date of 10/03/2023, whichever comes first.

SECTION 2. Administrative Information

A. Designated Contact/Issuing Officer

OMH has assigned an Issuing Officer for this project. The Issuing Officer or designee shall be the sole point of contact regarding the RFA from the date of issuance of this RFA until the issuance of the Notice of Conditional Award. To avoid being deemed non-responsive, an applicant is restricted from making contact with any other personnel of OMH regarding this RFA. Certain findings of non-responsibility can result in rejection for a contract award. The Issuing Officer for this RFA is:

Carol Swiderski
Contract Management Specialist 2
New York State Office of Mental Health
Contracts and Claims
44 Holland Avenue, 7th Floor
Albany, NY 12229

OMHLocalProcurement@omh.ny.gov

B. RFA Questions and Clarifications

All questions or requests for clarifications concerning the RFA shall be submitted in writing to the Issuing Officer by email to OMHLocalProcurement@omh.ny.gov by 4:00 PM EST on the "Questions Due" date indicated in Section 1C and will be limited to addressing only those questions submitted by the deadline. No questions can be submitted or will be answered after this date. No questions will be answered by telephone or in person.

You must put "HealthySteps RFA" in the Subject Line.

The questions and official answers will be posted on the OMH website by 08/31/2023

C. Addenda to Requests for Application

In the event it becomes necessary to revise any part of the RFA during the application submission period, an addendum will be posted on the OMH website, the Grants Gateway and the NYS Contract Reporter.

It is the applicant's responsibility to periodically review the OMH website, the NYS Contract Reporter and Grants Gateway to learn of revisions or addendums to this RFA. No other notification will be given.

D. Grants Gateway Requirement (Applicable to not-for profits only)

Pursuant to the New York State Division of Budget Bulletin H-1032, dated June 7, 2013, New York State has instituted key reform initiatives to the grant contract process which require not-for-profits to register in the Grants Gateway and if **a not-for-profit entity**, complete the Prequalification process in order for applications to be evaluated and any resulting contracts executed.

Applications received from eligible **not-for-profit** applicants who have not been Prequalified by the application due date of 10/03/2023 cannot be evaluated; therefore, such Applications will be disqualified from further consideration. For-Profit applicants are exempt from Prequalification but must still Register with the Grants Gateway in order to submit applications and receive a contract if an award is made.

Please do not delay in beginning and completing the Prequalification process. The State reserves five (5) days to review submitted prequalification applications. Prequalification applications submitted to the State for review less than five (5) days prior to the RFA due date and time may not be considered. Applicants should not assume their prequalification information will be reviewed if they do not adhere to this timeframe.

E. Instructions for Bid Submission and Required Format

All applicants must be registered with the New York State Grants Gateway System and all Not-For-Profit agencies must be Prequalified prior to application submission.

If you are not already registered:

Registration forms are available at the GGS Website – https://grantsmanagement.ny.gov/register-your-organization

Include your SFS Vendor ID on the form; if you are a new vendor and do not have an SFS Vendor ID, include a Substitute for W-9 (with your signed, notarized registration (also available from website).

All registrations must include an Organization Chart in order to be processed. When you receive your login information, log in and change your password.

If you are an applicant, and have problems complying with this provision, please contact

the GGS Help Desk via email – <u>grantsgateway@its.ny.gov</u> – OR – by telephone: 518-474-5595.

How to Submit an Application

Applications must be submitted online via the <u>Grants Gateway</u> by the date and time posted in Section 1C. Tutorials (training videos) for use of the Grants Gateway (and upon user log in).

You must use Internet Explorer (11 or higher) to access the Grants Gateway.

To apply, log into the Grants Gateway as a Grantee, Grantee Contract Signatory or Grantee System Administrator and click on the View Opportunities button under View Available Opportunities. To get started, in the Search Criteria, enter the Grant Opportunity name provided on the cover page of this RFA, select the Office of Mental Health as the Funding Agency and hit the Search button. Click on the name of the Grant Opportunity from the search results grid and then click on the APPLY FOR GRANT OPPORTUNITY button located at the bottom left of the Main page of the Grant Opportunity.

In order to access the online application and other required documents such as the attachments, you MUST be registered and logged into the NYS Grants Gateway system in the user role of either a "Grantee: or a "Grantee Contract Signatory" or a "Grantee System Administrator".

The 'Grantee' role may ONLY Initiate and Save changes to the application such as add/update information to forms, upload documents while the user logged in as 'Grantee Contract Signatory' or a 'Grantee System Administrator' role can perform all the tasks of Grantee role and in addition, can SUBMIT the application to the State. When the application is ready for submission, click the 'Status Changes' tab, then click the 'Apply Status' button under "APPLICATION SUBMITTED" before the due date and time.

For further information on how to apply, and other information, please refer to the Vendor User Manual document.

Reference materials and videos are available for Grantees applying to funding opportunities on the NYS Grants Gateway. Please visit the Grantee Documents section on Grants Management website.

Late applications will not be accepted. Applications will not be accepted via fax, email, hard copy or hand delivery.

Helpful Links:

Grants Reform Videos:

http://www.youtube.com/channel/UCYnWskVc7B3ajjOVfOHL6UA

Grants Team Email (Application Completion, Policy and Registration Questions): grantsgateway@its.ny.gov or by phone at 5198-474-5595

F. Reserved Rights

OMH reserves the right to:

- Reject any or all applications received in response to the RFA that are deemed non-responsive or do not meet the minimum requirements or are determined to be otherwise unacceptable, in the agency's sole discretion;
- Withdraw the RFA at any time, at the agency's sole discretion;
- Make an award under the RFA in whole or in part;
- Disqualify an applicant whose conduct and/or application fails to conform to the requirements of this RFA
- Seek clarifications and revisions of applications for the purposes of assuring a full understanding of the responsiveness to this solicitation's requirements;
- Use application information obtained through the state's investigation of an applicant's qualifications, experience, ability or financial standing, and any material or information submitted by the applicant in response to the agency's request for clarifying information in the course of evaluation and/or selection under the RFA;
- Prior to the bid opening, direct applicants to submit application modifications addressing subsequent RFA amendments;
- Prior to the bid opening, amend the RFA specifications to correct errors or oversight, supply additional information, or extend any of the scheduled dates or requirements and provide notification to potential bidders via the OMH website, Grants Gateway and the New York State Contract Reporter;
- Eliminate any non-material specifications that cannot be complied with by all of the prospective applicants;
- Waive any requirements that are not material;
- Negotiate any aspect of the application with the successful applicant in order to ensure that the final agreement meets OMH objectives and is in the best interests of the State;
- Conduct contract negotiations with the next responsible applicant, should the agency be unsuccessful in negotiating with the selected applicant;
- Require clarification at any time during the procurement process and/or require correction of arithmetic or other apparent errors for the purpose of assuring a full and complete understanding of an applicant's application and/or to determine an applicant's compliance with the requirements of the solicitation; and,
- Cancel or modify contracts due to insufficiency of appropriations, cause, convenience, mutual consent, non-responsibility, or a "force majeure"
- Change any of the dates indicated in the Timeline

G. Debriefing

OMH will issue award and non-award notifications to all applicants. Non-awarded applicants may request a debriefing in writing requesting feedback on their own application, within 15 business days of the OMH dated letter. OMH will not offer debriefing to providers who receive an award. OMH will not offer ranking, statistical or

cost information of other applications until after the NYS Office of the State Comptroller has approved all awards under this RFA. Written debriefing requests may be sent to the Designated Contact/Issuing Officer as defined in Section 2.A.

H. Protests Related to the Solicitation Process

Protests based on errors or omissions in the solicitation process, which are or should have been apparent prior to the deadline for receipt of all written questions for this RFA, must be filed prior to the deadline of questions. In the event an applicant files a timely protest based on error or omission in the solicitation process, the Commissioner of OMH or their designee will review such protest and may, as appropriate, issue a written response or addendum to the RFA to be posted on the OMH website in the RFA/RFP section. Protests of an award decision must be filed within fifteen (15) business days after the notice of conditional award or five (5) business days from the date of the debriefing. The Commissioner or their designee will review the matter and issue a written decision within twenty (20) business days of receipt of protest.

All protests must be in writing and must clearly and fully state the legal and factual grounds for the protest and include all relevant documentation. The written documentation should clearly state reference to the RFA title and due date. Such protests must be submitted to:

New York State Office of Mental Health Commissioner Ann Marie T. Sullivan, M.D. 44 Holland Avenue Albany, NY 12229

I. Minority and Women Owned Business Enterprises

OMH recognizes its obligation to promote opportunities for maximum feasible participation of certified minority and women-owned business enterprises (MWBEs) and the employment of minority group members and women in the performance of OMH contracts. In accordance with New York State Executive Law Article 15-A, OMH expects that all contactors make a good-faith effort to utilize Minority and/or Women Owned Business Enterprises (M/WBE) on any award resulting from this solicitation in excess of \$25,000 for commodities and services or \$100,000 for construction.

With respect to MWBEs, each award recipient must document its good faith efforts to provide meaningful opportunities for participation by MWBEs as subcontractors and suppliers in the performance of the project to be described in each grant disbursement agreement and must agree that OMH may withhold payment pending receipt of the required MWBE documentation. The directory of MWBEs can be viewed at https://ny.newnycontracts.com. For guidance on how OMH will determine a contractor's "good faith efforts", refer to 5 NYCRR §142.8.

In accordance with 5 NYCRR § 142.13, each award recipient acknowledges that if it is

found to have willfully and intentionally failed to comply with the MWBE participation goals set forth herein and in its grant disbursement agreements, such finding constitutes a breach of contract and OMH may withhold payment from the award recipient as liquidated damages.

Such liquidated damages shall be calculated as an amount equaling the difference between: (1) all sums identified for payment to MWBEs had the award recipient achieved the contractual MWBE goals; and (2) all sums paid to MWBEs for work performed or material supplied under the grant disbursement agreement.

By applying, an Applicant agrees to demonstrate its good faith efforts to achieve its goals for the utilization of MWBEs by submitting evidence thereof in such form as OMH shall require. Additionally, an Applicant may be required to submit the following documents and information as evidence of compliance with the foregoing:

A. An MWBE Utilization Plan, which shall be submitted in conjunction with the execution of the grant disbursement agreement except as otherwise authorized by OMH. Any modifications or changes to the MWBE Utilization Plan after the execution of the grant disbursement agreement must be reported on a revised MWBE Utilization Plan and submitted to OMH.

OMH will review the submitted MWBE Utilization Plan and advise the award recipient of OMH acceptance or issue a notice of deficiency within 30 days of receipt.

B. If a notice of deficiency is issued, the award recipient will be required to respond to the notice of deficiency within seven (7) business days of receipt by submitting to OMH, a written remedy in response to the notice of deficiency. If the written remedy that is submitted is not timely or is found by OMH to be inadequate, OMH shall notify the award recipient and direct the award recipient to submit within five (5) business days, a request for a partial or total waiver of MWBE participation goals. Failure to file the waiver form in a timely manner may be grounds for disqualification of the bid or application.

OMH may refuse to enter into a grant disbursement agreement, or terminate an existing grant disbursement agreement resulting from this solicitation, under the following circumstances:

- a. If an award recipient fails to submit a MWBE Utilization Plan;
- b. If an award recipient fails to submit a written remedy to a notice of deficiency;
- c. If an award recipient fails to submit a request for waiver; or,
- d. If OMH determines that the award recipient has failed to document good faith efforts

The award recipient will be required to attempt to utilize, in good faith, any MBE or WBE identified within its MWBE Utilization Plan, during the performance of the project. Requests for a partial or total waiver of established goal requirements may be made at

any time during the term of the project but must be made no later than prior to the submission of a request for final payment under the grant disbursement agreement.

Each award recipient will be required to submit a Quarterly MWBE Contractor Compliance & Payment Report to OMH over the term of the project, in such form and at such time as OMH shall require, documenting the progress made toward achievement of the MWBE goals established for the project.

J. Participation Opportunities for New York State Certified Service-Disabled Veteran Owned Businesses

Article 17-B of the New York State Executive Law provides for more meaningful participation in public procurement by certified Service-Disabled Veteran-Owned Business (SDVOB), thereby further integrating such businesses into New York State's economy. OMH recognizes the need to promote the employment of service-disabled veterans and to ensure that certified service-disabled veteran-owned businesses have opportunities for maximum feasible participation in the performance of OMH contracts.

In recognition of the service and sacrifices made by service-disabled veterans and in recognition of their economic activity in doing business in New York State, applicants are expected to consider SDVOBs in the fulfillment of the requirements of the Contract. Such participation may be as subcontractors or suppliers, as proteges, or in other partnering or supporting roles.

OMH hereby establishes an overall goal of 0% for SDVOB participation, based on the current availability of qualified SDVOBs. For purposes of providing meaningful participation by SDVOBs, the Applicant/Contractor would reference the directory of New York State Certified SDVOBs found at https://ogs.ny.gov/Veterans. Additionally, following any resulting Contract execution, Contractor would be encouraged to contact the Office of General Services' Division of Service-Disabled Veterans' Business Development to discuss additional methods of maximizing participation by SDVOBs on the Contract.

It would be required that "good faith efforts" to provide meaningful participation by SDVOBs as subcontractors or suppliers in the performance of a resulting awarded Contract as documented.

K. Sexual Harassment Prevention Certification

State Finance Law Section 139_I requires applicants on state procurements to certify that they have a written policy addressing sexual harassment prevention in the workplace and provide annual sexual harassment training (that meets the Department of Labor's model policy and training standards) to all its employees. Bids that do not contain the certification may not be considered for award; provided however, that if the applicant cannot make the certification, the applicant may provide a statement with their bid detailing the reasons why the certification cannot be made. A template certification document is being provided as part of this RFA. Applicants must complete and return the certification with their application or provide a statement detailing why the certification cannot be made.

L. NYS and OMH Policies

The applicant/contractor must agree to comply with all applicable New York State and OMH policies, procedures, regulations and directives throughout the term of the contract.

M. Contract Term

The contracts awarded in response to this RFA will be for a five-year term. Selected applicants awarded a contract under this RFA will be required to adhere to all terms and conditions in OMH's Master Grant Contract.

N. Contract Termination and Reassignment

There are a number of factors that may result in the contract being terminated and/or reassigned. This includes, but is not limited to, failure to meet to maintain eligibility requirements throughout the contract period; failure to maintain staffing and/or program model; failure to meet and maintain program components; failure to meet required reporting requirements; failure to meet fidelity requirements within three years from implementation. A contractor will be provided notification if there is need for reassignment.

To reassign the contract, OMH will go to the next highest ranked application for that county. If there are no agencies left with a passing score, OMH will go to the top of the list and work its way down the list to reassign the contract.

Citations

https://www.cdc.gov/violenceprevention/pdf/preventingACES.pdf

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^x CDC. Center for Disease Control. Adverse Childhood Prevention Strategy. <u>Adverse Childhood Experiences Prevention Strategy (cdc.gov)</u>

xi Centers for Disease Control and Prevention (2019). Preventing Adverse Childhood Experiences: Leveraging the Best Available Evidence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

https://www.cdc.gov/violenceprevention/pdf/preventingACES.pdf

xii Adverse Childhood Experiences (ACEs). Preventing early trauma to improve adult health. CDC Vital Signs https://www.cdc.gov/vitalsigns/ACEs/

xiii CDC. Center for Disease Control. Adverse Childhood Prevention Strategy. Adverse

Childhood Experiences Prevention Strategy (cdc.gov)

xvii Strategies to Deliver HealthySteps to Children and Families in Rural and Small Pediatric Primary Care Practices. https://www.healthysteps.org/wp-

content/uploads/2021/06/HealthySteps at Rural or Small Practices 2021.pdf

xviii HealthySteps. FAQs. What is required to Become a HealthySteps Site.

https://www.healthysteps.org/get-started/become-a-healthysteps-site/fag/

- xix HealthySteps Exploration Guide. What You Should Know Before You Begin Your HealthySteps Journey. https://www.healthysteps.org/wp-content/uploads/2022/01/E_HS-Exploration-Guide.pdf
- xx HealthySteps. Virtual Healthy Steps Institute. Virtual HealthySteps Institute HealthySteps
- xxi HealthySteps. Funding Opportunities for California Practices Request for Proposals Detailed Information & Supplemental Materials

https://www.healthysteps.org/resource/funding-opportunities-for-california-practices-rfp-supplemental-materials/

xxii HealthySteps. HealthySteps Fidelity Requirements Overview. <u>HS-Fidelity-Requirements.pdf</u> (healthysteps.org)

xxiii HealthySteps. Tiers and Core Components. Tiers and Core Components - HealthySteps

xxiv Reach Out & Read. About - Reach Out & Read

xxv https://thinkculturalhealth.hhs.gov/assets/pdfs/EnhancedNationalCLASStandards.pdf

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ⁱ Zero to Three HealthySteps: https://www.healthysteps.org/

iiReach Out and Read. https://reachoutandread.org/

iiiThe Healthy Steps for Young Children Program National Evaluation. https://ztt-healthysteps.s3.amazonaws.com/documents/139/attachments/2003 HS National Evaluation Report.pdf?1 539967

iv HealthySteps Evidence Summary 2021 Final. https://www.healthysteps.org/resource/healthysteps-outcomes-summary/

^v SAMHSA. Substance Abuse and Mental Health Services Administration. Understanding Childhood Trauma. https://www.samhsa.gov/child-trauma/understanding-child-trauma

vi NCTSN. The National Childhood Traumatic Stress Network. https://www.nctsn.org/trauma-informed-care/trauma-informed-systems/healthcare/essential-elements

vii Project TEACH. https://projectteachny.org/

viii Centers for Disease Control and Prevention (2019). Preventing Adverse Childhood Experiences: Leveraging the Best Available Evidence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

xiv HealthySteps. Recommended Screening Strategies.

xv HealthySteps. ACES Screening Resources. https://www.healthysteps.org/resource/aces-screening-resources/

xvi HealthySteps. Resources for Hiring and Orientation. https://www.healthysteps.org/resource/resources-for-hiring-and-orientation/