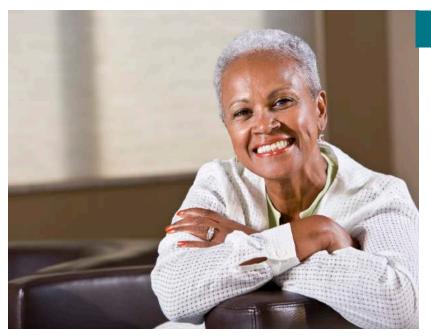


BUILDING EXCELLENCE INDEKALB

CORONAVIRUS (COVID-19) AND envior LIFE

The mission of the DeKalb County Human Services Department is to support the development of safe families, neighborhoods and communities for the citizens of DeKalb. This resource has been created to provide assistance during the COVID-19 Pandemic and is for general informational purposes. Distribution of this resource does not constitute endorsement, recommendation or favoring by DeKalb County. The County does not endorse or support the views expressed by the organizations listed here within. For regular updates on COVID-19 please visit the County's website at www.dekalbcountyga. gov.



STAY DISTANT | STAY SAFE

SOCIAL DISTANCING INCLUDES:

Keeping at least six feet away from others (non-family group members)
Not engaging in team sports
Not gathering in groups of 10 or more

4 KEYS TO STAYING SAFE

CLEAN YOUR HANDS OFTEN AVOID CLOSE CONTACT STAY HOME IF YOU'RE SICK COVER COUGHS AND SNEEZES

FOOD & MEDICAL RESOURCES

Not Able To Go Out To Get Food?

Online Services And Phone Apps Are Available To Purchase Food, Household Needs, Medicine And More! Make Your Purchase By Ordering Online Or Downloading The App On Your Phone.

GROCERIES

WALMART

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

grocery.walmart.com

TARGET

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

target.com

SAMS

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

samsclub.com/content/free-shipping

ATLANTA SURVIVAL PROGRAM

(FREE grocery delivery) atlsurvival.org/

SHIPT (Delivery Only)

Choose The Grocery Store Or Pharmacy In Your Area And Your Items Will Be Delivered To Your Doorstep.

shipt.com

INSTACART (Delivery Only)

(Delivers From Your Local Grocery Store) instacart.com

MEAL PREP

GARNISH & GATHER

garnishandgather.com/organic-dinner-kits

BLUE APRON

blueapron.com



Waived Delivery Fees

DOORDASH

DoorDash.com

GRUBHUB

GrubHub.com

UBER EATS

ubereats.com

PHARMACY

Wavered Delivery Fees on Medication Orders

CVS

Waiving home delivery fees & 30 day refill limit on certain medications cvs.com/content/delivery

WALGREENS

walgreens.com/topic/pharmacy/prescription-delivery.jsp





ATLANTA COMMUNITY FOOD BANK

If you are looking for help from one of the partners in your community, **text Find Food or Comida to 1-888-976-2232** and a list of pantries in your area will be sent to you. *You can also go online for other services you may need.*

FOOD BANK LOCAL MAP

acfb.org/local-impact-map 404.892.FEED (3333) x2004

To know if you could receive food stamps (SNAP) or other government benefits?

Email benefits@acfb.org or call (678) 553-5917

FOOD ASSISTANCE BENEFITS PROGRAM acfb.org/find-help

NEW BETHEL A.M.E. CHURCH 770-484-3350

ST. VINCENT DE PAUL SOCIETY

Delivers Food 5463 Peachtree Rd., Chamblee, GA 30341 svdpgeorgia.org 770-936-0766

THE GIVING KITCHEN

Food service workers needing financial 513 Edgewood Ave SE Suite 100, Atlanta, GA 30312 assistancethegivingkitchen.org/404-254-1227

TOCO HILLS COMMUNITY ALLIANCE

tocohillsalliance.org 404-325-0677

RENTAL & HOUSING ASSISTANCE

HOUSING ASSISTANCE
FEDERAL HOUSING FINANCE AGENCY
202-649-3700
fhfa.gov

BANKS OFFERING TO HELP CUSTOMERS

aba.com/about-us/press-room/industry-response-coronavirus

RENTAL ASSISTANCE

DEKALB COUNTY MAGISTRATE COURT SUSPENDS EVICTION PROCEEDINGS

Effective March 13, 2020, all writs of eviction and the dates for filing answers in evictions and all other civil matters listed above are extended through May 13, 2020. To read more go to the link below:

decaturish.com/2020/04/dekalb-countymagistrate-court-suspends-non-essentialhearings-including-eviction-proceedings/

JUST SHELTER

List of organizations working to preserve affordable housing and prevent eviction justshelter.org/community-resources/

SHELTER IN PLACE PROGRAMS DECATUR COOPERATIVE MINISTRY

1523 Church St, Decatur, GA 30030 **404-377-4365**



SENIOR LINK LINE

Do you have questions about services for seniors? Call the **DeKalb Senior Link Line** at

770-322-2950

Monday - Friday 8:30AM - 5:00PM

[Call. Click. Connect.]

To locate community resources during the Coronavirus crisis, click on the "Disaster" category, then on the "Coronavirus" subcategory. Select the need you are searching for 211online.unitedwayatlanta.org

Meet empowerline

Free, 24/7 certified professionals:

- Transportation Meals Caregiving
- www.empowerline.org

 AGING & DISABILITY [404] 463-3333



Finding the right support can be challenging for you and your family if you are unfamiliar with the programs designed to help older Georgians or individuals with disabilities.



UTILITY ASSISTANCE PROGRAMS

ATLANTA GAS LIGHT

Residential customers energy assistance options available to support those impacted as a result of the COVID-19 emergency. For more information go to atlantagaslight.com or call (877) 427-4321

Atlanta Gas Light also partners with the following local community agencies to help customers who may be experiencing personal financial strain resulting from the pandemic:

LIHEAP

The Low-Income Home Energy Assistance Program is a federally funded energy assistance program that helps low- and fixed-income families meet their energy needs during the heating season. Eligibility is based on several factors, including fuel type, geographic region, household size and income. Call 404-657-3426 or 877-423-4746.

CREDIT COUNSELING

If you or someone you know is having trouble paying bills, reach out to ClearPoint, a national, nonprofit credit counseling agency at 800-251-2227 (866-559-8198 for Spanish) or visit ClearPoint's website at clearpoint.org

SENIOR CITIZENS DISCOUNT PROGRAM

Customers 65 years of age or older who have a total annual combined household income of \$25,520 or less are eligible for up to a \$14 monthly discount on their base charge. Natural gas service must be in the customer's name to be eligible. Get the on-line application through our website at atlantagaslight.com

DEKALB WATERSHED MANAGEMENT

404-378-4475

dekalbcountyga.gov/watershedmanagement/watershed-management

ATLANTA WATERSHED

404-546-0311

atlantawatershed.org/customer-service/

GEORGIA POWER

Assures customers safe and reliable service will continue during COVID-19 pandemic georgiapower.com 1-888-660-5850

AT&T

No disconnects for 60 days, waiving late payment fees.

about.att.com/pages/COVID-19.html

COMCAST

Keeping you connected during COVID-19 for more information on services and staying connected visit **xfinity.com/prepare?pc=1** for free internet connection wifi.xfinity.com

XFINITY INTERNET ESSENTIALS

Program for families and other low-income households who currently do not subscribe to Internet at home. **To sign up**, applicants can simply visit **www.internetessentials.com** or call 1-855-846-8376 for English and 1-855-765-6995 for Spanish.

CELLULAR SERVICE ASSISTANCE

SPRINT

No disconnects for 60 days, waiving late payment fees. Unlimited data sprint.com/en/landings/covid-19.html

T MOBILE

T-mobile.com/brand/ongoing-updates-covid-19

VERIZON

verizon.com/about/news/update-verizonserve-customers-covid-19

VIRTUAL FITNESS COURSES

SILVER SNEAKERS

silversneakers.com/learn/classes/

FIT OVER 50- FOR BEGINNERS

youtube.com/watch?v=7aHK2sgjBCM

YMCA VIRTUAL FITNESS CLASSES

ymca360.org/on-demand#/category/85

JAZZERCISE

ondemand.jazzercise.com

FREE MEDIA & ENTERTAINMENT

FREE BOOKS, MOVIES, MUSIC,& ETC archive.org

FREE ONLINE MUSEUM TOURS

travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours

FREE BOOKS, MOVIES, MUSIC,& ETC archive.org

FREE ONLINE MUSEUM TOURS

travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours

FREE NATIONAL PARK TOURS

travelandleisure.com/trip-ideas/national-parks/virtual-national-parks-tours

PARIS OPERA: FREE LIVE PERFORMANCES

vogue.fr/fashion-culture/article/paris-operabroadcasting-screening-performances-onlinefor-free-2020



GOVERNMENT SERVICES

ECONOMIC IMPACT/ STIMULUS PAYMENTS

irs.gov/newsroom/economic-impact-payments-what-you-need-to-know

NEW FEDERAL TAX DEADLINE JULY 15TH

wsj.com/articles/u-s-extends-individual-tax-filing-deadline-to-july-15-11584713903

HALTING FEDERAL STUDENT LOAN PAYMENTS AND INTEREST FOR 60 DAYS

politico.com/amp/news/2020/03/20/trump-coronavirus-student-loan-payments-139056

US FEDERAL GOV UNEMPLOYMENT

dol.gov/newsroom/releases/eta/eta20200312-0

GEORGIA NEWS ON UNEMPLOYMENT FOR EMPLOYERS & EMPLOYEES

dol.georgia.gov/blog/new-informationfiling-unemployment-partial-claims-andreemployment-services

GEORGIA UNEMPLOYMENT APPLICATION

dol.state.ga.us/public/uiben/internetclaim/require mentpinsetup?fbclid=iwar0wlsrye22id38uixlululxj wc9-agkufukjqezydvpjvuxwe8p9pj8r2q

STUDENT LOANS

CORONAVIRUS AND FORBEARANCE INFO FOR STUDENTS, BORROWERS, AND PARENTS

Federal loans payments automatically stop from March 13, 2020, through Sept. 30, 2020, for more details go to the website below or call (800) 433-7327

studentaid.gov/announcements-events/coronavirus

DO YOU KNOW YOU OR SOMEONE YOU KNOW OWN A SMALL BUSINESS?

The U.S. Small Business Administration (SBA) has designated all counties in Georgia eligible for low-interest federal disaster loans for working capital to small businesses suffering substantial economic injury as a result of the Coronavirus (COVID-19). Georgia small businesses impacted by COVID-19 are now eligible to apply for Economic Injury Disaster Loans (EIDL). Please note the deadline is December 18th, 2020.

How to apply:

- Applicants may apply on-line, receive additional disaster assistance information and download applications at https://disasterloan.sba.gov/ela.
- •Applicants may also call SBA's Customer Service Center at **(800) 659-2955** or email **disastercustomerservice@sba.gov** for more information on SBA disaster assistance.
- •Individuals who are deaf or hard of hearing may call (800) 877-8339. Completed applications should be mailed to U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.



EMOTIONAL WELLBEING

COPING WITH STRESS

US Centers for Disease Control & Prevention (CDC)

cdc.gov/violenceprevention/suicide/ copingwith-stresstips.html

TAKING CARE OF YOUR EMOTIONAL **HEALTH**

US Centers for Disease Control & Prevention (CDC)

emergency.cdc.gov/coping/selfcare.asp

CORONAVIRUS & MENTAL HEALTH: TAKING CARE OF OURSELVES DURING INFECTIOUS **DISEASE OUTBREAKS**

American Psychiatric Association (APA) psychiatry.org/news-room/apa-blogs/apablog/2020/02/coronavirus-and-mental-healthtaking-care-of-ourselves-during-infectiousdisease-outbreaks

JEWISH FAMILY AND CAREER SERVICES

Provides Direct Counseling Services Regarding General Services and Employment 770-677-9300



Learn how you can protect, prepare and support yourself and your Veteran loved one through these challenging times Caregiver with tips on "Caregiving During COVID-19."

> For more information or support call us at 1-855-260-3274





Peer2Peer Warm Line

Operating since the opening of the Peer Support and Wellness Center of Decatur in 2008, the warm line provides Georgians the opportunity to receive peer support over the phone 24 hours a day.

How to contact the Peer2Peer Warm Line Call 888-945-1414 (toll-free) statewide, or locally: Decatur: 404-371-1414 Bartow County: 770-276-2019

Colquitt County: 229-873-9737 Henry County: 678-782-7666 White County: 706-865-3601



COVID-19 Hotline (844) 442-2681

The State of Georgia has a new COVID-19 hotline. If you believe that you are experiencing symptoms of COVID-19 or have been exposed to the novel coronavirus, please contact your primary care doctor or an urgent care clinic. Please do not show up unannounced at an emergency room or health care facility.



Georgia Crisis and Access Line (GCAL) 1-800-715-4225

GCAL is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a crisis



CARES Warm Line 1-844-326-5400

Substance Abuse Challenges Call or Text Every Day of The Year 8:30AM - 11:00PM



MICHEAL THURMOND, CEO CHIEF EXECUTIVE OFFICE

DISTRICT 1COMMISSIONER NANCY JESTER

DISTRICT 2COMMISSIONER JEFF RADER

DISTRICT 3COMMISSIONER LARRY JOHNSON

DISTRICT 4

COMMISSIONER STEVE BRADSHAW

DISTRICT 5

MEREDA DAVIS JOHNSON

DISTRICT 6

COMMISSIONER KATHIE GANNON

DISTRICT 7

COMMISSIONER LORRAINE COCHRAN-JOHNSON



Mission

To Support the Development of Safe Families, Neighborhoods and Communities for Citizens of DeKalb. The Services and Programs Offered are Designed to Support DeKalb Residents from Birth Through End Of Life.

OFFICE OF YOUTH SERVICES 404.687.7195

OFFICE OF AGING 770.322.2950

SENIOR TRANSPORTATION 770.322.2967

GRANTS & ADMINISTRATION 404.270.1178

PARTERNERSHIPS & EXTERNAL AFFAIRS 770.322.2969

DEKALB SENIOR CENTERS

CENTRAL DEKALB SENIOR CENTER
1346 MASON MILL DR | DECATUR, GA 30033 | 770.492.5461

DEKALB ATLANTA NEIGHBORHOOD CENTER 25 WARREN ST | ATLANTA, GA 30317 | 4404.370.7297

LITHONIA NEIGHBORHOOD CENTER 2484 BRUCE ST | LITHONIA, GA 30058 | 770.482.0402

LOU WALKER SENIOR CENTER
2538 PANOLA RD | STONECREST, GA 30058 | 770.322.2900

NORTH DEKALB NEIGHBORHOOD CENTER
3393 MALONE DR | CHAMBLEE, GA 30341 | 404.298.4461

SOUTH DEKALB NEIGHBORHOOD CENTER 1931 CANDLER RD | DECATUR, GA 30032 | 404.286.7924