



Tips for completing your Annual Preventive Exam with your PCP

- Schedule your exam with your Primary Care Provider **NOW**. It could several take weeks to get an appointment.
- If your doctor's office has a Nurse Practitioner or Physician's Assistant on staff, you can also choose to complete your exam with them.
- This is not just any visit to your doctor. It must be an Annual Preventive Exam/Annual Physical.
- Your copay for an Annual Preventive Exam/Annual Physical is \$0.
- The Franklin County Cooperative **pays for one preventive exam each program year.** That means one exam every Jan 1 Dec 31.
- Biometric Screenings (i.e. onsite at work) are not the same thing as an Annual Preventive Exam and will not qualify for this incentive.
- If you do not already have a PCP, contact Nurse Vickie or Nurse Therese for assistance finding a provider that fits your needs.
 Nurse Vickie <u>Vickie Yowell@uhc.com</u> or 614-208-1608

Nurse Therese – <u>Therese Lentz@uhc.com</u> or 614-974-9234

For any questions, please contact ThriveOn at <u>ThriveOn@franklincountyohio.gov</u> or 614-525-3948.