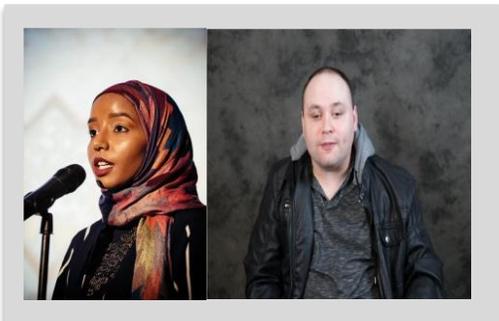


## Kennedy Krieger Institute

### What is Sexual Health? Understanding Healthy Relationships, Sexual Self-Advocacy and Making Informed Choices: A Workshop for People with Disabilities, Ages 18 Years and Up



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**Mat Rice** is the Director of Policy at The Arc Maryland. He was the Public Policy Advocate for People On the Go Maryland.

**Date:** Wednesday, July 7, 2021

**Time:** 4 p.m. to 6 p.m.

**Where:** Live Interactive Webinar

Registered participants will receive an e-mail with instructions on how to join the session.

**Objectives:** Participants will be able to:

1. Understand what sexual health is and learn how to have healthy relationships.
2. Know their rights and the meaning of sexual self-advocacy.
3. Make informed choices.

*People with intellectual and developmental disabilities are often left out of the conversation about sexuality, almost as if they are incapable of having thoughts, feelings and needs. In reality they, too, are sexual beings who need information and skills for making healthy decisions about sexuality. This workshop is designed to help participants understand what is sexual health, learn how to have healthy relationships, know their rights and the meaning of sexual self-advocacy, and make informed choices.*

**Instructional Level:** Introductory

**Who Should Attend?** Individuals with disabilities, ages 18 years and up.

**To Register,** [Click](#) or Call 443-923-9555

**Registration is required. Register early, as space is limited!**

*A Certificate of Attendance will be made available for all participants. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees include: \$15 registration for individuals with disabilities, and \$10 for students/trainees workshop registrations.*

For more information on our Summer Learning Series or to request accommodation or assistance for individuals with disabilities, please contact us by phone at 443-923-9555, email [Training.MCDD@KennedyKrieger.org](mailto:Training.MCDD@KennedyKrieger.org), or visit [MCDD.KennedyKrieger.org](http://MCDD.KennedyKrieger.org). Requests should be made as soon as possible but at least seven days prior to the scheduled meeting.



Maryland Center for Developmental Disabilities  
at Kennedy Krieger Institute

*Building Partnerships. Changing Lives.*