

<b>TIME</b>	<b>MONDAY 7/3</b> Kayaking to Pirate Island	<b>TUESDAY 7/4</b> <b>NO CAMP</b>	<b>WEDNESDAY 7/5</b> Field Trip!	<b>THURSDAY 7/6</b> Biking to Deep Eddy Pool	<b>FRIDAY 7/7</b> Fishy Fun Friday!
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## Mt. Lions Week 5 X-Stream Water Daily schedule

<b>7:30-9:00</b>	<b>Drop-offs/Morning Routine</b>		<b>Drop-offs / Morning Routine</b>	<b>Drop-offs / Morning Routine</b>	<b>Drop-offs / Morning Routine</b>
<b>AM Activities</b>	Morning Intro Activities   Intro to kayaking and canoeing   Load up boats and head to Pirate Island for capture the flag and lunch		Are you ready for some x-stream water action?? We will van out to Rio Vista Park in San Marcos to experience the manmade rapids on the San Marcos River in tubes and inflatables.	Pedal to the metal. Out of the boats and onto the bikes, today we'll ride our bikes in the AM to Deep Eddy Pool to beat the heat.	Our morning activities will include a rotation of backyard bass where we'll learn how to cast and reel, an x-treme game of Kayak Polo, and some real fishing off the Camacho dock!
<b>Lunch</b>	Be sure to pack a hearty meal with plenty of snacks and non-sugary beverages.		Be sure to pack a hearty meal with plenty of snacks and non-sugary beverages.	Be sure to pack a hearty meal with plenty of snacks and non-sugary beverages.	Be sure to pack a hearty meal with plenty of snacks and non-sugary beverages.
<b>PM Activities</b>	We'll head back to Camacho for a cool down inside before walking down to Martin playground and then finishing off the day at Martin pool from 4-5pm		We will stop DQ on our way back in for a proper summer and OPTIONAL fieldtrip treat, ice-cream! We'll finish off the day at nearby Metz pool from 4p-5p.	After swimming at Deep Eddy from 1-2 pm we hop back on the bikes to ride back to Camacho, taking plenty of water and shade breaks on the way, before we finish of the day with some group games and movie time.	We'll finish off the week with a culinary project for some take home treats, a karaoke party, and some swim time at Martin Pool!
<b>5:00-6:00</b>	<b>Parent Pick Ups</b>		<b>Parent Pick Ups</b>	<b>Parent Pick Ups</b>	<b>Parent Pick Ups</b>

**REMINDERS - We will be outside most of the time!** - Our activities are highly active. Please bring your swimsuit, sunscreen, lots of water, a healthy and hearty lunch, healthy snacks and closed-toe shoes. Camelbaks, hats, water shoes, and sun shirts are also VERY helpful. All recreation equipment will be provided. The Camacho Activity Center staff is dedicated to safety as a first priority. Our staff are trained in CPR, first aid, and leading outdoor adventure activities.

**\*All schedules are subject to change based on weather conditions, participant abilities, and availability of resources\***