

# MONTGOMERY COUNTY GUIDE

CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



**SPRING 2022**



## FROM THE CHAIR

Spring 2022



Montgomery Parks asked hundreds of residents what parks mean to them and what they would like to see in the park system in the future, and we are excited to share the results!

From surveys of more than 800 households, 93 percent of respondents told us they greatly value parks and recreation amenities. Here's some of what we learned:

- People want more recreational amenities, especially for seniors and teenagers
- Physical activity and exercise are extremely important
- People crave opportunities for social gathering and volunteerism
- Trails are highly valued amenities, and
- Conservation and natural resources are of great importance.

You can read the full report online at [MontgomeryParks.org/poweredbyparks](https://MontgomeryParks.org/poweredbyparks). We'll be using this data to improve our amenities and programs to provide even more opportunities for people to connect, socialize and recreate. We want to make sure that parks help give people opportunities to live their best lives.

Whether it's discovering a new park, playground or program, or simply gathering with your friends, family and neighbors at a picnic shelter or hiking a trail, there is something for everyone in Montgomery Parks. I hope you'll take advantage of this guide to help find the park programs and facilities that are right for you.

Wishing you a healthy and safe spring,

Casey Anderson  
Chair, Montgomery County Planning Board and  
Maryland-National Capital Park and Planning  
Commission







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## REGISTRATION OPENS

**Monday, February 14 for Spring programs**

**Wednesday, February 23 for Ice Skating, Tennis and Hockey classes.**

*Registration for all sessions is open to Montgomery County residents on first date shown; next day registration is open to all.*

Programs are subject to change.  
For the most up-to-date listings visit:

**MontgomeryParks.org**



# MONTGOMERY PARKS DIRECTORY

## ATHLETIC FIELDS

To reserve an outdoor athletic field contact the Office of Community Use of Public Facilities • 240-777-2725 • [MontgomeryCountyMD.gov/CUPF](https://www.MontgomeryCountyMD.gov/CUPF)

## ARCHERY

**South Germantown Recreational Park**  
18045 Central Park Circle, Boyds, MD 20841

**Rock Creek Regional Park**  
5700 Needwood Lake Circle Rockville, MD 20855

## BASKETBALL, TENNIS & PICKLEBALL COURTS (OUTDOOR)


Visit [montgomeryparks.org/sports](https://www.montgomeryparks.org/sports) for a list of outdoor courts. Courts are available to use on a first-come, first-served basis. To reserve an outdoor court • 301-495-2525 • [ParkPermits.org](https://www.ParkPermits.org)

## BOATING & FISHING

**Black Hill Boats**  
20920 Lake Ridge Drive, Boyds, MD 20841  
301-528-3466 • [BlackHillBoats.org](https://www.BlackHillBoats.org)

**Lake Needwood Boats**  
15700 Needwood Lake Circle, Rockville, MD 20855  
301-563-7540 • [LakeNeedwoodBoats.org](https://www.LakeNeedwoodBoats.org)

## CAMPING

**Little Bennett Campground**   
23705 Frederick Road, Clarksburg, MD 20871  
301-528-3430 • [LittleBennettCampground.org](https://www.LittleBennettCampground.org)

**Robert C. McDonell Campground**  
7701 Tuckerman Lane Rockville, MD 20854  
301-495-2525 • [ParkPermits.org](https://www.ParkPermits.org)

## CAROUSEL

**Ovid Hazen Wells Carousel**  
2002 Shorefield Road, Wheaton, MD 20902  
[WheatonTrainandCarousel.org](https://www.WheatonTrainandCarousel.org)

## COMMUNITY GARDENS

Visit [montgomeryparks.org/community-gardens](https://www.montgomeryparks.org/community-gardens) for information

## CULTURAL & HISTORIC ATTRACTIONS

Visit [HistoryintheParks.org](https://www.HistoryintheParks.org) for more information and sites.

**Agricultural History Farm Park**  
18400 Muncaster Road, Derwood, MD 20855 • 301-840-5120

**Josiah Henson Museum & Park**  
11410 Old Georgetown Road, North Bethesda, MD 20852 • 301-765-8790

**Oakley Cabin African American Museum**  
3610 Brookeville Road, Olney, MD 20832 • 301-650-4373

**Underground Railroad Experience Trail**  
16501 Norwood Road, Sandy Spring, MD 20860 • 301-929-5989

**Woodlawn Manor Cultural Park**  
16501 Norwood Road, Sandy Spring, MD 20860 • 301-929-5989

## DOG PARKS

**Black Hill Regional Park Dog Park**  
20930 Lake Ridge Drive, Boyds, MD 20841  
On Picnic Lane, SE of boat rentals on Lake Ridge Dr.

**Cabin John Regional Park Dog Park**  
7400 Tuckerman Lane, Bethesda, MD 20817

**Dewey Local Park Dog Park**  
1720 Dewey Road Silver Spring, MD 20906

**Ellsworth Urban Park Dog Park**  
621 Ellsworth Drive, Silver Spring, MD 20910

**Olney Manor Recreational Park Dog Park**  
16601 Georgia Avenue, Olney, MD 20832

**Ridge Road Recreational Park Dog Park**  
21155 Frederick Road, Germantown, MD 20876

**Wheaton Regional Park Dog Park**  
11710 Orebaugh Avenue, Wheaton, MD 20902

## DRIVING RANGE/GOLF

**South Germantown Driving Range**   
18045 Central Park Circle, Boyds, MD 20841  
301-670-4670 • [SGDrivingRange.com](https://www.SGDrivingRange.com)

## EVENT CENTERS


*Montgomery Parks Event Centers are the natural choice for a wedding, anniversary, family reunion, retirement party, business meeting or retreat!*

**Brookside Gardens**  
1800 Glenallan Avenue, Wheaton, MD 20902  
301-962-1404 • [Event.Manager@MontgomeryParks.org](mailto:Event.Manager@MontgomeryParks.org)  
[ParkEventCenters.org](https://www.ParkEventCenters.org) or [BrooksideGardens.org](https://www.BrooksideGardens.org)

**Seneca Lodge**  
14500-A Clopper Road, Boyds, MD 20841  
301-528-6010 • [SenecaLodge@MontgomeryParks.org](mailto:SenecaLodge@MontgomeryParks.org)  
[ParkEventCenters.org](https://www.ParkEventCenters.org) or [LodgeatSeneca.org](https://www.LodgeatSeneca.org)

**Rockwood Manor**  
11001 MacArthur Boulevard, Potomac, MD 20854  
301-563-7510 • [RockwoodManor@MontgomeryParks.org](mailto:RockwoodManor@MontgomeryParks.org)  
[ParkEventCenters.org](https://www.ParkEventCenters.org) or [RockwoodManor.org](https://www.RockwoodManor.org)

## GARDENS

**Brookside Gardens**   
1800 Glenallan Avenue, Wheaton, MD 20902  
301-962-1400 general information • 301-962-1404 event rentals  
[BrooksideGardens.org](https://www.BrooksideGardens.org)

**McCrillis Gardens**  
6910 Greentree Road, Bethesda, MD 20817  
301-962-1455 • [McCrillisGardens.org](https://www.McCrillisGardens.org)

## GOLF

*Golf courses are operated by the Montgomery County Revenue Authority. Visit [www.MCGGolf.com](https://www.MCGGolf.com) for information.*

**Little Bennett Golf Course**  
25900 Prescott Road Clarksburg, Maryland 20871  
301-253-1515 • [mcggolf.com/courses/little-bennett](https://www.mcggolf.com/courses/little-bennett)

**Needwood Golf Course**  
6724 Needwood Road Derwood, MD 20855  
301-948-1075 • [mcggolf.com/courses/needwood](https://www.mcggolf.com/courses/needwood)

**Northwest Park Golf Course**  
15711 Layhill Road Silver Spring, MD 20906  
301-598-6100 • [mcggolf.com/courses/northwest](https://www.mcggolf.com/courses/northwest)

**Sligo Creek Golf Course**  
9701 Sligo Creek Parkway Silver Spring, MD 20901  
301-585-6006 • [mcggolf.com/courses/sligo-creek](https://www.mcggolf.com/courses/sligo-creek)

## HORSEBACK RIDING & STABLES

*Equestrian facilities are managed by private operators through partnerships with M-NCPPC*

### Callithea Farm Park

15000 River Road Potomac, MD 20854  
301-977-8010

### Meadowbrook Riding Stables

8200 Meadowbrook Ln., Chevy Chase, MD 20815  
301-589-9026 • [MeadowbrookStables.org](https://MeadowbrookStables.org)

### Potomac Horse Center

14211 Quince Orchard Rd., N. Potomac, MD 20878

### Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841  
301-349-0075 • [GreatandSmallRide.org](https://GreatandSmallRide.org)

### Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902  
301-622-2424 • [WheatonParkStables.com](https://WheatonParkStables.com)

### Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839  
301-495-2525 • [ParkPermits.org](https://ParkPermits.org)

## ICE SKATING

### Cabin John Ice Rink **AM**

10610 Westlake Drive, Rockville, MD 20852  
301-765-8620 • [CabinJohnIce.org](https://CabinJohnIce.org)

### Wheaton Ice Arena **AM**

11717 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3000 • [WheatonIceArena.org](https://WheatonIceArena.org)

## MINIATURE GOLF

### South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680 • [SplashandGolf.com](https://SplashandGolf.com)

## NATURE CENTERS

### Black Hill Visitor Center **AM**

20926 Lake Ridge Drive, Boyds, MD 20841  
301-528-3492 • [BlackHillNature.org](https://BlackHillNature.org)

### Brookside Nature Center **AM**

1400 Glenallen Avenue, Wheaton, MD 20902  
301-962-1480 • [BrooksideNature.org](https://BrooksideNature.org)

### Locust Grove Nature Center **AM**

7777 Democracy Boulevard, Bethesda, MD 20817  
301-765-8660 • [LocustGroveNature.org](https://LocustGroveNature.org)

### Maydale Nature Classroom **AM**

1638 Maydale Drive, Colesville, MD 20905  
301-962-1496 • [MaydaleNature.org](https://MaydaleNature.org)

### Meadowside Nature Center **AM**

5100 Meadowside Lane, Rockville, MD 20855  
301-258-4030 • [MeadowsideNature.org](https://MeadowsideNature.org)

## PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [ParkPermits.org](https://ParkPermits.org) for rental information

## SKATING & BMX

### In-line Hockey Rink

#### Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

#### Ridge Road Recreational Park

21155, Frederick Road Germantown, MD 20876

#### Mountain Bike and BMX Pump Track

#### South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841

#### Skate Park

#### Olney Manor Skate Park

16601 Georgia Avenue, Olney, MD 20832

#### Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

#### Woodside Urban Park

8800 Georgia Avenue Silver Spring, MD 20910

## SPLASH PARK

### South Germantown SplashPark **AM**

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680 • [SplashandGolf.com](https://SplashandGolf.com)

## TENNIS (INDOOR)

### Pauline Betz Addie Tennis Center **AM**

7801 Democracy Boulevard, Bethesda, MD 20817  
301-765-8650 • [CabinJohnTennis.org](https://CabinJohnTennis.org)

### Wheaton Indoor Tennis **AM**

11715 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3030 • [WheatonTennis.org](https://WheatonTennis.org)

### Montgomery TennisPlex\*

18010 Central Park Circle, Boyds, MD 20841  
240-477-4430 • [MontgomeryTennisPlex.com](https://MontgomeryTennisPlex.com)

\* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.

## TRAILS

Visit [mocoparks.org/Trails](https://mocoparks.org/Trails) for maps and detailed information about the more than 200 miles of trails in Montgomery Parks.

## TRAINS (MINIATURE)

### Cabin John Miniature Train **AM**

7410 Tuckerman Lane, Rockville, MD 20852  
301-765-8670 • 301-650-2880 party rentals  
[CabinJohnTrain.org](https://CabinJohnTrain.org)

### Wheaton Train and Carousel **AM**

2002 Shorefield Road, Wheaton, MD 20902  
301-563-7545 • 301-650-2880 party rentals  
[WheatonTrainandCarousel.org](https://WheatonTrainandCarousel.org)

## TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

### Wheaton Sports Pavilion **AM**

11751 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3070 • [WheatonSportsPavilion.org](https://WheatonSportsPavilion.org)

## CONTACT INFORMATION

### Montgomery Parks Headquarters

2425 Reedie Drive, Wheaton, MD 20902  
W: [MontgomeryParks.org](https://MontgomeryParks.org)

### For the latest news and information follow

@MontgomeryParks on Facebook, Twitter, LinkedIn, and Instagram

### For general park information or to report maintenance requests or concerns:

P: 301-495-2595

E: [Info@MontgomeryParks.org](mailto:Info@MontgomeryParks.org)

W: [MontgomeryParks.org/Customer](https://MontgomeryParks.org/Customer)

### For permits & rentals:

P: 301-495-2525

E: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org)

W: [ParkPermits.org](https://ParkPermits.org)

### For volunteer opportunities:

W: [ParksVolunteers.org](https://ParksVolunteers.org)

### For up-to-date field and trail information:

RainoutLine

P: 301-579-5610 Athletic Fields

P: 240-270-0008 Trail Conditions

W: [montgomeryparks.org/rainoutline](https://montgomeryparks.org/rainoutline)

### To contact Park Police:

P: 301-949-8010, emergency call 911

W: [ParkPolice.org](https://ParkPolice.org)

Twitter: @ParkPolice

## ACCESSIBILITY

### Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

P: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

E: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)

W: [montgomeryparks.org/accessibility](https://montgomeryparks.org/accessibility)







ActiveMONTGOMERY is a collaborative registration and reservation system for Montgomery Parks, Montgomery County Recreation, and Community Use of Public Facilities office.

**On February 14, ActiveMONTGOMERY will launch a new and improved website.**

**What you need to know:**

- You must set up a new ActiveMONTGOMERY account on the new website:  
**[bit.ly/ActiveMontgomery](https://bit.ly/ActiveMontgomery)**
- You may set up your account beginning February 4. Setting up your new account should take about five minutes.
- If you are currently registered on ActiveMONTGOMERY you will receive an email with a link to the new website and details that explain how to set up a new account on February 4.
- Set up your new account between February 4 and February 13, so you are ready when registration opens.
- Help Link: **[bit.ly/HowToActiveMONTGOMERY](https://bit.ly/HowToActiveMONTGOMERY)**

## REGISTRATION DATES

**Spring Programs: February 14**

**Summer Camps: February 22**

**Ice/Tennis Programs: February 23**

**Athletic Fields: March 1**

## WAYS TO REGISTER

### Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY.org](https://ActiveMONTGOMERY.org)

### By Mail

Fill out and sign the registration form and mail it to:  
ActiveMONTGOMERY  
2425 Reddie Drive, 10th Floor  
Wheaton, MD 20902

**In-person registration is currently suspended.**

### Questions?

Call 301-495-2580

Monday - Friday, 8:30 a.m. – 4:30 p.m.

[info@ActiveMONTGOMERY.org](mailto:info@ActiveMONTGOMERY.org)



# VOLUNTEER IN PARKS *Naturally!*

## Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you'll love volunteering with us too. Check out some of our Spring opportunities below, and go to **ParksVolunteers.org** to see all of our most up-to-date postings! Be on the lookout for special volunteer events for Earth Month!

Notice: All volunteers must show proof of being fully vaccinated.  
Changing COVID-19 guidelines may affect certain  
volunteer opportunities.

*Thank you  
for all you do.*

- ★ *Help keep our parks clean, accessible and non-native invasive plant free at one of these workdays!* Park Cleanups, Trail Workdays, Weed Warrior Workdays
- ★ *Crop Production Volunteers*  
Help us this spring with growing food crops at Pope Farm Nursery to address food insecurities in Montgomery County!
- ★ *Nature Center Hosts*  
Welcome visitors to our Nature Centers with a smile and information that will help them enjoy our trails, facilities and programs.
- ★ *Nature Center Gardeners*  
Spring is coming and our native gardens are waking up! Gardeners help keep them attractive and appealing to park visitors and pollinators alike.

### LONG TERM

- ★ *Kingsley School House Docents, Little Bennett*  
Assist our “schoolmaster” showing what learning was like in the past at our historic Schoolhouse
- ★ *Oakley Cabin Docents, Brookeville*  
Give tours of our cabin that was home to free African Americans from Emancipation to the 20th century
- ★ *Stream Striders, Watershed Cleanup Leaders – Spring Training*  
Teach groups about why it is important to keep our parks and streams litter free
- ★ *Instructional Ice Skating Aides, Cabin John and Wheaton Ice Arenas*  
Assist instructors and be an extra pair of hands for group lessons – skating experience required

*We ♥ our  
volunteers!*





# Trails open? Game on?

## Montgomery Parks has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

- ❶ **Phone:** Trail Conditions: 240.270.0008 or Athletic Field Status: 301.579.5610
- ❷ **Online:** Go to [MontgomeryParks.org/RainoutLine](https://MontgomeryParks.org/RainoutLine).
- ❸ **App:** Download the free mobile app for your smartphone.

[MontgomeryParks.org/RainoutLine](https://MontgomeryParks.org/RainoutLine)





# Montgomery Parks... the perfect place to gather!



Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



For more information, scan the QR code or go to [ParkPermits.org](http://ParkPermits.org).

BIRTHDAY PARTIES • BUSINESS MEETINGS • RECEPTIONS • REUNIONS • NEIGHBORHOOD GATHERINGS

## Contact the Park Permits Office for rental information

P: Monday-Friday, 8:30am-5pm | 301.495.2525

E: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org) | W: [ParkPermits.org](http://ParkPermits.org)

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



[MontgomeryParks.org](http://MontgomeryParks.org)



MONTGOMERY PARKS

# AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open dawn to dusk daily.

See the past, present, and future of Montgomery County farming at the **Agricultural History Farm Park**. This scenic 455 acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals. Get a unique perspective on the county's rich farming heritage while visiting the park. Park is open daily, sunrise to sunset. Visit our website at **AgHistoryFarm.org** for current programming and event information.



## Monthly Programs Return in March

### Little Farmer's Storytime

Join us for a new story each month, a take-home activity, and free time to explore the farm.

*Last Tuesday of each month*

### Sensory Sundays

Experience a special time at the Farm Park that will engage - but not overstimulate - all the senses! Meet our resident livestock, explore the gardens, and revel in the tranquility of a morning on the farm.

*Last Sunday of each month*

## AGRICULTURAL HISTORY FARM PARK

18400 Muncaster Road | Derwood, MD 20855  
301.467.8273 | [AgHistoryFarm.org](http://AgHistoryFarm.org)





MONTGOMERY PARKS

WALK-INS WELCOME

# Josiah Henson Museum & Park



**Admission required. Tickets available onsite and at [ACTIVEMONTGOMERY.org](https://www.ACTIVEMONTGOMERY.org)**  
**Open Friday through Sunday | 10 am - 4 pm**



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit **[JosiahHenson.org](https://www.JosiahHenson.org)** for program and event information.



## JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road  
North Bethesda, Maryland 20852

301.765.8790 | [JosiahHenson.org](https://www.JosiahHenson.org)

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH  
HENSON  
MUSEUM  
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)  
Non-Discrimination: [MontgomeryParks.org/about/parks/](https://www.MontgomeryParks.org/about/parks/)

[facebook.com/josiahhensonmuseum](https://www.facebook.com/josiahhensonmuseum) [@MontgomeryParks](https://www.instagram.com/MontgomeryParks)



A photograph of a historic log cabin with a stone chimney and a wooden porch, surrounded by trees with autumn foliage. The cabin is built with horizontal log staves and has a steep gabled roof. A stone chimney is on the left side. A wooden porch with a railing is on the right side. The cabin is surrounded by a grassy field and trees with autumn foliage. The sky is blue with some clouds.

MONTGOMERY PARKS

**OPEN IN SPRING!**

# Oakley Cabin

## African American Museum & Park

Explore the rich history of Oakley Cabin's African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history. At the center of this site is Oakley Cabin, now serves as a living history museum.

Visit our website at **[OakleyCabin.org](http://OakleyCabin.org)** for current programming and event information.

### **BECOME A VOLUNTEER TOUR GUIDE!**

Share your love of history, the great outdoors, and agriculture with visitors of all ages.  
Volunteer opportunities meet SSL requirements. FREE training provided.  
Register online at **[HistoryInTheParks.org](http://HistoryInTheParks.org)**.

### **OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK**

3610 Brookeville Road | Olney, MD 20832  
**[HistoryInTheParks.org](http://HistoryInTheParks.org)** | 301-650-4373





MONTGOMERY PARKS

# WOODLAWN MANOR CULTURAL PARK

Park grounds and trails open dawn to dusk daily.

Explore history by hiking the Underground Railroad Experience Trail, or walk the peaceful and historic park grounds. Park is open sunrise to sunset. Visit our website at **WoodlawnManor.org** for current programming and event information.



## WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

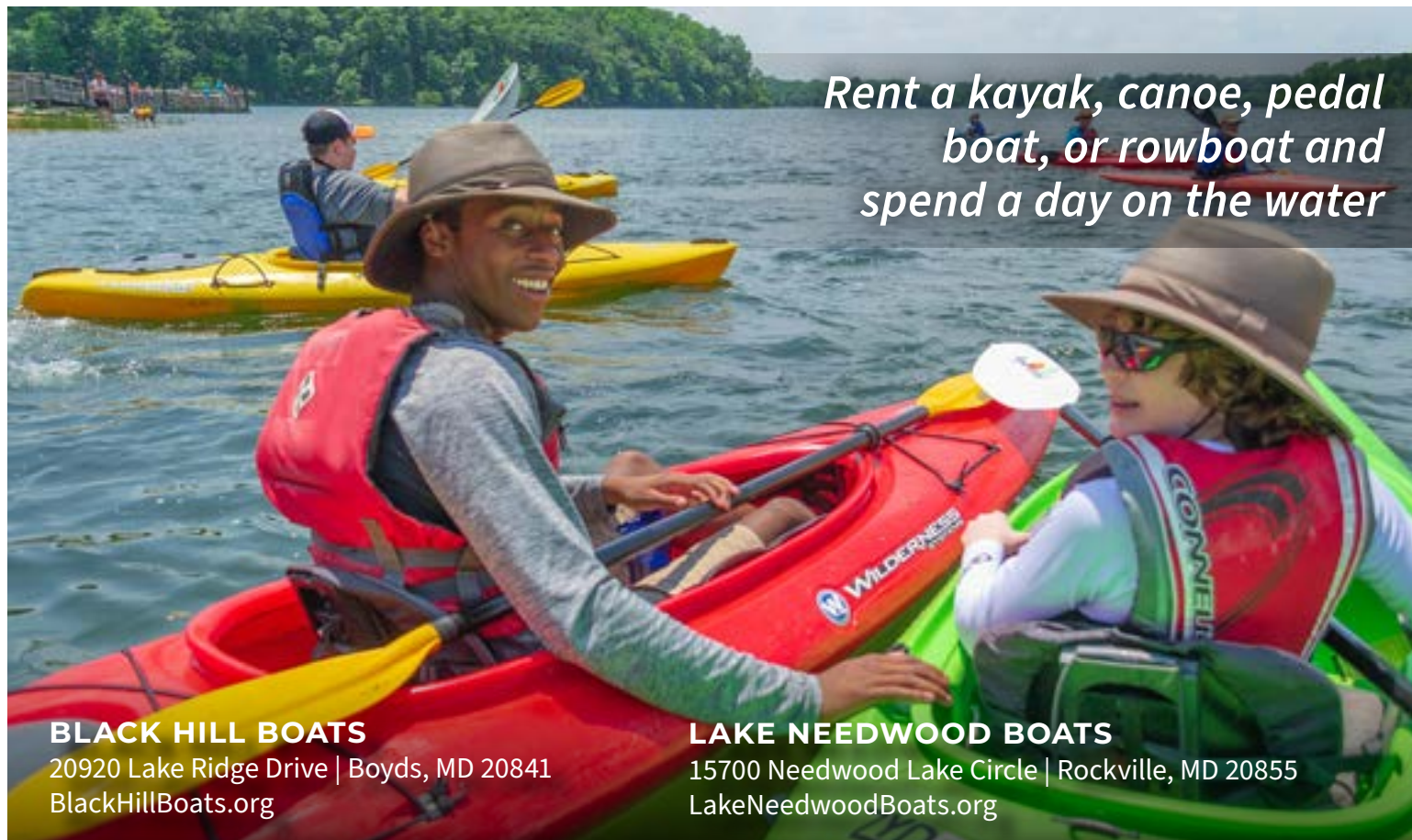
301.929.5289 | [WoodlawnManor.org](http://WoodlawnManor.org)



WOODLAWN MANOR  
CULTURAL PARK







*Rent a kayak, canoe, pedal  
boat, or rowboat and  
spend a day on the water*

**BLACK HILL BOATS**

20920 Lake Ridge Drive | Boyds, MD 20841  
[BlackHillBoats.org](http://BlackHillBoats.org)

**LAKE NEEDWOOD BOATS**

15700 Needwood Lake Circle | Rockville, MD 20855  
[LakeNeedwoodBoats.org](http://LakeNeedwoodBoats.org)

★ **OPENING MEMORIAL DAY WEEKEND** ★



*Cool off in the 280-jet water  
maze or challenge yourself  
to a round of miniature golf*

**SOUTH GERMANTOWN SPLASHPARK & MINIGOLF**

18056 Central Park Circle | Boyds, MD 20841  
[SplashandGolf.com](http://SplashandGolf.com)





# The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



## **BROOKSIDE GARDENS**

*50 acres of stunning garden areas*

1800 Glenallan Avenue | Wheaton, MD 20902  
301.962.1404 | [BrooksideGardens.org](http://BrooksideGardens.org)  
[event.manager@montgomeryparks.org](mailto:event.manager@montgomeryparks.org)



Brookside Gardens

## **THE LODGE AT LITTLE SENECA CREEK**

*Rustic charm and beautiful panoramic views*

14500-A Clopper Road | Boyds, MD 20841  
301.670.3282 | [LodgeatSeneca.org](http://LodgeatSeneca.org)  
[senecalodge@montgomeryparks.org](mailto:senecalodge@montgomeryparks.org)



The Lodge at Little Seneca Creek

## **ROCKWOOD MANOR**

*Serene estate just six minutes from the Capital Beltway*

11001 MacArthur Boulevard | Potomac, MD 20854  
301.563.7510 | [RockwoodManor.org](http://RockwoodManor.org)  
[rockwoodmanor@montgomeryparks.org](mailto:rockwoodmanor@montgomeryparks.org)



Rockwood Manor

[ParkEventCenters.org](http://ParkEventCenters.org)





# *Brookside* GARDENS



## **BROOKSIDE GARDENS**

1800 Glenallan Avenue | Wheaton, MD 20902  
301.962.1400  
[BrooksideGardens.org](https://BrooksideGardens.org)



## EARLY CHILDHOOD AND PRESCHOOL

### Spring Yoga Sprouts!

Embrace the beautiful setting of Brookside Gardens with your young toddler, child and family members. This series of fun and garden-related yoga movement, physical exercise and mindfulness will awaken your senses, boost your energy and give you good garden vibes to start your day! Classes are planned to be held outdoors and socially distanced. Cancelled in case of inclement weather. Bring your own mat or borrow one of ours!

*Brookside Gardens*

[Click to Register](#)

Apr 23	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100001</a>
Apr 30	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100002</a>
May 7	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100003</a>
May 14	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100004</a>
May 21	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100005</a>
May 28	Sat	10:30 - 11:15a	\$7	Ages 3-9	1 Class	<a href="#">PBG0026-100006</a>

## HEALTH & WELLNESS

### Gentle Yoga at Brookside Gardens

*Instructor: Sherry Weber*

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. No walk-ins allowed. Class size limited to 25. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

May 5	Thu	10 - 11a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0030-100001</a>
May 12	Thu	10 - 11a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0030-100002</a>
May 19	Thu	10 - 11a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0030-100003</a>
May 26	Thu	10 - 11a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0030-100004</a>



## Tai Chi at Brookside Gardens

*Instructor: Charles Votaw*

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The repetitive patterns (Forms) emphasize slow, flowing motions and controlled movements. This series of introductory classes will help beginners learn the Forms while allowing regular practitioners to practice them under the cover of Brookside Gardens' pondside Japanese Tea House. No walk-ins allowed. Class size limited to 16. FOBG \$10

### Brookside Gardens

[Click to Register](#)

Mar 16	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100001</a>
Mar 23	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100002</a>
Mar 30	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100003</a>
Apr 6	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100004</a>
Apr 13	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100005</a>
Apr 20	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100006</a>
Apr 27	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100007</a>
May 4	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100008</a>
May 11	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100009</a>
May 18	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100010</a>
May 25	Wed	9 - 10:15a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0029-100011</a>



## Shinrin-yoku: The Art of Forest Bathing

**Meet at the Visitor Center Entrance. Instructor: Ana Ka'ahanui, certified Forest Therapy Guide**

During the April and May sessions you'll be led on a forest bathing walk through the springtime blossoms and leafing trees at Brookside Gardens. Experience the incomparable beauty of the springtime ephemerals as you stroll the grounds at a slow pace, stopping to smell the flowers, hear the birds, and ponder the many small miracles of spring unfolding. Participants in the June sessions will be stimulated by the vivid colors and rich fragrances of summer annuals and perennials including lush blooms in the rose garden. FOBG \$27

*Brookside Gardens*

[Click to Register](#)

Apr 24	Sun	1:30 - 3:30p	\$30	Ages 18 & up	1 Class	<a href="#">PBG0022-100001</a>
May 7	Sat	9:30 - 11:30a	\$30	Ages 18 & up	1 Class	<a href="#">PBG0022-100002</a>

## Yoga at Brookside Gardens

**Note: No walk-ins will be accepted. Class size limited to 25 people. Instructor: Tanory Ateek**

In-person yoga at Brookside Gardens is back! Come enjoy one or all 16 sessions of yoga held in a peaceful setting in an open field at the edge of a forest behind the Visitor Center. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. FOBG \$10

*Brookside Gardens*

[Click to Register](#)

Apr 30	Sat	9:30 - 10:30a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0031-100001</a>
May 7	Sat	9:30 - 10:30a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0031-100002</a>
May 14	Sat	9:30 - 10:30a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0031-100003</a>
May 21	Sat	9:30 - 10:30a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0031-100004</a>
May 28	Sat	9:30 - 10:30a	\$12	Ages 18 & up	1 Class	<a href="#">PBG0031-100005</a>



## Strolls for Well-Being at Brookside Gardens

Struggling with difficulty, stress, or trauma? Let nature guide your healing process. Strolls for Well-Being is an evidence based program that promotes emotional wellness through focused time spent in the natural world. Over the course of eight weeks, you will complete twelve walks individually in various areas of Brookside Gardens, on your own schedule and with a beautiful full-color, 110-page journal as your guide. Dates listed are for facilitated group meetings with other participants at the beginning, middle, and end of the program, where you can share insights and learn about others' experiences. See *Cultivate* magazine for more information on program purpose, structure, and benefits.

\*Please note that while the Strolls for Well-Being program was created by a doctor of nursing practice and the guided journal was written by a licensed social worker, Brookside Gardens is not a mental health service provider and group facilitators are not mental health professionals.

### Brookside Gardens

[Click to Register](#)

Apr 9, May 7, Jun 4	Sat	10 - 11:30a	\$75	Ages 18 & up	3 Classes	<a href="#">PBG0033-100001</a>
Apr 19, May 17, Jun 14	Tue	11a - 12:30p	\$75	Ages 18 & up	3 Classes	<a href="#">PBG0033-100002</a>
Apr 20, May 18, Jun 15	Wed	11a - 12:30p	\$75	Ages 18 & up	3 Classes	<a href="#">PBG0033-100003</a>
Apr 20, May 18, Jun 15	Wed	6 - 7:30p	\$75	Ages 18 & up	3 Classes	<a href="#">PBG0033-100004</a>

## Half-Day Mindfulness Retreat at Brookside Gardens

### Instructor: Tanory Ateek

Come enjoy a half-day of stress-relieving practices in the 50-acre peaceful sanctuary of Brookside Gardens. Tanory Ateek, long-time yoga teacher at Brookside Gardens, will bring her signature curiosity and playful approach to ancient meditative practices. Participants will have a chance to learn, discuss and practice different mindfulness techniques including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are brand new to meditation or a seasoned meditator, this half-day retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life. Class size limited to 15 people to enhance the experience. FOBG \$54

### Brookside Gardens

[Click to Register](#)

May 1	Sun	8:30a - 12:30p	\$60	Ages 18 & up	1 Class	<a href="#">PBG0018-100001</a>
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## FOOD AND DRINK

### Afternoon Tea at McCrillis Gardens

Join us for a traditional English afternoon tea at McCrillis Gardens hidden in a quiet tree-lined neighborhood near the heart of Bethesda. McCrillis Gardens was named one of the 7 most insta-worthy gardens in the DC region by Washington Gardener Magazine. The gardens are best known for their remarkable collection of mature ornamental trees, shrubs and perennials that offer year-round color and texture.

Enjoy a private tour of the gardens followed by a traditional English tea in the Great Room at McCrillis House. Your taste buds will be tempted with a pot of your choice of tea, scones served with Devon creme and jam, up to four savory tea sandwiches, and a delectable assortment of pastries. Start a new tradition with family and friends! Menu is subject to change and includes: 4 Savory Tea Sandwiches: Cucumber, Smoked Salmon, Chicken Salad, and Brie and Apple, 2 Scones: Plain and Cranberry Orange with Devon creme and Strawberry Preserves, 3 Pastries: Tropical Fruit Pannacotta, Blueberry Tartlet, Rose Macaron, Selections of Tea: Earls Grey, English Breakfast, Jasmine Green Tea, and Passion Fruit Peppermint Tea

*Brookside Gardens*

[Click to Register](#)

May 7	Sat	1 - 3:30p	\$50	Ages 13 & up	1 Class	<a href="#">PBG0021-100001</a>
May 8	Sun	1 - 3:30p	\$50	Ages 13 & up	1 Class	<a href="#">PBG0021-100002</a>



## GARDEN OR FACILITY TOURS

### Brookside Gardens Greenhouse Tour

This offering provides the public with a behind-the-scenes tour of Brookside Gardens' state-of-the-art greenhouse facility. Opened in 2018, the greenhouse consists of five unique bays and several growing areas totaling 10,000 square feet under glass. Participants will enjoy learning about the state-of-the-art technology and how it enables the greenhouse staff to grow a variety of beautiful plants year-round. You'll enjoy exploring the thousands of plants being grown for the garden displays including the summer annuals. FOBG \$8

*Brookside Gardens*

[Click to Register](#)

Apr 13	Wed	10 - 11:15a	\$10	All Ages	1 Class	<a href="#">PBG0003-100001</a>
Apr 14	Thu	2 - 3:15p	\$10	All Ages	1 Class	<a href="#">PBG0003-100002</a>



## Brookside Gardens Full Moon Walk

Explore Brookside Gardens in a whole new way - by moon light! We'll walk as a group along moonlit gardens, streams, and woods. You'll discover seasonal garden highlights and friendly nighttime wildlife. Make sure to prepare accordingly with good shoes and comfortable clothes as the hour-and-a-half walk will cover some hilly and uneven terrain, not your normal garden tour! FOBG \$20

*Brookside Gardens*

[Click to Register](#)

Apr 15	Fri	8 - 9:30p	\$22	Ages 18 & up	1 Class	<a href="#">PBG0002-100001</a>
May 15	Sun	8:30 - 10p	\$22	Ages 18 & up	1 Class	<a href="#">PBG0002-100002</a>

## Brookside Gardens Azalea & Rhododendron Tour

Join us for a walking tour of Brookside Gardens' late spring blooming shrubs and deciduous plants. Explore our colorful collection of azaleas and rhododendrons while learning how to incorporate them into your own home garden. FOBG \$8

*Brookside Gardens*

[Click to Register](#)

May 4	Wed	1 - 2:30p	\$10	All Ages	1 Class	<a href="#">PBG0001-100001</a>
May 6	Fri	10 - 11:30a	\$10	All Ages	1 Class	<a href="#">PBG0001-100002</a>

## McCrillis Gardens Spring Tour

**Note:** Address and logistics emailed prior to tour

Enjoy a tour of McCrillis Gardens, a naturalistic garden offering bright splashes of spring color tucked into a residential neighborhood in Bethesda. The five-acre property was donated to The Maryland-National Capital Park and Planning Commission in 1978 and is managed by Brookside Gardens. The Gardens feature a remarkable collection of ornamental trees and shrubs, with many of them state and national champions. You'll enjoy hundreds of blooming azaleas and rhododendrons along with bulbs, groundcovers and shade-loving perennials that add year-round color and texture. FOBG \$8

*Brookside Gardens*

[Click to Register](#)

May 14	Sat	10 - 11:15a	\$10	Ages 18 & up	1 Class	<a href="#">PBG0020-100001</a>
May 15	Sun	2 - 3:15p	\$10	Ages 18 & up	1 Class	<a href="#">PBG0020-100002</a>



## SPEAKER SERIES, WORKSHOPS OR DISCUSSIONS

### RainScape Your Yard

*Instructors: Montgomery County Department of Environmental Protection*

A RainScape is a landscape or design technique that helps reduce stormwater runoff from individual properties. These watershed-friendly sites help reduce rainfall runoff and pollutants from entering our streams and the habitats surrounding them. RainScape projects can include rain gardens, conservation landscapes, green roofs, and permeable pavements. The Montgomery County Department of Environmental Protection offers a rebate program for approved RainScape projects for homeowners. To be eligible for rebate, participants must apply and be approved for installation based on a submitted plan before projects are installed. These three sessions are intended to help homeowners create a RainScape design plan.

[Brookside Gardens](#)

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#### Session I

The first step to planning a RainScape project is to evaluate your site and determine what project(s) are both possible and desirable for you. Learn how to look for places to soak up water on your site, what projects fit where and how big they need to be. This class is a recommended prerequisite to the Stormwater Solutions and the Plants and Planting Design classes. FOBG \$10

Mar 3	Thu	6:30 - 8:30p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0015-100001</a>
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#### Session II

Planning the Parameters of Your RainScapes Project Clean water starts at home! The RainScapes program has many resources and options to choose from. Learn how beautiful, environmentally friendly native plant gardens, such as conservation landscapes and rain gardens, are designed to manage stormwater issues on residential properties. This session will provide a review of how to evaluate your site to determine the best locations for conservation landscapes or rain gardens on your property. It will also focus on the steps needed to develop and submit a plan for your project to RainScapes Rewards rebate program. FOBG \$10

Mar 17	Thu	6:30 - 8:30p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0015-100002</a>
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#### Sessions III

Join experts to learn how you can create a beautiful garden that supports the environment while addressing stormwater runoff. This class from the RainScapes team covers garden design strategies that create effective stormwater management solutions. You'll learn how to properly size a garden and estimate plant quantities so that the water slows down, spreads out, and soaks in. We'll focus on rain gardens and conservation landscapes that incorporate native plants for an effective and beautiful garden. FOBG \$10

Mar 31	Thu	6:30 - 8:30p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0015-100003</a>
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## Introduction to Landscape Design

**Instructors:** Jason Gedeik & Keeley Shaughnessy, Brookside Gardens Staff

Whether you're looking to upgrade your existing garden or develop an entirely new area, you'll learn the fundamentals of landscape design to create functional, enjoyable, and beautiful outdoor spaces.

[Brookside Gardens](#)

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### Session I

This class will focus on practical steps to approach the design process, including site analysis, creating a concept design, and determining the functional goals for your space. You'll learn the importance of designing with the right plant for the right place while leveraging layering, texture, and color as important design tools. FOBG \$10

Mar 12	Sat	10a - 12p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0012-100001</a>
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### Session II

Learn how to put theory from the first session into practical application with plant combinations and lists that address site-specific challenges like sun vs. shade and dry vs. wet conditions. We'll review planting designs that exemplify balance, repetition, and cohesiveness, in addition to formal and informal landscapes. The class will use Brookside Gardens as a living field lab and review sustainable gardening practices with an eye towards native plants. FOBG \$10

Mar 26	Sat	10a - 12p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0013-100001</a>
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## Ground Covers: Great Alternatives to Turf Grass

**Instructor:** Kathy Jentz, Editor of Washington Gardener Magazine

Groundcovers are low-growing plants that serve many different purposes in the landscape from limiting weed growth to stabilizing slopes to adding texture to your garden. Maintaining a lawn of turf grass is one of the most expensive and time-consuming uses for your land. Constant mowing, fertilizing, weeding, watering, re-seeding, edging, and aerating not only eat up your resources but can be harsh on the environment. Lawns do not absorb water run-off as well as planting beds, and many of the chemicals used for maintenance are toxic to the nearby streambeds and Chesapeake Bay. Find out more about these beautiful, hardworking plants and the best kinds to use for the mid-Atlantic region. FOBG \$10.

[Brookside Gardens](#)

[Click to Register](#)

Apr 5	Tue	2 - 3:30p	Free	All Ages	1 Class	<a href="#">PBG0009-100002</a>
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## Origins of Modern Landscape Design: The Wit and Wisdoms of John Brookes

*Instructor: Gwen van Paasschen, owner of Denmans Garden and chairman of the John Brookes-Denmans Foundation*

John Brookes transformed garden design starting in the 1960s, promoting the then novel idea that people of all income levels could have designed and fashionable gardens. Recognizing the demands of the contemporary lifestyle, he broke with previous labor-intensive garden design traditions and the emphasis on showcasing plants. Instead he promoted using gardens as extensions of the home that reflect the needs of the owner. His timeless design techniques and philosophy, inspired by modern art, architecture, nature, and the local vernacular remain relevant to gardeners, designers, and homeowners around the world. Join Gwen as she shares lessons from her recently released book, *How to Design a Garden*, an anthology of articles and previously unpublished lectures that lay out John Brookes' approach to landscape design.

BIO: Gwendolyn van Paasschen is a garden designer and writer and is involved in various non-profits. She is currently working on a major new initiative to perpetuate the legacy of internationally renowned British garden designer, John Brookes MBE having established a trust dedicated to the perpetuation of his design legacy and the renovation and preservation of his garden in West Sussex. Ms. van Paasschen is also a trustee on the American Trust for the British Library Board of Trustees and secretary of the ATBL's Executive Board. She is the former president of Kids Empowered by Your Support (KEYS), a Connecticut-based nonprofit which provides free music lessons to underserved children in Bridgeport, Connecticut.

[Brookside Gardens](#)

[Click to Register](#)

Mar 19	Sat	10 - 11:30a	Free	Ages 18 & up	1 Class	<a href="#">PBG0035-100001</a>
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## Ecological-Based Landscape Design: Understanding Plants & Planting

*Instructor: Noel Kingsbury, writer, horticultural consultant, garden designer*

**Note:** Prior to each online, live workshop, students will be sent a link to view a one-hour, recorded presentation on each session topic.

The teacher will provide additional readings and weekly assignments that will be reviewed during each of the live sessions. Classes will be recorded with online links sent to students.

Overview: Join this interactive learning opportunity with Noel Kingsbury, who is best known for his work in pioneering naturalistic planting design and his collaboration with Dutch garden and landscape designer Piet Oudolf. Take advantage of this rare opportunity to learn in a small class setting while benefitting from 1:1 help with your design projects.

The long-term performance of plants in the landscape is poorly understood, yet this is the foundation to a successful design and garden. This three-part interactive series aims at remedying this, by helping to understand plants from an ecological perspective. This includes emphasis on predicting longevity, rates of spread and how plants interact with each other. The focus will be on perennials and grasses with some discussion of woody plants. This course is aimed at gardeners, designers and landscape professionals who want to learn effective design strategies to create innovative plans for naturalistic and environmentally friendly gardens.

**Session I:** Plant Ecology and Landscape Plantings Plant succession affects all natural and human-made landscapes. Understanding it is key to appreciating how designed plantings perform and evolve over time. This session will analyze the parallels between the stages of succession in nature and in designed plantings that include habitats, growth cycles, weeds, changes in shade and other aspects of the garden environment. The roles of native and non-native plants will be evaluated, with a focus on invasive species and plants that take longer to establish.

**Session II:** Plant Survival Strategies This session will focus on the effects of competitive, stress-tolerant and pioneer plants in both resource-rich and poor environments. Students will learn how ecologically based and native plantings are impacted by resource availability and habitat differences. Students will learn how plantings dominated by competitors, stress-tolerators and pioneers affect their plant selections, long-term performance, and design aesthetics.

**Session III:** Understanding Perennials, Shrubs and Everything In-Between Reading plant forms is a way of interpreting their growth strategies and therefore their prospects for long-term performance. Students will learn about plant lifespans, vegetative strategies, the importance of clonality, and how plant architecture impacts landscape designs. How should the design process integrate these factors to create successful naturalistic plantings? We'll cover various ecological gradients and how they affect the growth, lifespan, and environmental tolerances of plant communities. FOBG \$90

*Brookside Gardens*

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Apr 2, 9, and 16	Sat	10 - 11:30a	\$99	Ages 18 & up	3 Classes	<a href="#">PBG0040-100001</a>
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## Plant Propagation: Houseplants & Summer Annuals

*Nate Roehrich, Greenhouse Manager, Brookside Gardens*

Learn the various forms of plant propagation in our state-of-the-art greenhouse facilities. Discover how to produce your own plants inexpensively and easily from start to finish with this hands-on workshop. We'll review the best techniques and plants to propagate from cuttings to get a head start on your summer gardening. The class will focus on propagating a variety of houseplants and summer annuals; participants will take a few potted cuttings from the greenhouse to grow at home. FOBG \$31

[Brookside Gardens](#)

[Click to Register](#)

Apr 16	Sat	10 - 11:30a	\$35	Ages 18 & up	1 Class	<a href="#">PBG0016_100001</a>
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## Decolonizing Your Garden - Native Plants from a Native Perspective

*Instructor: Ken Parker, Indigenous horticulturist, member of the Seneca Nation of Indians*

Learn from the unique perspective of an indigenous horticulturist as he explores ecologically sound solutions for landscapes that employ native plants. Ken will share from a Native standpoint about traditional culinary, medicinal, and spiritual uses of North American flora. Learn about his successful efforts leading the Food is our Medicine project for the Seneca Nation of Indians, reintroducing indigenous foods to all ages from toddlers to seniors. Ken will bring Native traditions and wisdom together in an inspiring presentation to help you decolonize your garden and find natural solutions to the landscape challenges you face.

BIO: Ken is a passionate Indigenous horticulturist, a New York State Certified Nursery Landscape Professional (CNLP) and member of the Seneca Nation of Indians. As a National Certified Green Infrastructure Program (NGICP) Trainer, Ken has instructed the City of Buffalo Sewer Authority workers in Green Infrastructure and assisting in the Buffalo Rain Check 2.0 equitable infrastructure program. Ken has dedicated his life to growing, installing, teaching, and promoting the use of indigenous plants. He founded Sweet Grass Gardens in Ontario, North America's first Native owned and operated indigenous plant nursery. Currently, Ken is the Grower at The English Gardener in Buffalo, NY, implementing the use of indigenous plants for residential landscapes.

[Brookside Gardens](#)

[Click to Register](#)

May 7	Sat	10 - 11:30a	Free	Ages 18 & up	1 Class	<a href="#">PBG0036-100001</a>
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## Latest Research & Trials of Native Plants & Cultivars

**Instructor:** Sam Hoadley, Manager of Horticultural Research, Mt. Cuba Center

This lecture will highlight a diverse array of native species and cultivars from the extensive trials and research conducted at Mt. Cuba. Sam will review the top performers and favorites including Coreopsis, Baptisia, Monarda, Phlox, Helenium, Echinacea, and Hydrangea arborescens that represent some of the best native plants for the mid-Atlantic region and beyond. Sam will evaluate their horticultural performance and discuss their ecological value within the context of ecosystem services they provide. You'll benefit from important information on varieties that will make beautiful additions to your garden. FOBG \$10

[Brookside Gardens](#)

[Click to Register](#)

May 11	Wed	6:30 - 8p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0039-100001</a>
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## Miniature Perennial Container

**Instructor:** Joan O'Rourke, Brookside Gardens Volunteer

Our staff have found miniature perennial plants that are just like the grown-up ones, including tiny hosta and the smallest heuchera. Your container will have a combination of plants including grasses, heuchera, creeping thyme, hosta, sedum, and flowering selections to create a lush mix of textures and colors. The plants will reward you with beauty year after year! FOBG \$54

[Brookside Gardens](#)

[Click to Register](#)

May 14	Sat	10 - 11:30a	\$60	Ages 18 & up	1 Class	<a href="#">PBG0023-100001</a>
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## Native Blooms for The Summer Garden

**Instructor:** Elaine Mills, Virginia Extension Master Gardener

Spring brings an abundance of showy flowering plants to gardens in the Mid-Atlantic region, while Fall offers the beauty of colorful foliage, fruits, and seed heads. Summer flowering native plants have equally glorious ornamental qualities and provide your garden with continuity of bloom important to supporting local wildlife. Join Elaine as she describes the characteristics and attributes of 35 native perennials, woody plants, and grasses that bloom during the summer months. Elaine, a creative force behind the Master Gardeners of Northern Virginia resource "Tried and True Native Plant Selections for the Mid-Atlantic," will also discuss landscape uses, as well as care and maintenance tips for these native plants. FOBG \$10

[Brookside Gardens](#)

[Click to Register](#)

May 19	Thu	6:30 - 8p	\$12	Ages 18 & up	1 Class	<a href="#">PBG0041-100001</a>
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## Summer Annual Container

*Instructor: Brookside Gardens Staff*

Jazz up your patio, add charm to an entryway and bring serenity to a balcony. Enjoy your own plants featured in Brookside Gardens summer displays to create a lush annual container to take home with you. Your container will feature a combination of thrillers, fillers, and spillers to create a beautiful composition rich in color, texture, and form. The selection of plants is grown in Brookside Gardens' greenhouses and feature new introductions and cultivars not easily found in nurseries. Plant options available for both sun and shade gardens. FOBG \$45

[Brookside Gardens](#)

[Click to Register](#)

May 21	Sat	10 - 11:30a	\$50	Ages 18 & up	1 Class	<a href="#">PBG0024-100001</a>
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## SPECIAL EVENTS

### Montgomery County GreenFest at Brookside Gardens

Come to Brookside Gardens to celebrate our planet and learn ways to keep it healthy. Brookside Gardens is proud to combine its annual Earth Day with GreenFest: one of the premiere environmental festivals in Montgomery County, Maryland. A free event, GreenFest is a chance for residents, businesses, nonprofits, and neighbors, to come together, share ideas and get involved. This event offers something for everyone: art and craft vendors, an interactive electric car display, and a variety of food trucks. We'll also have a range of family activities including tree climbing, kids' yoga, plant giveaways, and face painting.

[Brookside Gardens](#)

[More Information](#)

Apr 23	Sat	11a - 5p	Free	All Ages	<a href="#">PBG0008-100001</a>
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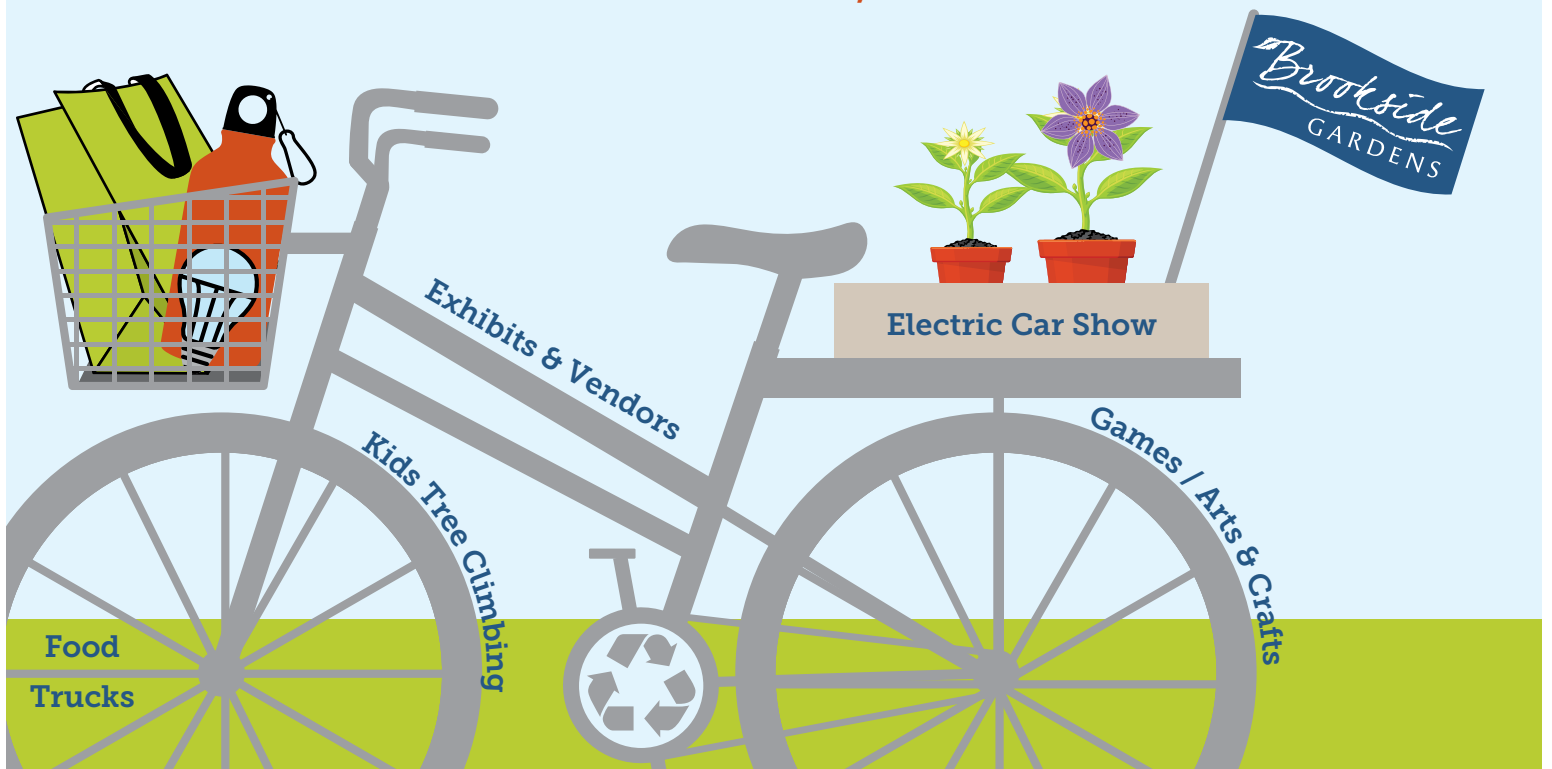
FREE  
admission!

Learn & take action together!.....



# Montgomery County **GREEN** FEST

**Saturday, April 23, 2022**  
**11am - 5pm**  
**at Brookside Gardens**  
1800 Glenallan Ave, Wheaton



[montgomerycountygreenfest.org](http://montgomerycountygreenfest.org)





## BLACK HILL NATURE PROGRAMS

20926 Lake Ridge Drive | Boyds, MD 20841

301.528.3493

[BlackHillNature.org](https://BlackHillNature.org)



## BOATING

### Bats & Beavers Pontoon Boat Cruise

Join us for a sunset cruise aboard the pontoon boat. We'll search for beaver lodges and feeding sites, and hopefully see some beavers! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Apr 13	Wed	6:30 - 8p	\$7	Ages 6 & up	1 Class	<a href="#">PBHVC0027-100001</a>
Apr 21	Thu	7 - 8:30p	\$7	Ages 6 & up	1 Class	<a href="#">PBHVC0027-100002</a>
May 25	Wed	7:30 - 9p	\$7	Ages 6 & up	1 Class	<a href="#">PBHVC0027-100003</a>

### Beginning Recreational Kayaking

Kayaking is even more fun than it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

May 1	Sun	10a - 12p	\$55	Ages 12 & up	1 Class	<a href="#">PBHVC0030-100001</a>
May 5	Thu	6 - 8p	\$55	Ages 12 & up	1 Class	<a href="#">PBHVC0030-100002</a>
May 19	Thu	6 - 8p	\$55	Ages 12 & up	1 Class	<a href="#">PBHVC0030-100003</a>

### River Kayaking Trip to Mallows Bay

Join certified kayak instructors and naturalists for a leisurely paddle at the newly designated Mallows Bay-Potomac River National Marine Sanctuary - home to osprey, eagles, and a ghost fleet of over 100 World War I era wooden steamships. We'll paddle for three to four hours on slow-moving water. You should be comfortable in a kayak, proficient at basic strokes, and comfortable paddling flat water for a few hours at a time. Fee covers kayak, paddle, PFD, a dry bag, and round-trip transportation from Black Hill Regional Park. Don't forget to pack your lunch, snacks, and plenty of water. Meet at Black Hill Visitor Center. Registration required. This is not an instructional course. FOBH \$95

*Black Hill Visitor Center*

[Click to Register](#)

May 15	Sun	8a - 6p	\$100	Ages 18 & up	1 Class	<a href="#">PBHVC0031-100001</a>
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## Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. Basic paddling experience is necessary (this is not a lesson), and you can expect to get a bit damp. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

May 10	Tue	6:30 - 8:30p	\$30	Ages 12 & up	1 Class	<a href="#">PBHVC0008-100001</a>
May 21	Sat	9 - 11a	\$30	Ages 12 & up	1 Class	<a href="#">PBHVC0008-100002</a>

## CLEAN-UPS

### Volunteers in the Garden

Come celebrate the Spring Equinox by helping in the gardens at the Visitor Center and Play Spaces. Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. Groups are welcome too! Parents must accompany children 13 and under. Interested groups should email [Brittney.Mair@montgomeryparks.org](mailto:Brittney.Mair@montgomeryparks.org). Registration is required. Please register at [www.ParksVolunteers.org](http://www.ParksVolunteers.org)

*Black Hill Visitor Center*

[Click to Register](#)

Mar 20	Sun	12 - 4p	Free	Ages 3 & up	1 Class	<a href="#">ParksVolunteers.org</a>
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### Volunteer Days

We need your help at the park! Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. As the workday draws closer, check out our Facebook page for detailed information on today's project. Can't make it to one of our Mystery Project workdays? Watch for other opportunities to be announced on Facebook or contact us through the Parks' volunteer website [ParksVolunteers.org](http://ParksVolunteers.org). Parents must accompany children 13 and under. Groups are welcome too! Interested groups should email [Brittney.Mair@montgomeryparks.org](mailto:Brittney.Mair@montgomeryparks.org). Registration required. Please register through [www.ParksVolunteers.org](http://www.ParksVolunteers.org).

#### Mystery Project

*Black Hill Visitor Center*

[Click to Register](#)

Apr 11	Mon	10a - 2p	Free	Ages 5 & up	1 Class	<a href="#">ParksVolunteers.org</a>
May 14	Sat	10a - 2p	Free	Ages 5 & up	1 Class	<a href="#">ParksVolunteers.org</a>

## Cache In, Trash Out (CITO)

Come celebrate Earth Day a little early with a fun way to clean up the park. We will search for geocaches in the park and along the way we'll pick up trash, making the world a better place. You must provide your own geocaching device, but we will provide gloves and bags for trash clean-up. Please visit our event page on Facebook for more information leading up to the event. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Apr 12	Tue	10a - 12p	Free	Ages 1 & up	1 Class	<a href="#">PBHVC0025-100001</a>
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## SPECIAL EVENTS

### Garden Day

Discover the joys and benefits of gardening! Drop by the Visitor Center to ask questions about gardening and get your Gardening Info Pack about invasive and native plants, pollinators, and gardening for wildlife. Included will be a take-home activity for kids. Please register for this FREE program so that we can prepare enough Gardening Info Packs (one per family). Sorry, but we won't be able to distribute info packs to anyone that hasn't registered. Registration required (please register one person per household).

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 19	Sat	Free	11a - 3p	All Ages	1 Class	<a href="#">PBHVC0005-100001</a>
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### Native Plant Sale

The native plant sale by the Friends of Black Hill Nature Programs (FOBH) is returning online this spring! Most of the plants are grown by our volunteer gardeners with all proceeds of the sale donated to the Black Hill Nature Programs. Are you a Friend? If so, then you're in luck—once again there's an early shopping day for FOBH members only. For a plant list, how to become a member, and further details about ordering, check out the Friends of Black Hill Nature Programs website [www.friendsofblackhillnature.org](https://www.friendsofblackhillnature.org). Online ordering takes place Apr 14 (members only day) through Apr 16 on the Friends of Black Hill website. Plant pick-up is Apr 22–24 and Apr 29–May 1. See the Friends website for details.

[Black Hill Visitor Center](#)

[View Inventory](#)

Apr 14 - 16	<a href="https://FriendsofBlackHillNature.org">FriendsofBlackHillNature.org</a>
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## FISHING

### Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$11

*Black Hill Visitor Center*

[Click to Register](#)

Apr 9	Sat	10a - 12p	\$12	Ages 3 & up	1 Class	<a href="#">PBHVC0003-100001</a>
Apr 14	Thu	10a - 12p	\$12	Ages 3 & up	1 Class	<a href="#">PBHVC0003-100002</a>
May 2	Mon	10a - 12p	\$12	Ages 3 & up	1 Class	<a href="#">PBHVC0003-100003</a>

### Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

May 6	Fri	10 - 11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-100001</a>
May 26	Thu	10 - 11:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-100002</a>

### All Anglers Fishing Rodeo

Let's round up some fishing fun! Join us during Military Appreciation Month where children of all abilities will learn and enjoy fishing with a special emphasis on supporting our Troops! Prizes will be given in a variety of categories! No fishing experience or gear needed. Adaptive equipment through Fishing Has No Boundaries including wrist saver rods, rod holders, and seated rod holders are available with two weeks' notice. Parent participation is required. Fee includes a tee-shirt and Take-Home Action Kit. Meet at the fishing pond in Kings Local Park, 23715 Clarksburg Rd., Clarksburg, MD 20871. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

#### Session 1

May 22	Sun	8a - 10a	\$15	Ages 3 to 15	1 Class	<a href="#">PBHVC0001-100001</a>
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#### Session 2

May 22	Sun	11a - 1p	\$15	Ages 3 to 15	1 Class	<a href="#">PBHVC0001-100002</a>
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## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$5

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 6	Sun	10 - 11a	\$6	Ages 4 to 12	1 Class	<a href="#">PBHVC0016-100001</a>
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### Woodcock Walk

Little Bennett Regional Park is a wonderful spot to enjoy the spring display dance of the American Woodcock. Meet a naturalist at the Kingsley Parking Area for an evening walk, where we will also look for wood frogs, spring peepers and spring migrants. Bring binoculars and a camp chair. Meet at Kingsley Parking area in Little Bennett Regional Park, 24758 Clarksburg Rd., Clarksburg, MD 20871. Registration required. FOBH \$11

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 15	Tue	6:30 - 8:30p	\$12	Ages 18 & up	1 Class	<a href="#">PBHVC0019-100001</a>
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### Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$5

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 19	Sat	6:30 - 7:30p	\$6	Ages 1 & up	1 Class	<a href="#">PBHVC0002-100001</a>
Apr 23	Sat	7 - 8p	\$6	Ages 1 & up	1 Class	<a href="#">PBHVC0002-100002</a>
May 14	Sat	7:30 - 8:30p	\$6	Ages 1 & up	1 Class	<a href="#">PBHVC0002-100003</a>





## Tree Art Hike

Winter is the time trees really show us what they are made of! Let's go for a walk and discover the textures and patterns that make up trees and the forest. We will use these creative elements to make bark rubbings, collages, and more! Dress warmly for spending at least 45 minutes outdoors walking and doing art. We will briefly convene inside the Visitor Center to assemble our projects so please be prepared to wear a mask for COVID safety. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 26	Sat	1 - 2:15p	\$6	Ages 4 to 8	1 Class	<a href="#">PBHVC0023-100001</a>
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## Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 27	Sun	10:30a - 12p	\$2	All Ages	1 Class	<a href="#">PBHVC0007-100001</a>
Apr 10	Sun	9 - 11a	\$2	All Ages	1 Class	<a href="#">PBHVC0007-100002</a>

## Salamanders Went Out on a Rainy Night

Once a year, on warm, rainy nights, elusive spotted salamanders migrate to breeding pools to mate and lay eggs. Sign up now to join us on that unknown March date and we'll call you the day of the hike. Wear shoes or boots that can get muddy, dress for the weather, and bring a flashlight. Children should be comfortable walking in the woods at night. The hike is about 1-mile roundtrip. Please register all participants. The group size this year will be smaller than usual and dictated by any COVID safety protocols that are in place. Be sure your contact information is updated and correct. When contacted on the day of the hike, registrants will need to confirm their attendance with a staff member. Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar TBD		7:30 - 9p	Free	Ages 6 & up	1 Class	<a href="#">PBHVC0014-100001</a>
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## Herp Hunt

Spring is such an exciting time of year, with plants and animals all waking up from their winter slumber. And it's one of the best times to go looking for herps (reptiles and amphibians). We'll trek through the woods of Black Hill Regional Park to a vernal pool looking for tadpoles, frogs, and salamanders and maybe we'll even get to see some snakes too! Meet and park where Lake Ridge Drive divides around the median. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Apr 1	Fri	1 - 2:30p	\$7	Ages 6 to 12	1 Class	<a href="#">PBHVC0006-100001</a>
Apr 10	Sun	1:30 -3p	\$7	Ages 6 to 12	1 Class	<a href="#">PBHVC0006-100002</a>

## Nature Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the visitor center, pick up a scavenger hunt sheet, get some helpful hints, and head out on a hunt for natural treasures! When you've finished, come back to the visitor center to get a prize. Registration is required but drop by anytime during program hours!

*Black Hill Visitor Center*

[Click to Register](#)

Apr 9	Sat	1:30 - 3:30p	Free	All Ages	1 Class	<a href="#">PBHVC0011-100001</a>
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## Wild Forest Time

Do you dream of building forts in the woods, or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Apr 11	Mon	1 - 3p	Free	Ages 3 & up	1 Class	<a href="#">PBHVC0024-100001</a>
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## NATURE, OUTDOOR EXPLORATION AND SKILLS

### Stargazing For Starters

Are you curious about stargazing but unsure how to get started? We get it! There's so much to see in the night sky. We'll begin with the basic tools to start discovering the stars and beyond. Bring your own binoculars and chairs or blankets. Star maps will be provided. Rain date is March 5. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Mar 4	Fri	7 - 8p	\$6	Ages 10 & up	1 Class	<a href="#">PBHVC0017-100001</a>
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## Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$6

[Black Hill Visitor Center](#)

[Click to Register](#)

Apr 13	Wed	1:30 -3p	\$7	Ages 2 to 12	1 Class	<a href="#">PBHVC0026-100001</a>
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## Something Awesome!

Nature is awesome, cool, and super-fun! We'll celebrate the nature around us with awesome family activities. Let your curiosity guide you with this self-led program. Pick up materials at the Visitor Center and let the adventures begin! Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Apr 16	Sat	2 - 4p	Free	All Ages	1 Class	<a href="#">PBHVC0028-100001</a>
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## Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 25, Apr 29, May 13	Fri	4:30 - 6:30p	\$40	Ages 7 to 12	3 Classes	<a href="#">PBHVC0010-100001</a>
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## Lunar Eclipse Viewing

Lunar eclipses are beautiful and haunting astronomical events that are safe to observe with the naked eye. Join us at the Visitor Center for a late watch of this natural phenomenon. Bring your own binoculars, chairs, blankets, and snacks. There will be information and handouts about our mysterious and captivating moon. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

May 15	Sun	10:30p - 2:30a	\$6	Ages 14 & up	2 Classes	<a href="#">PBHVC0032-100001</a>
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## PLAYTIME OR STORYTIME

### Time for Tots

Enjoy a seasonal story, make a craft to go with the story and then go outside to explore nature with a park naturalist. Registration required. FOBH \$5

[Black Hill Visitor Center](#)

[Click to Register](#)

#### **Diary of a Worm**

Mar 23	Wed	10 - 11a	\$6	Ages 2 to 5	1 Class	<a href="#">PBHVC0022-100001</a>
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#### **Fletcher and the Springtime Blossoms**

Apr 25	Mon	10 - 11a	\$6	Ages 2 to 5	1 Class	<a href="#">PBHVC0022-100002</a>
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#### **Froodle**

May 11	Wed	10 - 11a	\$6	Ages 2 to 5	1 Class	<a href="#">PBHVC0022-100003</a>
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### Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world around the Visitor Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the visitor center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Apr 29	Fri	11a - 2p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-100001</a>
May 13	Fri	11a - 2p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-100002</a>

## SCOUTING

### Junior Girl Scout: Geocacher Badge

Geocaching is your chance to be a global explorer. Come learn about geocaching, how to use a GPS unit, and go exploring for geocaches in Black Hill Regional Park while earning your Geocacher Badge. Registration required. FOBH \$14

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 13	Sun	1 - 3p	\$15	Ages 8 to 12	1 Class	<a href="#">PBHVC0018-100001</a>
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## THERAPEUTIC RECREATION

### Therapeutic Recreation - Gardening 101

Gardening has been proven to improve physical health, mental wellness, and cognitive ability! Join us for this 4-session series to learn how to grow native plants, herbs, or vegetables. This program is designed to support aspiring gardeners with disabilities. We will supply guidance and all materials, including accessible garden beds, worktables, and ergonomic garden tools. At the end of our program, you will have acquired the skills, and plants, to take home and continue your garden adventures. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 22 - Apr 12	Tue	4- 5p	\$25	Ages 18 & up	4 classes	<a href="#">PBHVC0015-100001</a>
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### Therapeutic Recreation Tree Art Hike

Winter is the time trees really show us what they are made of! Let's go for a walk and discover the textures and patterns that make up trees and the forest. We will use these creative elements to make bark rubbings, collages, and more! Adaptations to this program are made to accommodate individuals with disabilities. Dress warmly to spend at least 45 minutes outdoors walking and doing art. We will briefly convene inside the Visitor Center to assemble our projects so please be prepared to wear a mask for COVID safety. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Registration required.

[Black Hill Visitor Center](#)

[Click to Register](#)

Mar 26	Sat	3 - 4:30p	\$6	Ages 5 to 11	1 Class	<a href="#">PBHVC0021-100001</a>
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# Native Plant Sale

**Thursday, April 14, FOBH members only**

**Friday, April 15**

**Saturday, April 16**

**Plant pickup is  
April 22 to 24 and  
April 29 to May 1.**

**The native plant sale by the Friends of Black Hill Nature Programs (FOBH) is returning online this spring!**

Most of the plants are grown by our volunteer gardeners with all proceeds donated to the Black Hill Nature Programs. Are you a Friend? If so, you're in luck—there's a FOBH Members Only Sale where members get to shop early. Visit [friendsofblackhillnature.org](http://friendsofblackhillnature.org) to view the plant list and apply to become a Friend of Black Hill Nature Programs.

## **BLACK HILL NATURE PROGRAMS**

20926 Lake Ridge Drive | Boyds, Maryland 20841

[BlackHillNature.org](http://BlackHillNature.org) | [FriendsofBlackHillNature.org](http://FriendsofBlackHillNature.org)



Nature Programs  
in Black Hill Regional Park







**BROOKSIDE NATURE CENTER**

1400 Glenallan Ave | Wheaton, MD 20902  
301.962.1480  
[BrooksideNature.org](https://BrooksideNature.org)

## ART & CRAFTING

### Crafty Little Naturalist

Join a Park Naturalist for a crafty hour. The Park Naturalist will lead participants in a nature craft creation to make and take home. All attendees must register.

*Brookside Nature Center*

[Click to Register](#)

Mar 2	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100001</a>
Mar 9	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100002</a>
Mar 16	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100003</a>
Mar 23	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100004</a>
Mar 30	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100005</a>
Apr 6	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100006</a>
Apr 13	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100007</a>
Apr 20	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100008</a>
Apr 27	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100009</a>
May 4	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100010</a>
May 11	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100011</a>
May 18	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100012</a>
May 25	Wed	10 - 11a	\$4	Ages 5 & up	1 Class	<a href="#">PBNC0011-100013</a>

### DIY: Nature Project Rustic Vine Basket

Explore the effects of non-native invasive vines on our native plant communities. Join us as we tap into our creative side to create a rustic vine basket using non-native invasive vines. If you've done this program before, you are welcome to join us again. We will be creating a new design and collecting vines at the start of the program.

*Brookside Nature Center*

[Click to Register](#)

Apr 30	Sat	10a - 12p	\$25	Ages 18 & up	1 Class	<a href="#">PBNC0008-100002</a>
May 21	Sat	10a - 12p	\$25	Ages 18 & up	1 Class	<a href="#">PBNC0008-100001</a>



## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Let's Hike

Wear your hiking boots and dress for the outdoors and don't forget your water and trail snacks as you join a park naturalist for this adults-only two-to-three-mile hike to explore the trails of Wheaton Regional Park. All attendees must register and pay.

*Brookside Nature Center*

[Click to Register](#)

Mar 5	Sat	9 - 11a	\$8	Ages 18 & up	1 Class	<a href="#">PBNC0012-100001</a>
Mar 26	Sat	9 - 11a	\$8	Ages 18 & up	1 Class	<a href="#">PBNC0012-100002</a>
Apr 16	Sat	9 - 11a	\$8	Ages 18 & up	1 Class	<a href="#">PBNC0012-100003</a>
May 7	Sat	9 - 11a	\$8	Ages 18 & up	1 Class	<a href="#">PBNC0012-100004</a>
May 28	Sat	9 - 11a	\$8	Ages 18 & up	1 Class	<a href="#">PBNC0012-100005</a>

### The Birds and the Bees and Trees

Northwest Branch Stream Valley Park: Spring is in the air; the flowers are blooming, the bees are buzzing, the birds are singing and some of us are sneezing. The animals are venturing outside again and so are we. Explore the secret life of trees from reproduction and conception to decline and death. Come out and meet some of our native trees in their spring splendor. Registration closes two days prior to the hike and directions to the trail head are emailed to all registrants. Rain cancels the event.

*Brookside Nature Center*

[Click to Register](#)

Mar 19	Sat	10 - 11:30a	\$10	Ages 18 & up	1 Class	<a href="#">PBNC0006-100001</a>
Mar 24	Thu	10 - 11:30a	\$10	Ages 18 & up	1 Class	<a href="#">PBNC0006-100002</a>
Apr 9	Sat	10 - 11:30a	\$10	Ages 18 & up	1 Class	<a href="#">PBNC0006-100003</a>



## Sense of Nature Hike

**SELF-GUIDED HIKE ACTIVITY:** Spy with your eyes! Prick up your ears! Use your senses to explore and learn about the plants and animals that call Wheaton Regional Park home. This SELF-GUIDED hiking activity for families or small groups with younger children (ages two to seven) features a rainbow of nature's colors and the sweet scents of the forest. Timed check-in is at Brookside Nature Center.

*Brookside Nature Center*

[Click to Register](#)

Mar 5	Sat	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100001</a>
Mar 6	Sun	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100002</a>
Mar 26	Sat	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100003</a>
Mar 27	Sun	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100004</a>
Apr 16	Sat	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100005</a>
Apr 17	Sun	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100006</a>
May 28	Sat	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100007</a>
May 29	Sun	2 - 4p	\$3	Ages 2 to 7	1 Class	<a href="#">PBNC0001-100008</a>

## Spring Wildlife Warm-up Hike

**SELF-GUIDED HIKE ACTIVITY:** Springtime temperatures in Maryland can vary daily—some days it feels like winter will never end and then surprise—the next day feels like summer! But, as the air and soil temperature increase, leaf and flower buds will begin to open, insects emerge from their overwintering shelters and reptiles become more active. This hike will challenge young weather watchers to use soil thermometers, laser thermometers and even their own keen sense of touch to locate sunny spots that might be just perfect for a basking turtle or a slithering snake! This hike is for families with children 8+ and meets at Brookside Nature Center.

*Brookside Nature Center*

[Click to Register](#)

Mar 12	Sat	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100001</a>
Mar 13	Sun	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100002</a>
Apr 2	Sat	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100003</a>
Apr 3	Sun	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100004</a>
Apr 23	Sat	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100005</a>
Apr 24	Sun	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100006</a>
May 14	Sat	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100007</a>
May 15	Sun	2 - 4p	\$3	Ages 8 & up	1 Class	<a href="#">PBNC0005-100008</a>



## Scavenger Hike: Puzzles, Maps, and Clues

**SELF-GUIDED HIKE ACTIVITY:** How well do you know Wheaton Regional Park? Step away from your busy schedule and explore the outdoors. Put your navigational skills and your natural history knowledge to the test. Piece together clues to find hidden treasures along the way! Bring your friends along or tackle it solo! Will you conquer this challenge, or will it conquer you? The hike is 2-3 miles on natural surface trails and will take approximately 60 minutes.

*Brookside Nature Center*

[Click to Register](#)

Mar 19	Sat	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100003</a>
Mar 20	Sun	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100004</a>
April 9	Sat	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100005</a>
April 10	Sun	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100001</a>
April 30	Sat	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100006</a>
May 1	Sun	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100002</a>
May 21	Sat	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100007</a>
May 22	Sun	2-4p	\$5	Ages 18 & up	1 Class	<a href="#">PBNC0007-100008</a>

## MULTI-LINGUAL

### Ardillas Voladoras

Las ardillas voladoras de Maryland son preciosas y abundantes en muchas zonas salvajes. Aunque estén activas todo el año, poca gente las ve porque sólo salen en la noche - son nocturnas. BNC estableció una estación de alimentación para que los visitantes puedan observar las ardillas de cerca. El programa empieza en la terraza superior del centro de la naturaleza (Nature Center) 30 minutos después del atardecer (cuando el cielo se oscurece). Si llueve, se cancela el programa. Program presented in Spanish.

*Brookside Nature Center*

[Click to Register](#)

Mar 2	Wed	6:30 - 7p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100001</a>
Apr 27	Wed	8:30 - 9p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100002</a>
May 25	Wed	8:45 - 9:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100003</a>
Mar 19	Sat	7:45 - 8:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100004</a>
Apr 16	Sat	8:15 - 8:45p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100005</a>
May 14	Sat	6:30 - 7p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0002-100006</a>

## NATURE, OUTDOOR EXPLORATION AND SKILLS

### Flying Squirrels

Maryland Flying Squirrels are abundant and active year-round, but rarely seen in the wild because they are nocturnal. Join a naturalist for a viewing program on the Nature Center deck at our squirrel feeding station 30 minutes after sunset. Rain cancels the program. Registration is required for this program and limited to 15 people. All attendees must register,

*Brookside Nature Center*

[Click to Register](#)

Mar 4	Fri	6:30 - 7p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100001</a>
Mar 9	Wed	6:30 - 7p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100002</a>
Mar 11	Fri	6:30 - 7p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100003</a>
Mar 18	Fri	7:45 - 8:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100004</a>
Mar 23	Wed	8 - 8:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100005</a>
Mar 25	Fri	8 - 8:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100006</a>
Apr 1	Fri	8 - 8:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100007</a>
Apr 6	Wed	8 - 8:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100008</a>
Apr 8	Fri	8 - 8:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100009</a>
Apr 15	Fri	8:15 - 8:45p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100010</a>
Apr 20	Wed	8:15 - 8:45p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100011</a>
Apr 22	Fri	8:30 - 9p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100012</a>
Apr 29	Fri	8:30 - 9p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100013</a>
May 4	Wed	8:30 - 9p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100014</a>
May 6	Fri	8:30 - 9p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100015</a>
May 13	Fri	8:45 - 9:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100016</a>
May 18	Wed	8:45 - 9:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100017</a>
May 20	Fri	8:45 - 9:15p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100018</a>
May 27	Fri	9 - 9:30p	\$6	Ages 6 & up	1 Class	<a href="#">PBNC0010-100019</a>





## Feed me! Feed me!

What's a toad's favorite food? Join us to find out what turtles love to nibble or what a wiggly worm has for a snack! Feeding time at the nature center is limited to just 10 people, so sign up to reserve a seat for this free program. All attendees must register.

### Brookside Nature Center

[Click to Register](#)

Mar 6	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100001</a>
Mar 13	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100002</a>
Mar 20	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100003</a>
Mar 27	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100004</a>
Apr 3	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100005</a>
Apr 10	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100006</a>
Apr 17	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100007</a>
Apr 24	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100008</a>
May 1	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100009</a>
May 8	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100010</a>
May 15	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100011</a>
May 22	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100012</a>
May 29	Sun	1:30 - 1:45p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0004-100013</a>

## Beginning Birding for Every Body

Join a Brookside naturalist and learn the basics of birding on our frustration-free “flat” bird practice trail. Our wildlife pond boardwalk is accessible for all budding birders. Stroll or roll to each bird station and learn proper use of binoculars, how to navigate a field guide and what to look for and at as you step into the wide world of birding! Rain cancels the program. All attendees must register.

### Brookside Nature Center

[Click to Register](#)

Mar 12	Sat	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100001</a>
Mar 13	Sun	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100002</a>
Apr 2	Sat	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100003</a>
Apr 3	Sun	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100004</a>
Apr 23	Sat	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100005</a>
Apr 24	Sun	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100006</a>
May 14	Sat	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100007</a>
May 15	Sun	10 - 11a	\$6	Ages 12 & up	1 Class	<a href="#">PBNC0003-100008</a>

## Turtle Talk

Springtime Saturdays are a great time to soak up the sun - for people and Eastern box turtles! Come visit our outdoor Enrichment Enclosure and learn about the natural history and conservation challenges of these iconic reptiles from our “Turtle Talker” volunteers. You’ll enjoy seeing our resident turtles explore the great outdoors in the Enrichment Enclosure. Rain cancels the event. All attendees must register

*Brookside Nature Center*

[Click to Register](#)

Apr 23	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100001</a>
Apr 30	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100002</a>
May 7	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100003</a>
May 14	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100004</a>
May 21	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100005</a>
May 28	Sat	1:30 - 2p	Free	Ages 6 & up	1 Class	<a href="#">PBNC0009-100006</a>







**LOCUST GROVE NATURE CENTER**

7777 Democracy Blvd | Bethesda, MD 20817

301.765.8660

[LocustGroveNature.org](https://www.LocustGroveNature.org)



## ART & CRAFTING

### Make a Wildlife Home: Make a Toad Abode

Toads are beneficial, but often misunderstood, garden visitors. Come to the Nature Center to make a charming toad house that both provides shelter and adds whimsy to your backyard! We'll discuss ways to be welcoming to our amphibian neighbors. Register by Tuesday, May 24 to schedule your time slot and reserve your materials. Please register everyone in your group including both adults and children.

*Locust Grove Nature Center*

[Click to Register](#)

May 26	Thu	3 - 3:30p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100001</a>
May 26	Thu	3:30 - 4p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100002</a>
May 26	Thu	4 - 4:30p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100003</a>
May 26	Thu	4:30 - 5p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100004</a>
May 26	Thu	5 - 5:30p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100005</a>
May 26	Thu	5:30 - 6p	\$3	Ages 4 & up	1 Class	<a href="#">PLGNC0014-100006</a>

## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Hike & Seek

Looking for a little adventure? Follow the clues and work together with your family to solve a new nature-themed puzzle each month in Hike & Seek. This outdoor-only program follows all best practices for social distancing. To help us space traffic on the trails, please register your group by selecting a starting time. We cannot accept drop-ins on the day of the program. Natural surface trails are not stroller accessible. Severe weather cancels the program. Please register both adults and children over the age of 2. Check in at the front desk when you arrive for your registered time for the clues.

**Signs of Spring:** Use all five senses to celebrate the coming of spring. Register by March 11.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 13	Sun	2 - 2:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100001</a>
Mar 13	Sun	2:15 - 2:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100002</a>
Mar 13	Sun	2:30 - 3p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100003</a>
Mar 13	Sun	2:45 - 3:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100004</a>
Mar 13	Sun	3 - 3:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100005</a>
Mar 13	Sun	3:15 - 3:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100006</a>
Mar 13	Sun	3:30 - 4p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100007</a>
Mar 13	Sun	3:45 - 4:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100008</a>
Mar 13	Sun	4 - 4:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100009</a>



## Signs of Spring (continued)

### *Locust Grove Nature Center*

[Click to Register](#)

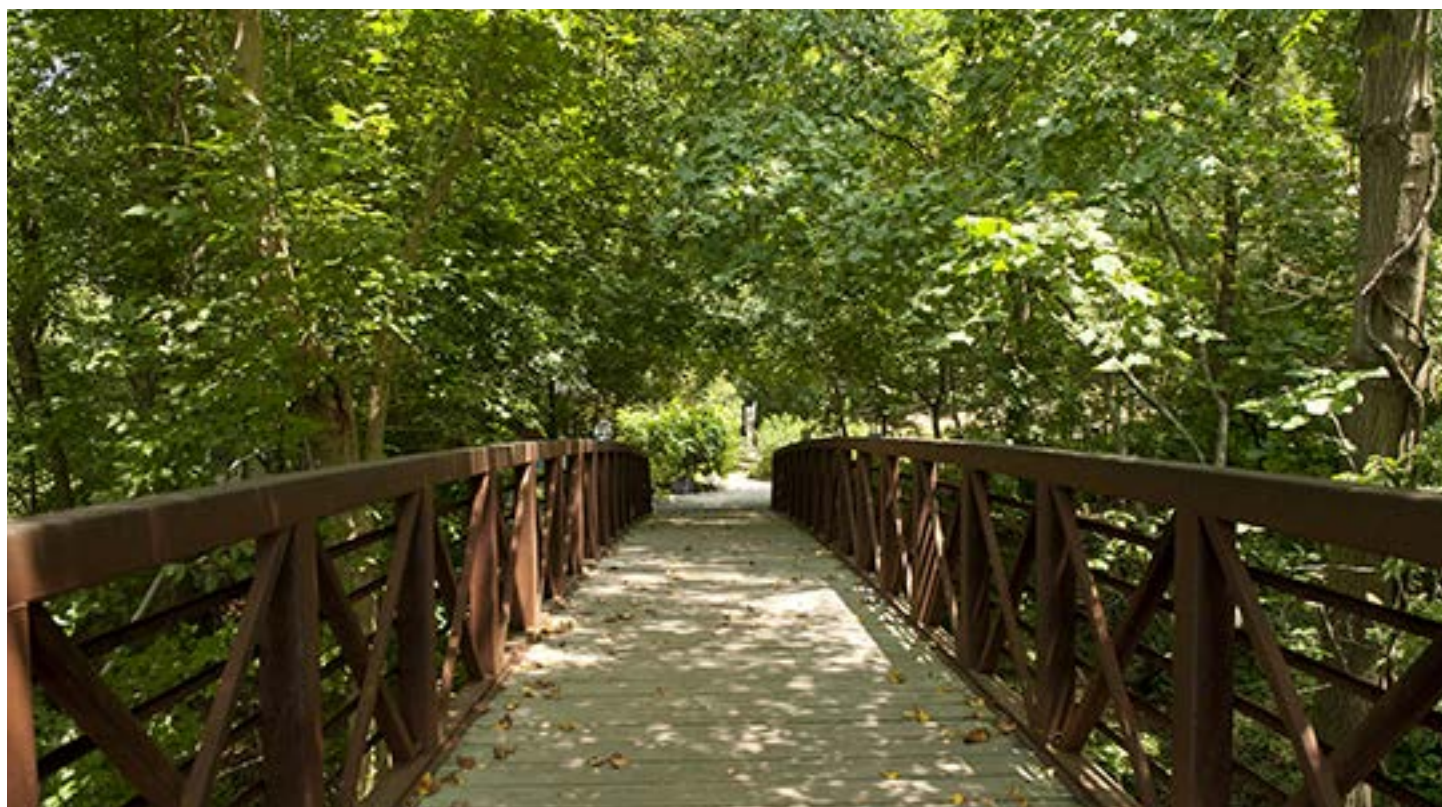
Mar 13	Sun	4:15 - 4:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100010</a>
Mar 13	Sun	4:30 - 5p	\$3	All Ages	1 Class	<a href="#">PLGNC0009-100011</a>

**iNaturalist Hike:** Become a community scientist via this virtual scavenger hunt through the park! Practice finding creatures of all shapes and sizes, then take their photo using your cell phone. Requires an adult to download the free iNaturalist app.

### *Locust Grove Nature Center*

[Click to Register](#)

Apr 10	Sun	2 - 2:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100001</a>
Apr 10	Sun	2:15 - 2:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100002</a>
Apr 10	Sun	2:30 - 3p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100003</a>
Apr 10	Sun	2:45 - 3:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100004</a>
Apr 10	Sun	3 - 3:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100005</a>
Apr 10	Sun	3:15 - 3:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100006</a>
Apr 10	Sun	3:30 - 4p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100007</a>
Apr 10	Sun	3:45 - 4:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100008</a>
Apr 10	Sun	4 - 4:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100009</a>
Apr 10	Sun	4:15 - 4:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100010</a>
Apr 10	Sun	4:30 - 5p	\$3	All Ages	1 Class	<a href="#">PLGNC0010-100011</a>



## Fairy House Walk

Step into the enchanted forest of Cabin John Kingdom! For St. Patrick's Day, the fairies have agreed to make their village visible to humankind. Take a walk along the trail and see their houses of many colors, then build your own fairy habitat in the woods. Check in at the front desk when you arrive for your registered time. Register by Tuesday, March 15. Natural surface trails are not stroller accessible. Severe weather cancels the program. Please register both adults and children over the age of 2.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 17	Thu	3 - 3:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100001</a>
Mar 17	Thu	3:15 - 3:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100002</a>
Mar 17	Thu	3:30 - 3:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100003</a>
Mar 17	Thu	3:45 - 4p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100004</a>
Mar 17	Thu	4 - 4:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100005</a>
Mar 17	Thu	4:15 - 4:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100006</a>
Mar 17	Thu	4:30 - 4:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100007</a>
Mar 17	Thu	4:45 - 5p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100008</a>
Mar 17	Thu	5 - 5:15p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100009</a>
Mar 17	Thu	5:15 - 5:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100010</a>
Mar 17	Thu	5:30 - 5:45p	\$3	All Ages	1 Class	<a href="#">PLGNC0011-100011</a>

## Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon. Feel free to bring your own hot dogs or food to warm over the fire, and we'll provide s'mores. Please register and pay for adults and children.

*Locust Grove Nature Center*

[Click to Register](#)

### Full Moon Fridays - Signs of Spring

Mar 18	Fri	6:30 - 8p	\$8	Ages 6 & up	1 Class	<a href="#">PLGNC0001-100001</a>
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### Full Moon Fridays - Community Science

Apr 15	Fri	6:30 - 8p	\$8	Ages 6 & up	1 Class	<a href="#">PLGNC0001-100002</a>
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### Full Moon Fridays - Habitats at Home

May 13	Fri	6:30 - 8p	\$8	Ages 6 & up	1 Class	<a href="#">PLGNC0001-100003</a>
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## Family Nature Hikes

Join a Park Naturalist for a weekly hike exploring the changing of the seasons in Cabin John Regional Park. Program is intended for children 3-5 years old and requires the accompaniment of an adult to ensure safety. Fee is for one child and their adult for the entire spring session, which meets Wednesdays from March 9 to May 18, skipping April 13 with May 25 for weather makeup (10 classes).

[Locust Grove Nature Center](#)

[Click to Register](#)

Mar 9 - May 18	Wed	1 - 2:30p	\$150	Ages 3 to 5	10 classes	<a href="#">PLGNC0006-100001</a>
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## Nature Families

In this 10-week session, parents and caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each one-and-a-half hour class will include hands-on, nature-based activities that encourage imaginative play, curiosity, and cooperation. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately! Fee is for one child and their adult for the entire Spring session, which meets Thursdays from March 10 to May 26, skipping April 14 with May 26 or weather makeup (10 classes).

[Locust Grove Nature Center](#)

[Click to Register](#)

Mar 10 - May 19	Thu	3 - 4:30p	\$150	Ages 1.5 to 2	10 classes	<a href="#">PLGNC0007-100001</a>
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## Baby and Me Nature Walks

Studies show that babies as young as a few weeks old thrive with daily outside time. So pack your baby in a carrier and join us for a series of six low-key nature walks led by one of our naturalists. Get to know other local parents while enjoying the fresh air and beauty of Cabin John Regional Park. Register your baby and their adult is included.

[Locust Grove Nature Center](#)

[Click to Register](#)

Apr 22 - May 27	Fri	11a - 12p	\$42	Age 0 to 1.5	6 classes	<a href="#">PLGNC0008-100001</a>
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## MINDFULNESS & WELLNESS

### Guided Labyrinth Walk & Campfire: Spring Equinox

Spring is for new beginnings! We'll take a moment to restore, recharge, and welcome positive new things into our lives. Choose a guided activity for our meditation labyrinth, then warm up by the fire and toast a marshmallow. Appropriate for both adults and children. This outdoors-only program follows all best practices for social distancing. Please register everyone in your group including adults and children. Select a time slot to help us space traffic on the trails. Severe weather cancels the program.

*Locust Grove Nature Center*

[Click to Register](#)

Mar 20	Sun	2 - 2:30p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100001</a>
Mar 20	Sun	2:30 - 3p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100002</a>
Mar 20	Sun	3 - 3:30p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100003</a>
Mar 20	Sun	3:30 - 4p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100004</a>
Mar 20	Sun	4 - 4:30p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100005</a>
Mar 20	Sun	4:30 - 5p	\$6	Ages 6 & up	1 Class	<a href="#">PLGNC0012-100006</a>

### Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as “taking in the atmosphere of the forest,” this 2-hour session led by volunteer Adria Zeldin will guide you through mindfulness-based sensory invitations to help you slow down, awaken your senses and reconnect with nature. Program takes place outdoors, please dress comfortably with the weather in mind. A blanket or mat may make your experience more enjoyable. Space is limited and registration is required. We will follow all best practices for social-distancing.

*Locust Grove Nature Center*

[Click to Register](#)

Apr 23	Sat	10a - 12p	\$10	Ages 18 & up	1 Class	<a href="#">PLGNC0015-100002</a>
May 28	Sat	10a - 12p	\$10	Ages 18 & up	1 Class	<a href="#">PLGNC0015-100003</a>



## NATURE, OUTDOOR EXPLORATION AND SKILLS

### Theme Months

Each month, the Nature Center celebrates a special theme with special informational displays, self guided hikes, and activities. Drop-in on your own schedule to learn more about each theme. This time of year we begin to see signs of spring appear, sprouts pop out from the ground, young animals are being born, and we ourselves shed our winter coats in the excitement of warmer weather. Join us this month as we explore nature for signs of spring.

*Locust Grove Nature Center*

[Click to Register](#)

#### Signs of Spring

Mar 4 - 27	1 - 6p	Free	All Ages	<a href="#">PLGNC0005-100001</a>
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#### Community Science

Apr 1 - May 1	1 - 6p	Free	All Ages	<a href="#">PLGNC0005-100002</a>
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#### Habitats at Home

May 6 - 29	1 - 6p	Free	All Ages	<a href="#">PLGNC0005-100003</a>
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### In The Field: Community Science

Learn techniques to find and identify creatures In the Field!

*Locust Grove Nature Center*

[Click to Register](#)

#### Birds & Mammals

Apr 14	Thu	6 - 8p	\$10	Ages 8 & up	1 Class	<a href="#">PLGNC0013-100001</a>
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#### Reptiles & Amphibians

Apr 21	Thu	6 - 8p	\$10	Ages 8 & up	1 Class	<a href="#">PLGNC0013-100002</a>
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#### Invertebrates

Apr 28	Thu	6 - 8p	\$10	Ages 8 & up	1 Class	<a href="#">PLGNC0013-100003</a>
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## Join the City Nature Challenge

Have you heard of the City Nature Challenge? Cities around the world are competing to see who can make the most observations of nature, find the most species, and engage the most people. Join us to find out just how easy it is to participate, including how to use the iNaturalist app to submit your observations. Then go for a hike to snap some photos. Anyone can participate and YOU can become a citizen scientist! Families welcome (please register anyone over the age of 13). Have a group you'd like to bring? Please contact the Nature Center to register: [MCP-LocustGrove@montgomeryparks.org](mailto:MCP-LocustGrove@montgomeryparks.org)

*Locust Grove Nature Center*

[Click to Register](#)

Apr 29	Fri	1 - 6p	Free	Ages 13 & up	1 Class	<a href="#">PLGNC0003-100001</a>
Apr 30	Sat	1 - 6p	Free	Ages 13 & up	1 Class	<a href="#">PLGNC0003-100002</a>
May 1	Sun	1 - 6p	Free	Ages 13 & up	1 Class	<a href="#">PLGNC0003-100003</a>

## Migratory Bird Watch

Celebrate World Migratory Bird Day here in Cabin John Regional Park. Join us as we keep track of the different migratory birds that pass through the park this time of year. Ask our naturalist any bird related questions as well. All levels of birders welcome, you are welcome to bring your own pair of binoculars, there also will be pairs to borrow if necessary. Registration is required for this program. The afternoon session is great for families.

*Locust Grove Nature Center*

[Click to Register](#)

May 14	Sat	7 - 9a	Free	Ages 55 & up	1 Class	<a href="#">PLGNC0002-100001</a>
May 14	Sat	4 - 6p	Free	Ages 8 & up	1 Class	<a href="#">PLGNC0002-100002</a>

## SPECIAL EVENTS

### Spring Native Plant Sale

Beautify your backyard with native plants! Explore the gardens of Locust Grove to see these plants in action. Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Shop a unique selection of the highest quality plants and seeds. Free Admission. No Registration Required. Sales support educational programs at Locust Grove Nature Center.

*Locust Grove Nature Center*

[View Inventory](#)

May 7 - 8	Sat, Sun	10a - 2p				<a href="#">PLGNC0004-100001</a>
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**MAYDALE NATURE CLASSROOM**

1638 Maydale Drive | Colesville, MD 20905

301.962.1496

[MaydaleNature.org](https://MaydaleNature.org)

## SPECIAL EVENTS

### Special Events at Maydale

Springtime is filled with festivities. Join us as we Read Across America, search for leprechauns and hunt for their pots of gold, or for a Mother's Day hike with craft.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### Read Across America Storybook Walk

Mar 1 - 6	Tue - Sun	8a - 6p	Free	Ages 2 & up	6 classes	<a href="#">PMAY0001-100002</a>
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#### St. Patrick's Day Leprechaun Hunt

Mar 17	Thu	10:30 - 11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0001-100001</a>
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#### Mother's Day Hike and Craft

May 7	Sat	10:30 - 11:30a	\$6	Ages 3 & Up	1 Class	<a href="#">PMAY0001-100003</a>
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### Animals From Eggs Hunt

Join a naturalist to learn about what animals hatch from eggs. Then go on a guided hike through the meadow, pond, and forest at in search of plastic eggs filled with baby animal toys to take home and enjoy.

[Maydale Nature Classroom](#)

[Click to Register](#)

Apr 14	Thu	10a - 10:45a	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100001</a>
Apr 14	Thu	10:30 - 11:15a	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100002</a>
Apr 14	Thu	11 - 11:45a	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100003</a>
Apr 14	Thu	11:30a - 12:15p	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0002-100004</a>

### Native Plant Sale

Growing native plants encourages beneficial insects, birds, and other wildlife in your community. Support your back-yard ecosystem with this fundraising event benefiting Maydale Nature Classroom. Online sales begin Monday, Apr 11th with plant pickup Saturday, Apr 30th. Online sales only.

[Maydale Nature Classroom](#)

[View Inventory](#)

Apr 30	Sat	10a - 2p		All Ages		<a href="#">PMAY0007-100001</a>
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## NATURE & OUTDOORS

### The Great Migration Challenge

Migrating birds face a lot of obstacles! Learn about some as you pretend you're a bird on your journey north in our Great Migration Challenge game! Then we'll come back to the Nature Classroom and make a craft to help birds in your neighborhood!

[Maydale Nature Classroom](#)

[Click to Register](#)

Mar 6	Sun	11a - 12p	\$3	Ages 3 to 12	1 Class	<a href="#">PMAY0010-100001</a>
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### Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. In this spring series we are going to be searching for salamanders, flying kites, looking for wildflowers, and much, much more. Enroll in the entire series or individual sessions.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### ***The Wind Blow***

Mar 8	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100002</a>
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#### ***Big Night for Salamanders***

Mar 22	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100001</a>
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#### ***Good Bye Winter Hello Spring***

Mar 29	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100003</a>
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#### ***The Reason for a Flower***

Apr 12	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100006</a>
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#### ***Bird Builds a Nest***

Apr 26	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100004</a>
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#### ***Fish is Fish***

May 10	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100005</a>
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#### ***In The Tall Tall Grass***

May 24	Tue	10 - 11a	\$6	Ages 3 to 5	1 Class	<a href="#">PMAY0004-100007</a>
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## Insect Investigations

They pollinate the food we eat, keep other insect pests in check, and act as sanitation experts, cleaning up our waste. Learn more about these important creatures and how they help. Sign up for one or the entire series of family-friendly programs.

[Maydale Nature Classroom](#)

[Click to Register](#)

### Pollinating Pairs!

Mar 12	Sat	12:30 - 1:30p	Free	Ages 3 to 10	1 Class	<a href="#">PMAY0008-100001</a>
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### Insect Indicators!

Apr 9	Sat	12:30 - 2p	Free	Ages 3 to 10	1 Class	<a href="#">PMAY0008-100002</a>
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### Bugs, Birds, and Buds, Oh My!

May 21	Sat	10:30 - 11:30a	Free	Ages 3 to 10	1 Class	<a href="#">PMAY0008-100003</a>
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## Maydale Hikes

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, or want to learn about nocturnal animals during a night hike, or explore the changing seasons along the C&O Canal there is a hike for you.

[Maydale Nature Classroom](#)

[Click to Register](#)

### Maydale Spring Hike

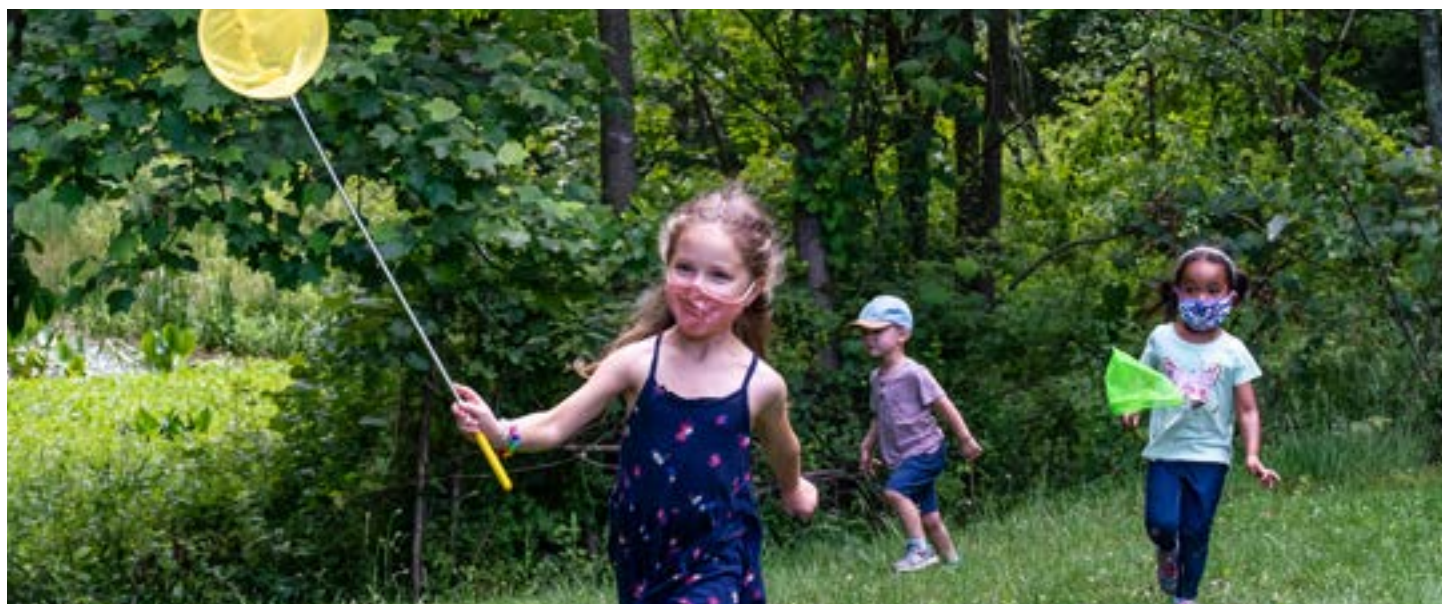
Mar 26	Sat	10:30 - 11:30a	Free	Ages 3 & up	1 Class	<a href="#">PMAY0006-100001</a>
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### Early Spring Hike at Riley's Lock

Mar 31	Thu	10a - 12p	\$7	Ages 18 & up	1 Class	<a href="#">PMAY0006-100002</a>
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### (Almost) Full Moon Night Hike

Apr 15	Fri	8 - 9p	\$4	Ages 6 & up	1 Class	<a href="#">PMAY0006-100003</a>
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## Nature Explorers

These classes are designed to teach young children and their caregivers more about wildlife and nature right in their own backyards through activities, explorations, games, hikes, and take-home crafts.

[Maydale Nature Classroom](#)

[Click to Register](#)

### Hummingbirds

Apr 7	Thu	10:30 - 11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0009-100001</a>
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### Fantastic Frogs

Apr 21	Thu	10:30 - 11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0009-100002</a>
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### Buzzy Bees

May 5	Thu	10:30 - 11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0009-100003</a>
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### Camouflage Challenge

May 19	Thu	10:30 - 11:30a	\$6	Ages 3 to 8	1 Class	<a href="#">PMAY0009-100004</a>
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## Wiggly Worms

Sure, earthworms are a little slimy, and a little squirmy, but they play an important role in recycling nutrients and creating rich soil in ecosystems. In this program, we'll observe earthworms up close, go on a worm hunt to find our own worms in the wild, make a fun worm craft, and of course, touch a few and see how wiggly they really are!

[Maydale Nature Classroom](#)

[Click to Register](#)

Apr 23	Sat	10:30 - 11:30a	\$6	Ages 3 to 10	1 Class	<a href="#">PMAY0012-100001</a>
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## Water Explorers!

May is Water Safety Month. Join us as we examine and test the water quality of the ponds and streams of Maydale.

[Maydale Nature Classroom](#)

[Click to Register](#)

May 14	Sat	12:30 - 2p	Free	Ages 3 to 12	1 Class	<a href="#">PMAY0011-100001</a>
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## THERAPEUTIC RECREATION

### Saturday Sensory Scavenger Hunts

Join us while we use our senses to explore the natural world. In this series we will be listening for frogs calling around the pond, searching for different colored flowers in the meadow, and feeling different animal furs. These programs are designed with focuses on sensory learning and experiences in mind.

*Maydale Nature Classroom*

[Click to Register](#)

#### Natures Touch

Mar 12	Sat	10:30 - 11:30a	\$3	Ages 3 to 10	1 Class	<a href="#">PMAY0003-100001</a>
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#### Sounds All Around

Apr 9	Sat	10:30 - 11:30a	\$3	Ages 3 to 10	1 Class	<a href="#">PMAY0003-100002</a>
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#### Nature's Rainbow

May 14	Sat	10:30 - 11:30a	\$3	Ages 3 to 10	1 Class	<a href="#">PMAY0003-100003</a>
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## TRIPS AND TOURS

### Maydale Trips & Excursions

Explore Maryland's natural history and cultural past as we travel throughout the state visiting different parks, museums, historical sites, and natural wonders. What adventure awaits you?

*Maydale Nature Classroom*

[Click to Register](#)

#### Jefferson Patterson Park and Maryland Archaeological Conservation Lab Tour

Apr 21	Thu	8:30a - 4p	\$40	Ages 18 & up	1 Class	<a href="#">PMAY0005-100002</a>
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#### Union Mills Homestead and Grist Mill Tour

May 19	Thu	9a - 3p	\$30	Ages 18 & up	1 Class	<a href="#">PMAY0005-100001</a>
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MONTGOMERY PARKS

# MEADOWSIDE NATURE CENTER

Trails open dawn to dusk daily.

**Meadowside Nature Center** is currently closed and undergoing renovations. New exhibits and improvements will provide an immersive experience for visitors that will spark curiosity, wonder, and awe about local nature.

Exciting new experiences are coming your way! Although Meadowside Nature Center will not be hosting spring programs in 2022, the trails surrounding the nature center will remain open to the public throughout renovations.

Have questions about the project and when we'll be open? For the most up-to-date information, please visit **[MeadowsideNature.org](https://MeadowsideNature.org)**.

## MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

[Meadowside@MontgomeryParks.org](mailto:Meadowside@MontgomeryParks.org)

301.258.4030 | [MeadowsideNature.org](https://MeadowsideNature.org)



*Cabin John  
Ice Rink***wheaton**  
ICE ARENA**CABIN JOHN ICE RINK**

10610 Westlake Dr | Rockville, MD 20852  
301.765.8620  
[CabinJohnIce.org](https://CabinJohnIce.org)

**WHEATON ICE ARENA**

11717 Orebaugh Ave | Wheaton, MD 20902  
301.905.3000  
[WheatonIceArena.org](https://WheatonIceArena.org)

**CLASS DATES****Winter Session 2**

Class Dates: March 4 - April 24

Registration Dates: February 23 - March 2

**Spring Session**

Information regarding spring classes will be available at [CabinJohnIce.org](https://CabinJohnIce.org) & [WheatonIceArena.org](https://WheatonIceArena.org) in early April. The spring registration period is April 25 - 28.

**On your first day of class...**

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin socks.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15 - 20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

**EVENTS AND IMPORTANT DATES:**

- Open for public skating throughout the winter
- Spring Break Classes April 11 - 15

**COURSE FEES COVER**

1. Six group lessons for each winter series (six-week series).
2. Skate rental
3. A practice pass good for public skating sessions and admission during the lesson series.

**PLEASE NOTE**

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

# PUBLIC SESSIONS

Slide into winter at a public ice skating session.

Visit our websites for schedules and pricing.

[CabinJohnIce.org](https://CabinJohnIce.org)  
[WheatonIceArena.org](https://WheatonIceArena.org)





## ICE SKATING

### Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

#### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422011</a>
Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422013</a>
Mar 5 - Apr 23	Sat	11:45a - 12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422015</a>
Mar 5 - Apr 23	Sat	3:15 - 3:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422017</a>
Mar 6 - Apr 24	Sun	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422001</a>
Mar 6 - Apr 24	Sun	12 - 12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422003</a>
Mar 6 - Apr 24	Sun	2:45 - 3:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422005</a>
Mar 9 - Apr 20	Wed	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422007</a>
Mar 9 - Apr 20	Wed	3:30 - 4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-422009</a>

#### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425010</a>
Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425011</a>
Mar 6 - Apr 24	Sun	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425003</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425004</a>
Mar 8 - Apr 19	Tue	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425006</a>
Mar 10 - Apr 21	Thu	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425007</a>
Mar 10 - Apr 21	Thu	4:30 - 5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-425008</a>

## Preschool Ice Skating 1

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422011</a>
Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422013</a>
Mar 5 - Apr 23	Sat	3:15 - 3:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422017</a>
Mar 6 - Apr 24	Sun	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422001</a>
Mar 6 - Apr 24	Sun	2:45 - 3:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422003</a>
Mar 8 - Apr 19	Tue	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422005</a>
Mar 9 - Apr 20	Wed	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422007</a>
Mar 9 - Apr 20	Wed	3:30 - 4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-422009</a>

### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	1:30 - 2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425009</a>
Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425010</a>
Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425011</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425004</a>
Mar 8 - Apr 19	Tue	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425006</a>
Mar 10 - Apr 21	Thu	12:30 - 1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425007</a>
Mar 10 - Apr 21	Thu	4:30 - 5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-425008</a>

## Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1 - 1:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422011</a>
Mar 4 - Apr 22	Fri	3:30 - 4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422012</a>
Mar 5 - Apr 23	Sat	11:45a - 12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422015</a>
Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422017</a>
Mar 6 - Apr 24	Sun	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422001</a>

## Preschool Ice Skating 2 (continued)

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 6 - Apr 24	Sun	3:15 - 3:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422003</a>
Mar 8 - Apr 19	Tue	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422005</a>
Mar 9 - Apr 20	Wed	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422007</a>
Mar 9 - Apr 20	Wed	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-422009</a>

### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425010</a>
Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425011</a>
Mar 6 - Apr 24	Sun	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425003</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425004</a>
Mar 8 - Apr 19	Tue	1:30 - 2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425006</a>
Mar 10 - Apr 21	Thu	5 - 5:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-425008</a>

## Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1 - 1:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422011</a>
Mar 4 - Apr 22	Fri	3:30 - 4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422012</a>
Mar 5 - Apr 23	Sat	11:45a - 12:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422015</a>
Mar 5 - Apr 23	Sat	3:45 - 4:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422017</a>
Mar 6 - Apr 24	Sun	12 - 12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422001</a>
Mar 6 - Apr 24	Sun	3:15 - 3:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422003</a>
Mar 8 - Apr 19	Tue	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422005</a>
Mar 9 - Apr 20	Wed	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422007</a>
Mar 9 - Apr 20	Wed	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-422009</a>



## Preschool Ice Skating 3 (continued)

### Wheaton Ice Arena

Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425009</a>
Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425010</a>
Mar 6 - Apr 24	Sun	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425003</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425004</a>
Mar 8 - Apr 19	Tue	1:30 - 2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425005</a>
Mar 10 - Apr 21	Thu	5 - 5:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-425008</a>

## Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### Cabin John Ice Rink

[Click to Register](#)

Mar 4 - Apr 22	Fri	1 - 1:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422011</a>
Mar 4 - Apr 22	Fri	3:30 - 4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422012</a>
Mar 5 - Apr 23	Sat	3:45 - 4:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422017</a>
Mar 6 - Apr 24	Sun	12 - 12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422001</a>
Mar 6 - Apr 24	Sun	3:15 - 3:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422003</a>
Mar 9 - Apr 20	Wed	11:30a - 12p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422007</a>
Mar 9 - Apr 20	Wed	4 - 4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-422009</a>

### Wheaton Ice Arena

Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-425010</a>
Mar 6 - Apr 24	Sun	11 - 11:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-425003</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-425004</a>
Mar 8 - Apr 19	Tue	1:30 - 2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-425005</a>

## Youth Beginner Ice Skating 1

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

*Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1:30 - 2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422016</a>
Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422018</a>
Mar 4 - Apr 22	Fri	5:30 - 6p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422020</a>
Mar 5 - Apr 23	Sat	9:15 - 9:45a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422021</a>
Mar 5 - Apr 23	Sat	11:15 - 11:45a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422023</a>
Mar 5 - Apr 23	Sat	12:15 - 12:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422024</a>
Mar 5 - Apr 23	Sat	1:30 - 2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422025</a>
Mar 5 - Apr 23	Sat	2:30 - 3p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422026</a>
Mar 6 - Apr 24	Sun	1 - 1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422001</a>
Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422002</a>
Mar 6 - Apr 24	Sun	3:45 - 4:15p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422004</a>
Mar 6 - Apr 24	Sun	4:15 - 4:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422005</a>
Mar 7 - Apr 18	Mon	4 - 4:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422007</a>
Mar 8 - Apr 19	Tue	4:30 - 5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422009</a>
Mar 9 - Apr 20	Wed	12:30 - 1p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422011</a>
Mar 9 - Apr 20	Wed	4:30 - 5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422012</a>
Mar 10 - Apr 21	Thu	4:30 - 5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-422014</a>



## Youth Beginner Ice Skating 1 (continued)

*Wheaton Ice Arena*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1 - 1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425011</a>
Mar 4 - Apr 22	Fri	5 - 5:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425012</a>
Mar 4 - Apr 22	Fri	5:30 - 6p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425013</a>
Mar 4 - Apr 22	Fri	6 - 6:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425014</a>
Mar 5 - Apr 23	Sat	10 - 10:30a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425015</a>
Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425016</a>
Mar 6 - Apr 24	Sun	12:30 - 1p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425001</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425003</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425004</a>
Mar 8 - Apr 19	Tue	1 - 1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425006</a>
Mar 9 - Apr 20	Wed	1:30 - 2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425007</a>
Mar 10 - Apr 21	Thu	1 - 1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425008</a>
Mar 10 - Apr 21	Thu	5:30 - 6p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-425009</a>
Mar 10 - Apr 21	Thu	6:15 - 6:45p	\$114	Ages 6 to 12	7 Classes	<a href="#">PICE0201-425010</a>

## Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1:30 - 2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422016</a>
Mar 4 - Apr 22	Fri	4 - 4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422017</a>
Mar 4 - Apr 22	Fri	5:30 - 6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422018</a>
Mar 5 - Apr 23	Sat	11:15 - 11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422023</a>
Mar 5 - Apr 23	Sat	12:15 - 12:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422024</a>
Mar 5 - Apr 23	Sat	2 - 2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422025</a>
Mar 5 - Apr 23	Sat	4:15 - 4:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422026</a>
Mar 6 - Apr 24	Sun	1 - 1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422001</a>
Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422002</a>
Mar 6 - Apr 24	Sun	3:45 - 4:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422004</a>



## Youth Ice Skating 2 (continued)

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 7 - Apr 18	Mon	4 - 4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422007</a>
Mar 8 - Apr 19	Tue	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422009</a>
Mar 9 - Apr 20	Wed	12:30 - 1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422011</a>
Mar 9 - Apr 20	Wed	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422012</a>
Mar 10 - Apr 21	Thu	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-422014</a>

### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	1 - 1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425011</a>
Mar 4 - Apr 22	Fri	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425012</a>
Mar 4 - Apr 22	Fri	6 - 6:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425013</a>
Mar 5 - Apr 23	Sat	10 - 10:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425015</a>
Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425016</a>
Mar 6 - Apr 24	Sun	12:30 - 1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425001</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425003</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425004</a>
Mar 8 - Apr 19	Tue	1 - 1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425006</a>
Mar 9 - Apr 20	Wed	1:30 - 2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425007</a>
Mar 10 - Apr 21	Thu	1 - 1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425008</a>
Mar 10 - Apr 21	Thu	5:30 - 6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425009</a>
Mar 10 - Apr 21	Thu	6:15 - 6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-425010</a>

## Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	1:30 - 2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422016</a>
Mar 4 - Apr 22	Fri	4 - 4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422017</a>
Mar 4 - Apr 22	Fri	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422018</a>
Mar 5 - Apr 23	Sat	12:45 - 1:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422024</a>
Mar 5 - Apr 23	Sat	2 - 2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422025</a>
Mar 5 - Apr 23	Sat	4:15 - 4:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422026</a>

## Youth Ice Skating 3 (continued)

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 6 - Apr 24	Sun	11 - 11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422001</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422002</a>
Mar 6 - Apr 24	Sun	4:15 - 4:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422005</a>
Mar 7 - Apr 18	Mon	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422007</a>
Mar 8 - Apr 19	Tue	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422009</a>
Mar 9 - Apr 20	Wed	12:30 - 1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422011</a>
Mar 9 - Apr 20	Wed	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422012</a>
Mar 10 - Apr 21	Thu	4 - 4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-422014</a>

### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425010</a>
Mar 4 - Apr 22	Fri	5:30 - 6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425011</a>
Mar 5 - Apr 23	Sat	10 - 10:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425012</a>
Mar 5 - Apr 23	Sat	11 - 11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425013</a>
Mar 6 - Apr 24	Sun	1:15 - 1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425003</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425004</a>
Mar 10 - Apr 21	Thu	1:30 - 2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425007</a>
Mar 10 - Apr 21	Thu	6:15 - 6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-425008</a>

## Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4 - Apr 22	Fri	2 - 2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422016</a>
Mar 4 - Apr 22	Fri	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422017</a>
Mar 5 - Apr 23	Sat	12:45 - 1:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422020</a>
Mar 5 - Apr 23	Sat	2:30 - 3p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422021</a>
Mar 6 - Apr 24	Sun	11 - 11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422001</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422002</a>
Mar 7 - Apr 18	Mon	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422003</a>

## Youth Ice Skating 4 (continued)

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 8	Apr 19	Tue	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422004</a>
Mar 9	Apr 20	Wed	1 - 1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422011</a>
Mar 9	Apr 20	Wed	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422012</a>
Mar 10	Apr 21	Thu	4 - 4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-422014</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Mar 4	Apr 22	Fri	4:30 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425009</a>
Mar 5	Apr 23	Sat	10 - 10:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425010</a>
Mar 5	Apr 23	Sat	11 - 11:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425011</a>
Mar 6	Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425004</a>
Mar 10	Apr 21	Thu	1:30 - 2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425007</a>
Mar 10	Apr 21	Thu	6:15 - 6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-425008</a>

## Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 4	Apr 22	Fri	2- 2:30p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422006</a>
Mar 4	Apr 22	Fri	4:30-5p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422007</a>
Mar 5	Apr 23	Sat	1:30 - 2p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422008</a>
Mar 6	Apr 24	Sun	12:30 - 1p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422001</a>
Mar 8	Apr 19	Tue	5- 5:30p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422003</a>
Mar 9	Apr 20	Thu	1- 1:30p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422004</a>
Mar 9	Apr 20	Thu	4:30-5p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-422005</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Mar 4	Apr 22	Fri	4:30 - 5p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-425007</a>
Mar 5	Apr 23	Sat	10 - 10:30a	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-425008</a>
Mar 5	Apr 23	Sat	11:30a - 12p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-425009</a>
Mar 6	Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-425004</a>
Mar 10	Apr 21	Thu	6:15 - 6:45p	\$114	Ages 4-12	6 Classes	<a href="#">PICE0205-425006</a>



## Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5	Apr 23	Sat	9:45 - 10:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-422006</a>
Mar 7	Apr 18	Mon	5 - 5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-422004</a>
Mar 10	Apr 21	Thu	5 - 5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-422005</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Mar 4	Apr 22	Fri	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-425007</a>
Mar 5	Apr 23	Sat	11:30a - 12p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-425008</a>
Mar 6	Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-425004</a>
Mar 10	Apr 21	Thu	6:15 - 6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-425006</a>

## Therapeutic Ice Skating 1

Ages 18 and under. This beginning ice skating class is for people with cognitive and/or developmental disabilities who want to learn how to ice skate. Skaters will learn proper technique to fall on the ice and recover, skate forward, and stop safely. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5	Apr 23	Sat	8a - 8:30a	\$114	Ages 4 to 18	6 Classes	<a href="#">PICE0215-422201</a>
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## Therapeutic Ice Skating 2

Ages 18 and under. This skating class is for people with cognitive and/or developmental disabilities who have previous skating experience. Skaters will learn basic skills including skating forward, gliding on one foot, & skating backwards. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5	Apr 23	Sat	8a - 8:30a	\$114	Ages 4 to 18	6 Classes	<a href="#">PICE0216-422201</a>
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## Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward Maring, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	8:45 - 9:15a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-422005</a>
Mar 6 - Apr 24	Sun	12:30 - 1p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-422001</a>
Mar 10 - Apr 21	Thu	12:45 - 1:15p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-422003</a>
Mar 10 - Apr 21	Thu	7:30 - 8p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-422004</a>

### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	12:30 - 1p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-425007</a>
Mar 5 - Apr 23	Sat	10 - 10:30a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-425008</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-425004</a>
Mar 9 - Apr 20	Wed	12:30 - 1p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-425005</a>
Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0220-425006</a>

## Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:15 - 9:45a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-422005</a>
Mar 10 - Apr 21	Thu	12:45 - 1:15p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-422003</a>
Mar 10 - Apr 21	Thu	7:30 - 8p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-422004</a>

### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-425007</a>
Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-425004</a>
Mar 9 - Apr 20	Wed	12:30 - 1p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-425005</a>
Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0221-425006</a>

## Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:30a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0222-422005</a>
Mar 10 - Apr 21	Thu	12 - 12:45p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0222-422003</a>
Mar 10 - Apr 21	Thu	8 - 8:45p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0222-422004</a>

### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0222-425007</a>
Mar 9 - Apr 20	Wed	1 - 1:30p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0222-425005</a>
Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0222-425006</a>

## Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:30a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0223-422005</a>
Mar 10 - Apr 21	Thu	12 - 12:45p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0223-422003</a>
Mar 10 - Apr 21	Thu	8 - 8:45p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0223-422004</a>

### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0223-425007</a>
Mar 9 - Apr 20	Wed	1 - 1:30p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0223-425005</a>
Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0223-425006</a>

## Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:30a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0224-422005</a>
Mar 7 - Apr 18	Mon	8:15 - 9p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0224-422004</a>



## Teen and Adult Ice Skating Advanced (continued)

### Wheaton Ice Arena

[Click to Register](#)

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0224-425007</a>
Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 13 & up	6 Classes	<a href="#">PICE0224-425006</a>

## Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

### Cabin John Ice Rink

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-422006</a>
Mar 7 - Apr 18	Mon	5 - 5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-422004</a>
Mar 10 - Apr 21	Thu	5 - 5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-422005</a>

### Wheaton Ice Arena

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Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0300-425007</a>
Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0300-425005</a>

## Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

### Cabin John Ice Rink

[Click to Register](#)

Mar 5 - Apr 23	Sat	11 - 11:45a	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0310-422006</a>
Mar 7 - Apr 18	Mon	6 - 6:45p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0310-422004</a>
Mar 10 - Apr 21	Thu	5:45 - 6:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0310-422005</a>

### Wheaton Ice Arena

Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0310-425007</a>
Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0310-425005</a>

## Free Skate 2

Prerequisite: Passed Free Skate 1. Skaters will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	6 - 6:45p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0312-422006</a>
Mar 7 - Apr 18	Mon	6 - 6:45p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0312-422004</a>
Mar 10 - Apr 21	Thu	5:45 - 6:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0312-422005</a>

### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0312-425007</a>
Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0312-425005</a>

## Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11 - 11:45a	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0314-422006</a>
Mar 7 - Apr 18	Mon	6:45 - 7:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0314-422004</a>
Mar 10 - Apr 21	Thu	6:45 - 7:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0314-422005</a>

### *Wheaton Ice Arena*

Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0314-425007</a>
Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0314-425005</a>

## Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11 - 11:45a	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0316-422006</a>
Mar 7 - Apr 18	Mon	6:45 - 7:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0316-422004</a>
Mar 10 - Apr 21	Thu	6:45 - 7:30p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0316-422005</a>

## Free Skate 4 (continued)

*Wheaton Ice Arena*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11:30a - 12p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0316-425007</a>
Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0316-425005</a>

## Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11 - 11:45a	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0318-422006</a>
Mar 7 - Apr 18	Mon	7:30 - 8:15p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0318-422004</a>

*Wheaton Ice Arena*

Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0318-425005</a>
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## Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11 - 11:45a	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0320-422006</a>
Mar 7 - Apr 18	Mon	7:30 - 8:15p	\$171	Ages 5 & up	6 Classes	<a href="#">PICE0320-422004</a>

*Wheaton Ice Arena*

Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 5 & up	6 Classes	<a href="#">PICE0320-425005</a>
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## Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:30a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0225-422005</a>
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## ICE SPECIALTY CLASSES

### Moves and Edges

Prerequisite: Passed Basic 6. In these classes, skaters will work on power, edge quality, extension of line, quick and precise skating movements and pre-preliminary and preliminary moves in the field patterns. Fee includes skate rental (if needed) plus a skating practice card.

*Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0333-422006</a>
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*Wheaton Ice Arena*

Mar 10 - Apr 21	Thu	7:15 - 7:45p	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0333-425006</a>
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### Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0325-422006</a>
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*Wheaton Ice Arena*

Mar 10 - Apr 21	Thu	6:45 - 7:15p	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0325-425005</a>
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### Components Class

Prerequisite: Must have passed Free Skate 2. This advanced figure skating class will help skaters develop their component mark. It will focus on educating the skater in improving their transitions, skating skills, performance, composition, and interpretation. Fee includes a practice card good for admission to 6 public skate sessions.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0340-422006</a>
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### Ice Dance

This class will introduce you to basic ice dancing steps, posture, dance positions and timing. Skaters will learn basic ice dance steps including progressives, swing rolls, chasses, slide chasses, and closed mohawks. They will also learn the steps and partnering holds for dances in the preliminary and pre-bronze levels (US Figure Skating levels).

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	10:30 - 11a	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0336-422006</a>
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## HOCKEY

### Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, Mar forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9 - 9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-422014</a>
Mar 8 - Apr 19	Tue	5:30 - 6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-422010</a>
Mar 9 - Apr 20	Wed	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-422012</a>

#### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-425005</a>
Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-425004</a>

### Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	9 - 9:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-422014</a>
Mar 8 - Apr 19	Tue	5:30 - 6p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-422010</a>
Mar 9 - Apr 20	Wed	5 - 5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-422012</a>

#### *Wheaton Ice Arena*

Mar 4 - Apr 22	Fri	4:30 - 5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-425005</a>
Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-425004</a>

## Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover Mar, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

### *Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	7:45a - 8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-422014</a>
Mar 8 - Apr 19	Tue	6:15 - 7p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-422010</a>
Mar 9 - Apr 20	Wed	5:45 - 6:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-422012</a>

### *Wheaton Ice Arena*

Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0353-425004</a>
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## Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

### *Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	7:45a - 8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-422014</a>
Mar 8 - Apr 19	Tue	7 - 7:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-422010</a>
Mar 9 - Apr 20	Wed	6:30 - 7:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-422012</a>

### *Wheaton Ice Arena*

Mar 6 - Apr 24	Sun	1:45 - 2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0354-425004</a>
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## Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

*Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	7:45a - 8:30a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-422014</a>
Mar 8 - Apr 19	Tue	7:45 - 8:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-422010</a>
Mar 9 - Apr 20	Wed	7:15 - 8p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-422012</a>

## Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover Mar, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9:45 - 10:15a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0357-422014</a>
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## Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	7:45a - 8:30a	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0358-422014</a>
Mar 9 - Apr 20	Wed	8:15 - 9p	\$171	Ages 13 & up	6 Classes	<a href="#">PICE0358-422012</a>

## Stickhandling and Passing

Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

*Cabin John Ice Rink*

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Mar 5 - Apr 23	Sat	8:30 - 9a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-422015</a>
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*Wheaton Ice Arena*

Mar 6 - Apr 24	Sun	2:15 - 2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-425004</a>
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## Scrimmage

Passed Hockey 3. This hands-on instructional class focuses on key elements of hockey. Skaters will learn rules of the game, enhance their skills, and practice through a series of scrimmages. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9 - 9:30a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0362-422014</a>
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## Goalie Class

Passed Hockey 4. This course will work on developing skills specifically for the hockey goalie position. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Helmet, hockey skates, goalie pads, glove, and stick.

*Cabin John Ice Rink*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9 - 9:30a	\$114	Ages 6 & up	6 Classes	<a href="#">PICE0363-422014</a>
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SOUTH GERMANTOWN  
**Driving**  
**RANGE**



**SOUTH GERMANTOWN DRIVING RANGE**  
18045 Central Park Circle | Boyds, MD 20841  
301.670.4670  
[SGDrivingRange.org](https://SGDrivingRange.org)



## GOLF

### Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

#### *South Germantown Driving Range*

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Mar 22 - Apr 12	Tue	5:30 - 6:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100001</a>
Mar 24 - Apr 14	Thu	5:30 - 6:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100002</a>
Mar 26 - Apr 16	Sat	2:30 - 3:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100003</a>
Apr 26 - May 17	Tue	5:30 - 6:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100004</a>
Apr 28 - May 19	Thu	5:30 - 6:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100005</a>
Apr 30 - May 21	Sat	2:30 - 3:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100006</a>
Mar 26 - Apr 16	Sat	5:30 - 6:30p	\$99	Ages 18 & up	4 Classes	<a href="#">PSGDR0010-100007</a>

### Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

#### *South Germantown Driving Range*

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Mar 26 - Apr 16	Sat	3:30 - 4:30p	\$99	Ages 7 to 14	4 Classes	<a href="#">PSGDR0011-100001</a>
Apr 30 - May 21	Sat	3:30 - 4:30p	\$99	Ages 7 to 14	4 Classes	<a href="#">PSGDR0011-100002</a>

## Junior Golf Clinic

One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-to-month basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It's golf á la carte! Visit our website or check the Clubhouse for specific skills schedule.

### South Germantown Driving Range

[Click to Register](#)

Mar 31	Thu	6:30 - 7:30p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100001</a>
May 10	Tue	6:30 - 7:30p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100002</a>
Apr 2	Sat	1 - 2p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100003</a>
Apr 16	Sat	1 - 2p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100004</a>
May 7	Sat	1 - 2p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100005</a>
May 21	Sat	1 - 2p	\$15	Ages 7 to 14	1 Class	<a href="#">PSGDR0012-100006</a>

## Ladies Golf Clinic

One day clinics are a great way for you to learn and gradually improve your skills. Each clinic will focus on different aspects of the game in a friendly, ladies-only environment

### South Germantown Driving Range

[Click to Register](#)

Mar 28	Mon	6 - 7p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0014-100001</a>
Apr 11	Mon	6 - 7p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0014-100002</a>
May 2	Mon	6 - 7p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0014-100003</a>
May 16	Mon	6 - 7p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0014-100004</a>

## Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-14) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

### South Germantown Driving Range

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Mar 26 - Apr 16	Sat	11a - 12p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100001</a>
Mar 26 - Apr 16	Sat	12 - 1p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100002</a>
Mar 26 - Apr 16	Sat	4:30 - 5:30p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100003</a>
Apr 30 - May 21	Sat	11a - 12p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100004</a>
Apr 30 - May 21	Sat	12 - 1p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100005</a>
Apr 30 - May 21	Sat	4:30 - 5:30p	\$120	Ages 7 to 14	4 Classes	<a href="#">PSGDR0015-100006</a>

## Spring Break Golf Camp

What a fun way to spend Spring Break! Monday through Thursday at the Driving Range, campers will learn how to putt, chip, pitch, drive and use irons and woods with the help of a Montgomery County Golf Academy instructor. On Friday, we'll play a 9-hole tournament at Needwood Golf Course. Golf equipment will be provided to those who don't have their own golf clubs. In the afternoon, campers will participate in group activities such as field games (examples: soccer, basketball, kick ball, etc.), mini-golf. Please note that all activities will be held outside, and can vary depending on the weather. Bring a non-perishable lunch, snack and water bottle.

*South Germantown Driving Range*

[Click to Register](#)

Apr 11 - 15	Mon	9a - 4p	\$210	Ages 6 to 13	5 Classes	<a href="#">PSGDR0018-100001</a>
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## Short Game Golf Clinic

One day clinics are a great way for you to learn tips and advice to improve specific skills. Clinics focus on chipping, putting, and bunker play. Come and improve the most important part of your game with us!

*South Germantown Driving Range*

[Click to Register](#)

Apr 11	Mon	5 - 6p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0017-100001</a>
May 16	Mon	5 - 6p	\$20	Ages 18 & up	1 Class	<a href="#">PSGDR0017-100002</a>

## ARCHERY

### Beginner Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

*South Germantown Driving Range*

[Click to Register](#)

Apr 30 - May 21	Sat	2 - 3:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0001-100001</a>
Mar 20 - Apr 10	Sun	2 - 3:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0001-100002</a>
Mar 26 - Apr 16	Sat	2 - 3:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0001-100003</a>
Apr 24 - May 15	Sun	2 - 3:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0001-100004</a>



## Beginner Archery, Adult

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

*South Germantown Driving Range*

[Click to Register](#)

Mar 20 - Apr 10	Sun	10 - 11:30a	\$50	Ages 17 & up	4 Classes	<a href="#">PSGDR0002-100001</a>
Apr 24 - May 15	Sun	10 - 11:30a	\$50	Ages 17 & up	4 Classes	<a href="#">PSGDR0002-100002</a>

## Intermediate Archery

**Prerequisite:** Passed Beginner Archery Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

*South Germantown Driving Range*

[Click to Register](#)

Mar 26 - Apr 16	Sat	3:30 - 5p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0003-100001</a>
Mar 20 - Apr 10	Sun	3:30 - 4:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0003-100002</a>
Apr 24 - May 15	Sun	3:30 - 4:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0003-100003</a>
Apr 30 - May 21	Sat	3:30 - 4:30p	\$50	Ages 7 to 14	4 Classes	<a href="#">PSGDR0003-100004</a>

## Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

*South Germantown Driving Range*

[Click to Register](#)

Mar 26 - Apr 16	Sat	12:30 - 2p	\$65	Ages 7 to 14	4 Classes	<a href="#">PSGDR0004-100001</a>
Mar 20 - Apr 10	Sun	11:30a - 1p	\$65	Ages 7 to 14	4 Classes	<a href="#">PSGDR0004-100002</a>
Apr 30 - May 21	Sat	12:30 - 2p	\$65	Ages 7 to 14	4 Classes	<a href="#">PSGDR0004-100003</a>
Apr 24 - May 15	Sun	11:30a - 1p	\$65	Ages 7 to 14	4 Classes	<a href="#">PSGDR0004-100004</a>

**PAULINE BETZ ADDIE TENNIS CENTER**

7801 Democracy Blvd | Bethesda, MD 20817  
301.765.8650  
[CabinJohnTennis.org](https://CabinJohnTennis.org)

**WHEATON INDOOR TENNIS**

11715 Orebaugh Ave | Wheaton, MD 20902  
301.905.3030  
[WheatonTennis.org](https://WheatonTennis.org)



Programs are subject to change.  
For the most up-to-date listings visit:  
[CabinJohnTennis.org](https://CabinJohnTennis.org) or [WheatonTennis.org](https://WheatonTennis.org)

## CLASS DATES

### Winter Session 2

Class Dates: March 4 - April 24

Registration Dates: February 23 - March 2

If you register for a Winter 2 class after March 2, you must register in person at the facility and you will be charged a \$10 non-refundable service fee. No new enrollments are accepted after the second session of class

### Spring Session

Information regarding spring classes will be available at [CabinJohnTennis.org](https://CabinJohnTennis.org) & [WheatonTennis.org](https://WheatonTennis.org) in early April. The spring registration period is April 25 - 28.

### On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

### COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

### PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!  
Classes may be canceled if a minimum enrollment is not met.





## Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	5 - 6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-420002</a>
Mar 5 - Apr 23	Sat	2 - 3p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-420003</a>
Mar 6 - Apr 24	Sun	2 - 3p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-420004</a>
Mar 8 - Apr 19	Tue	5 - 6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-420005</a>
Mar 9 - Apr 20	Wed	5 - 6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-420006</a>

### *Wheaton Indoor Tennis*

Mar 5 - Apr 23	Sat	12 - 1p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-426002</a>
Mar 6 - Apr 24	Sun	12 - 1p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-426003</a>
Mar 7 - Apr 18	Mon	6 - 7p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-426004</a>
Mar 9 - Apr 20	Wed	5 - 6p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-426005</a>

## Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	9 - 10a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-420011</a>
Mar 9 - Apr 20	Wed	4 - 5p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-420012</a>
Mar 6 - Apr 24	Sun	9 - 10a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-420013</a>

### *Wheaton Indoor Tennis*

Mar 9 - Apr 20	Wed	5 - 6p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-426011</a>
Mar 5 - Apr 23	Sat	1 - 2p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-426012</a>

## Youth Tennis, Intermediate 5-7

**Prerequisite:** Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	5 - 6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-420021</a>
Mar 5 - Apr 23	Sat	10 - 11a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-420022</a>
Mar 6 - Apr 24	Sun	5 - 6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-420023</a>
Mar 9 - Apr 20	Wed	5 - 6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-420024</a>

### *Wheaton Indoor Tennis*

Mar 10 - Apr 21	Thu	5 - 6p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-426021</a>
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## Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 8 - Apr 19	Tue	4 - 5p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-420031</a>
Mar 5 - Apr 23	Sat	9 - 10a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-420032</a>
Mar 6 - Apr 24	Sun	9 - 10a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-420033</a>
Mar 7 - Apr 18	Mon	5 - 6p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-420034</a>

### *Wheaton Indoor Tennis*

Mar 10 - Apr 21	Thu	5 - 6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-426031</a>
Mar 5 - Apr 23	Sat	9 - 10a	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-426032</a>
Mar 6 - Apr 24	Sun	5 - 6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-426033</a>
Mar 7 - Apr 18	Mon	5 - 6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-426034</a>

## Youth Tennis, Intermediate 7-10

**Prerequisite:** Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	5 - 6p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-420041</a>
Mar 5 - Apr 23	Sat	10 - 11a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-420042</a>
Mar 6 - Apr 24	Sun	10 - 11a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-420043</a>
Mar 7 - Apr 18	Mon	5 - 6p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-420044</a>
Mar 10 - Apr 21	Thu	6 - 7p	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-420045</a>

### *Wheaton Indoor Tennis*

Mar 9 - Apr 20	Wed	6 - 7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-426041</a>
Mar 10 - Apr 21	Thu	6 - 7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-426042</a>
Mar 5 - Apr 23	Sat	6 - 7p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-426043</a>

## Youth Tennis, Advanced 7-10

**Prerequisite:** Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11a - 12p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-420051</a>
Mar 7 - Apr 18	Mon	6 - 7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-420052</a>
Mar 9 - Apr 20	Wed	6 - 7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-420053</a>

### *Wheaton Indoor Tennis*

Mar 6 - Apr 24	Sun	11a - 12p	\$129	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-426051</a>
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## Youth Tennis, Intro to Match Play 7-10

**Prerequisite:** Passed Youth Tennis, Intermediate. It's time to put your skills into play. Learn the basics of match play using the USTA's Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	3 - 4p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-420061</a>
Mar 7 - Apr 18	Mon	5 - 6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-420062</a>
Mar 8 - Apr 19	Tue	5 - 6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-420063</a>
Mar 9 - Apr 20	Wed	5 - 6p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-420064</a>
Mar 10 - Apr 21	Thu	4 - 5p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-420065</a>

*Wheaton Indoor Tennis*

Mar 6 - Apr 24	Sun	1 - 2p	\$129	Ages 7 to 10	6 Classes	<a href="#">PTEN0030-426061</a>
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## Youth Tennis, More Match Play 7-10

**Prerequisite:** Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11a - 12p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0035-420071</a>
Mar 6 - Apr 24	Sun	11a - 12p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0035-420072</a>
Mar 7 - Apr 18	Mon	6 - 7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0035-420073</a>
Mar 8 - Apr 19	Tue	6 - 7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0035-420074</a>

## Beginner 1 Tennis, Middle School

**Prerequisite:** For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 6 - Apr 24	Sun	12 - 1p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-420081</a>
Mar 7 - Apr 18	Mon	6 - 7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-420082</a>
Mar 8 - Apr 19	Tue	5 - 6p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-420083</a>

## Beginner 1 Tennis, Middle School (continued)

### Wheaton Indoor Tennis

[Click to Register](#)

Mar 5 - Apr 23	Sat	11a - 12p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-426081</a>
Mar 6 - Apr 24	Sun	10 - 11a	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-426082</a>
Mar 7 - Apr 18	Mon	5 - 6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-426083</a>

## Beginner 2 Tennis, Middle School

**Prerequisite:** Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

### Pauline Betz Addie Tennis Center

[Click to Register](#)

Mar 5 - Apr 23	Sat	2 - 3p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-420091</a>
Mar 8 - Apr 19	Tue	2 - 3p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-420092</a>
Mar 10 - Apr 21	Thu	5 - 6p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-420093</a>
Mar 6 - Apr 24	Sun	1 - 2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-420094</a>

### Wheaton Indoor Tennis

Mar 9 - Apr 20	Wed	5 - 6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-426091</a>
Mar 5 - Apr 23	Sat	5 - 6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-426092</a>
Mar 6 - Apr 24	Sun	11a - 12p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-426093</a>

## Intermediate Tennis, Middle School

**Prerequisite:** Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

### Pauline Betz Addie Tennis Center

[Click to Register](#)

Mar 5 - Apr 23	Sat	1 - 2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-420101</a>
Mar 6 - Apr 24	Sun	1 - 2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-420102</a>
Mar 9 - Apr 20	Wed	6 - 7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-420103</a>
Mar 10 - Apr 21	Thu	6 - 7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-420104</a>

### Wheaton Indoor Tennis

Mar 5 - Apr 23	Sat	2 - 3p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-426101</a>
Mar 7 - Apr 18	Mon	6 - 7p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-426102</a>
Mar 10 - Apr 21	Thu	4 - 5p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-426103</a>

## Beginner 1 Tennis, High School

**Prerequisite:** For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 6 - Apr 24	Sun	1 - 2p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-420111</a>
Mar 5 - Apr 23	Sat	1 - 2p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-420112</a>
Mar 5 - Apr 18	Sat	7 - 8p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-420113</a>

### *Wheaton Indoor Tennis*

Mar 9 - Apr 20	Wed	4 - 4p	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-426111</a>
Mar 5 - Apr 23	Sat	10 - 11a	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-426112</a>

## Beginner 2 Tennis, High School

**Prerequisite:** Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	6 - 7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-420121</a>
Mar 5 - Apr 23	Sat	12 - 1p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-420122</a>
Mar 6 - Apr 24	Sun	3 - 4p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-420123</a>
Mar 8 - Apr 19	Tue	6 - 7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-420124</a>

## Intermediate Tennis, High School

**Prerequisite:** Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	1 - 2p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-420131</a>
Mar 9 - Apr 20	Wed	6 - 7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-420132</a>

### *Wheaton Indoor Tennis*

Mar 5 - Apr 23	Sat	12 - 1p	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-426131</a>
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## Intro to Match Play Tennis, Middle School

**Prerequisite:** Passed Intermediate Tennis or Instructor Approval. Time to put your skills into play. Learn the basics of match play using USTA's Junior Team Tennis (JTT) format. The focus will be on positioning and strategy for full court play in both singles and doubles. By the end of this class, you should be ready for the fun of playing official Junior Team Tennis on a team with new friends.

*Wheaton Indoor Tennis*

[Click to Register](#)

Mar 6 - Apr 24	Sun	12 - 1p	\$129	Age 11 to 14	6 Classes	<a href="#">PTEN0070-426141</a>
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## Advanced Match Play, Middle School

**Prerequisite:** Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	4 - 5p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-420161</a>
Mar 5 - Apr 23	Sat	2 - 3p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-420162</a>
Mar 6 - Apr 24	Sun	3 - 4p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-420163</a>
Mar 8 - Apr 19	Tue	6 - 7p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-420164</a>

*Wheaton Indoor Tennis*

Mar 8 - Apr 19	Tue	5 - 7p	\$258	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-426161</a>
Mar 4 - Apr 22	Fri	4 - 6p	\$258	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-426162</a>

## Advanced Match Play Tennis, High School

**Prerequisite:** Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

*Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 6 - Apr 24	Sun	11a - 12p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-420171</a>
Mar 10 - Apr 21	Thu	5 - 6p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-420172</a>
Mar 9 - Apr 20	Wed	7 - 8p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-420173</a>

*Wheaton Indoor Tennis*

Mar 8 - Apr 19	Tue	5 - 7p	\$258	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-426171</a>
Mar 4 - Apr 22	Fri	4 - 6p	\$258	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-426172</a>

## Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	7 - 8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420181</a>
Mar 5 - Apr 23	Sat	10 - 11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420182</a>
Mar 6 - Apr 24	Sun	10 - 11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420183</a>
Mar 8 - Apr 19	Tue	7 - 8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420184</a>
Mar 9 - Apr 20	Wed	10 - 11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420185</a>
Mar 10 - Apr 21	Thu	7 - 8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-420186</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Mar 9 - Apr 20	Wed	10 - 11a	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-426181</a>
Mar 10 - Apr 21	Thu	6 - 7p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-426182</a>
Mar 6 - Apr 24	Sun	9 - 10a	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-426183</a>
Mar 5 - Apr 23	Sat	1 - 2p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-426184</a>
Mar 7 - Apr 18	Mon	10 - 11a	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-426185</a>

## Beginner 2 Tennis, Adult (NTRP 2.5)

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420191</a>
Mar 6 - Apr 24	Sun	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420192</a>
Mar 8 - Apr 19	Tue	8 - 9p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420193</a>
Mar 9 - Apr 20	Wed	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420194</a>
Mar 10 - Apr 21	Thu	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420195</a>
Mar 8 - Apr 19	Tue	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-420196</a>

### *Wheaton Indoor Tennis*

Mar 8 - Apr 19	Tue	7 - 8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-426191</a>
Mar 9 - Apr 20	Wed	11a - 12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-426192</a>
Mar 6 - Apr 24	Sun	12 - 1p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-426193</a>
Mar 7 - Apr 18	Mon	11a - 12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-426194</a>

## Intermediate Tennis, Adult (NTRP 3.0)

**Prerequisite:** Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420201</a>
Mar 5 - Apr 23	Sat	12 - 1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420202</a>
Mar 6 - Apr 24	Sun	12 - 1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420203</a>
Mar 7 - Apr 18	Mon	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420204</a>
Mar 7 - Apr 18	Mon	7a - 8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420205</a>
Mar 8 - Apr 19	Tue	12 - 1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420206</a>
Mar 8 - Apr 19	Tue	8 - 9p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420207</a>
Mar 9 - Apr 20	Wed	12 - 1p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420208</a>
Mar 9 - Apr 20	Wed	7 - 8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420209</a>
Mar 10 - Apr 21	Thu	11a - 12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-420210</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Mar 7 - Apr 18	Mon	6 - 7p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-426201</a>
Mar 8 - Apr 19	Tue	11a - 12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-426202</a>
Mar 9 - Apr 20	Wed	7 - 8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-426203</a>
Mar 10 - Apr 21	Thu	11a - 12p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-426204</a>

## Advanced Tennis, Adult (NTRP 4.0 & Up)

**Prerequisite:** Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 5 - Apr 23	Sat	3 - 4p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-420221</a>
Mar 6 - Apr 24	Sun	2 - 3p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-420222</a>
Mar 7 - Apr 18	Mon	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-420223</a>
Mar 9 - Apr 20	Wed	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-420224</a>

### *Wheaton Indoor Tennis*

Mar 8 - Apr 19	Tue	8 - 9p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0110-426221</a>
Mar 9 - Apr 20	Wed	8 - 9p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0110-426222</a>



## Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 6 - Apr 24	Sun	2 - 3p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-420231</a>
Mar 7 - Apr 18	Mon	7 - 9p	\$300	Ages 18 and up	6 Classes	<a href="#">PTEN0115-420232</a>
Mar 8 - Apr 19	Tue	7 - 8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-420233</a>
Mar 9 - Apr 20	Wed	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-420234</a>
Mar 10 - Apr 21	Thu	7 - 8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-420235</a>

### *Wheaton Indoor Tennis*

Mar 9 - Apr 20	Wed	7 - 9p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0115-426231</a>
Mar 5 - Apr 23	Sat	10 - 11a	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0115-426232</a>

## Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 7 - Apr 18	Mon	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-420241</a>
Mar 8 - Apr 19	Tue	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-420242</a>
Mar 9 - Apr 20	Wed	7 - 9p	\$300	Ages 18 and up	6 Classes	<a href="#">PTEN0120-420243</a>
Mar 10 - Apr 21	Thu	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-420244</a>

### *Wheaton Indoor Tennis*

Mar 8 - Apr 19	Tue	7 - 9p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0120-426241</a>
Mar 10 - Apr 21	Thu	7 - 9p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0120-426242</a>

## Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 4 - Apr 22	Fri	10 - 11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420251</a>
Mar 4 - Apr 22	Fri	6 - 7p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420252</a>
Mar 5 - Apr 23	Sat	9 - 10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420253</a>
Mar 6 - Apr 24	Sun	9 - 10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420254</a>
Mar 7 - Apr 25	Mon	10 - 11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420255</a>
Mar 8 - Apr 19	Tue	10 - 11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420256</a>
Mar 10 - Apr 21	Thu	10 - 11a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420257</a>
Mar 8 - Apr 19	Tue	7 - 8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420258</a>
Mar 10 - Apr 21	Thu	8 - 9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-420259</a>

### *Wheaton Indoor Tennis*

Mar 6 - Apr 24	Sun	10 - 11a	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-426251</a>
Mar 7 - Apr 18	Mon	7 - 8p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-426252</a>



## REGISTRATION INFORMATION

for Montgomery Parks AND Montgomery County Recreation

## WAYS TO REGISTER

### Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY.org](https://ActiveMONTGOMERY.org)

### By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY  
2425 Reedie Drive, 10th Floor.  
Wheaton, MD 20902

**In-person registration is currently suspended.**



Use <https://ActiveMONTGOMERY.org> to register for activities (courses, camps, etc.); to reserve community centers, park activity buildings, and other facilities; and to purchase memberships offered by Montgomery Parks and Montgomery County Recreation.

## QUESTIONS?

### Call 301-495-2580

Monday - Friday, 8:30 a.m. – 4:30 p.m.  
[info@ActiveMONTGOMERY.org](mailto:info@ActiveMONTGOMERY.org)

### Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1 or 800-552-7724**

Email: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)

<https://montgomeryparks.org/accessibility>

## PAYMENT INFORMATION

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks or Recreation Instructors.

For Montgomery County Recreation activities, non-county residents must pay an additional \$15 per activity per participant. This fee does not apply to Montgomery Parks activities.

**CHECKS & MONEY ORDERS:** Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.


Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2 weeks to receive a refund by check.

**CREDIT CARDS:** Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.



## ACTIVITY WITHDRAWALS AND REFUNDS

Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount	Refund Form
Any	Activity <b>Canceled</b> by Parks or Recreation	<b>Full Refund</b>	Refund may be applied to customer's ActiveMONTGOMERY account; or returned in same form as payment rendered.
At least <b>5 (five) business days</b> before activity begins	Any reason, <b>ONLINE</b>	<b>Full Refund</b>	<b>If payment was made by credit card...</b> Refund will be applied to credit card.
			<b>If payment was made by check, cash, or money order...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
	Any reason, <b>IN PERSON</b>	<b>Full Refund</b>	<b>Activity fee is \$25 or less...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
			<b>Activity fee is \$26 or more...</b> Refund may be applied to customer's ActiveMONTGOMERY account, or refund check may be requested.
Less than <b>5 business days</b> before activity begins <i>No withdrawals may be made <b>ONLINE</b> less than five days before activity begins.</i>	<b>Parks:</b> Withdraw in person at the hosting facility. <b>Recreation:</b> Email <a href="mailto:Rec.FinanceOffice@MontgomeryCountyMD.gov">Rec.FinanceOffice@MontgomeryCountyMD.gov</a> or withdraw in person at Rec HDQ.	<b>Refund Less \$25 Withdrawal Fee</b>	<b>Activity fee is \$49 or less:</b> Refund will be applied to customer's ActiveMONTGOMERY account. <b>Activity fee is \$50 or more:</b> Refund may be applied to customer's ActiveMONTGOMERY account, or customer may request a refund check.
For classes/sessions missed by participant	No refund of any type will be issued		
After second session/class of activity has met			
After the final session of activity has met			

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.



Use this form to register for BOTH **Montgomery Parks** AND **Montgomery County Recreation** activities.\*  
Use este formulario para activides de **LOS DOS Montgomery Parks** Y **Montgomery County Recreation**.\*

\* Required Info | Info Requerida

## REGISTRATION FORM | FORMULARIO DE INSCRIPCIÓN

☐ Check here if this is a new address, phone number or email address. Please print. This form may be copied.

☐ Marque aquí si esta es una dirección nueva, teléfono o dirección de correo electrónico.  
Por favor imprima. Este formulario puede ser reproducido.

Last Name   Apellido *		First Name   Nombre *		Birthday   Fecha de nacimiento (mm/dd/yy) *		Email			
Address   Dirección *				City   Ciudad *		State   Estado *		ZIP   Código Postal *	
Home Phone   Teléfono de Casa *				Work Phone   Teléfono de Trabajo				Cell Phone   Celular	

Name   Nombre		Relationship   Relación		Phone   Telf.	
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\*Non-County residents include an additional \$15 per participant, per activity for Montgomery County Recreation Department activities (not applicable for Parks activities)  
\*Incluya \$15 por participante, por actividades de Montgomery County Recreation si vive fuera del Condado (no aplica por actividades de Parques)

**Total Program Fees:**  
**Cantidad Total:**

**No Credit Cards accepted via Phone, Fax, or Mail** \* Required Info | Información requerida

- ☐ American Indian/Alaskan Native  
☐ Asian  
☐ Black or African American  
☐ Hispanic or Latino or Spanish Origin of Any Race  
☐ Native Hawaiian or Other Pacific Islander  
☐ White  
☐ Two or More Races  
☐ Other \_\_\_\_\_  
☐ Prefer not to answer

Total Program Fees \$ \_\_\_\_\_ CASH \$ \_\_\_\_\_  
Non-Resident/Other Fees \$ \_\_\_\_\_ Check # \_\_\_\_\_ \$ \_\_\_\_\_  
Total Fees Due \$ \_\_\_\_\_

Make checks and money orders payable to: **ActiveMONTGOMERY.**  
Mail checks to: **2425 Reddie Drive, 10<sup>th</sup> Floor, Wheaton, MD 20902**

Will you need an ADA (Americans with Disabilities Act) disability accommodation (trained support staff, sign language interpreters, companion, Braille/large print, adaptive equipment, assistive listening/auxiliary devices, and/or audio description?)

☐ Yes ☐ No

If YES, please see below:

### ADA Requests for Montgomery Parks

To request an accommodation for M-NCPPC, Montgomery Parks programs you must contact the Program Access Office at 301-495-2477 or email [ProgramAccess@montgomeryparks.org](mailto:ProgramAccess@montgomeryparks.org).

### ADA Requests for Montgomery County Recreation

To request an accommodation for Montgomery County Recreation, you must contact the Therapeutic Recreation and Inclusion Services Office at 240-777-6870 or email [rec.mainstream@montgomerycountymd.gov](mailto:rec.mainstream@montgomerycountymd.gov).

**IMPORTANT: Request should be made before the program begins.**

**\*SIGNATURE IS REQUIRED\* | \*SE REQUIERE LA FIRMA\***

Participant or Parent/Guardian Signature | Participante o Padre/Guardián Firma \_\_\_\_\_ Date | Fecha \_\_\_\_\_

The participant assumes all risks associated with participation in the program; neither the County nor Montgomery Parks/M-NCPPC assumes any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to the County and Montgomery Parks/M-NCPPC's use of the participant's image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant's voice in whatever way the County and Montgomery Parks/M-NCPPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of the County and Montgomery Parks/M-NCPPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

El participante asume todos los riesgos asociados con la participación en el programa; ninguno ni el Condado ni Montgomery Parks/M-NCPPC asume cualquier responsabilidad de lesiones daños debido a su participación en el programa. Debido a la naturaleza persistente de algunas actividades se alienta a consultar con un médico, se alienta a que cada participante consulte con su doctor sobre su capacidad física de participar en el programa. El participante consiente el tratamiento de emergencia. El participante también consiente que el Condado y Montgomery Parks/M-NCPPC's utilice las imágenes del participante y la posibilidad de mostrar fotografías videos, películas o imágenes electrónicas, y cualquier grabación de audio que se haga de la voz del participante en cualquier forma que el Condado y Montgomery Parks/M-NCPPC desee, incluyendo televisión, impresos, páginas del internet. Además, el participante consiente que las fotos, películas, grabaciones, imágenes electrónicas serán propiedad única del Condado.

# SPRING EYESPY TRAINS

**Saturdays &  
Sundays in April**

AND April 11-18 (MCPS Spring Break)

**11 am - 6 pm**

**\$ ONLY  
5**



## Can you find 'em all?

Mark off the Spring-themed items placed along the tracks with your “Eye Spy” card.

### Located at both Cabin John & Wheaton Regional Parks

- Great for families! Each child under 2 rides free per paying adult.
- Tickets can be purchased online at [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org), starting March 21, 2022, or onsite the day of.
- Tickets include activities around the station.

Learn more by visiting [www.MontgomeryParks.org/Trains](https://www.MontgomeryParks.org/Trains)

